



COMMISSION MEETING

Minutes

Monday, December 7, 2015, 6:00 pm
1485 Civic Court, Suite 1200
Large Conference Room
Concord, CA

1.0 Call to Order and Roll Call

The meeting was called to order at 6:14 PM.

Vice Chair Kathy Gallagher started the meeting with introductions from all the attendees of the meeting.

Commissioners in attendance were: Gareth Ashley, Maria Fort, Barbara Cappa, John Jones, Supervisor Candace Andersen, Dr. William Walker, and Joan Miller.

Also present was Alternate Commissioner Belinda Lucey.

Also present was Deputy Counsel, Keiko Kobayashi.

Absent were Alternate Commissioners Matt Regan, Wanda Session, Kathy Marsh, Katharine Mason and Supervisor Karen Mitchoff.

After roll call and introductions, Chair PJ Shelton arrived and presided over the remainder of the meeting.

2.0 Public Comment

Shelter Inc.'s Director of Program Operations, Leslie Gleason announced that Mountain View Emergency Family Housing in Martinez is in full capacity this month. She thanked many of its current donors as well as First 5 Contra Costa for its past support.

Angela Gattis of Care Parent Network reported that they recently enrolled 18 parents who have young children aged 0 to 5 with special needs in Triple P (Positive Parenting Program) training in collaboration with COPE (Counseling Options & Parent Education) Family Center in Concord, CA. All 18 parents are expected to finish their classes in two weeks. The Brentwood First 5 Center invited children with special needs to a special Halloween event.

COPE Family Support Center Executive Director Cathy Botello added that the Triple P class that Angela referred to will also to be attended by Mental Health contract monitors. The contract monitors chose to attend a First 5 sponsored class.

3.0 Approval of Consent Calendar

Maria Fort made a motion and Dr. Walker seconded to approve the consent calendar.

AYES: PJ Shelton, Kathy Gallagher, Gareth Ashley, Maria Fort, Barbara Cappa, John Jones, Candace Andersen, Dr. William Walker, and Joan Miller.

COMMISSION MEETING

MINUTES

Monday December 7, 2015
Page 1 of 6

NOES: None

ABSTAIN: None

Motion was **APPROVED**.

5.0 Recognize First 5 staff who have surpassed service milestones and appreciate the entire staff for their continuing dedication and accomplishment

The Commission has adopted the practice of annually appreciating First 5 staff and recognizing those who have surpassed service milestones. Chairwoman PJ Shelton recognized the following First 5 Contra Costa staff with the following service milestones this year:

Four staff members have surpassed their fifteen year anniversaries:

Sean Casey, Executive Director
Shawn Garcia, Administrative Manager
Tracy Irwin, Public Affairs Manager
Lisa R. Johnson, Grants and Contracts Manager

Two staff members have surpassed ten year anniversaries:

Denece Dodson, Evaluation Specialist
Lisa Morrell, Family Support Program Officer

And three staff members have surpassed their five year anniversaries:

Sarah Burke, Database Coordinator
Wanda Davis, Early Intervention Program Officer
Elida Treanor, Early Childhood Education Program Assistant II

6.0 Presentation of the 2015 Year in Review

Sean Casey made a presentation of the highlights of the previous year. During the previous fiscal year, First 5 Contra Costa's funded programs served 5,155 children, 18,724 parents and caregivers, and 1551 early educators. 301 early childhood education sites were served, and 888 early childhood care professionals benefitted from First 5 sponsored trainings, including FESP (Family Economic Security Partnership), and our internal training efforts.

We continue to serve families who otherwise would not have access to such services. Almost two-thirds earn less than \$30,000, 30% live on less than \$15,000 a year. 27% of parents are concerned about their child's development. And 20% of children already have been identified as having a developmental delay or disability when they began services.

Family practices around sugar-sweetened-beverages have changed. More children are drinking water than in the prior year, with fewer children drinking chocolate milk, juice and soda. Community-wide messaging around sugar and sweetened messages including our own "Sugar Bites" campaign appears to have an impact.

Our impact from 2014-2015:

- 1) Home Visiting: 385 families were served and 6,700 visits were provided. Families are now

getting more than twice the number of home visits (from 6 to 15 visits) and are being served nearly twice as long (from 14 to 26 weeks). 57 dads received services as well

- 2) First 5 Centers: 1,900 families participated in First 5 Center classes and activities. Nearly 400 different classes were offered. 16% of participants were dads. 870 parents and caregivers took parent education classes last year; 2,000 parents have taken parent education at a First 5 Center since 2011. In the last three years, 1,255 parents have been assisted by a Community Resource Specialist. After one year of participation at the First 5 Center, 97% of families had read to their child in the prior week, and 36% more families read to their child every day.
- 3) Triple P (Positive Parenting Program): We have trained 75 providers from 23 organizations to offer Triple P classes, an effective parenting program used throughout the world to improve parent-child relationships and reduce child abuse. 236 parents took Triple P classes last year. 18 classes were offered at places like First 5 Centers and homeless shelters. We are seeing that the classes positively impact caregivers and children, and participation helped ameliorate problems, particularly among families who at class start indicated the greatest need for support.
- 4) QRIS (Quality Rating & Improvement System): 101 child care sites with nearly 3,800 children enrolled are participating in QRIS. All sites have been rated at least once, and 75% of all sites are rating in Tiers 3 and 4 (indicates they are meeting quality standards or exceeding them). 54% of family child care sites have met or exceeded quality standards.
- 5) Help Me Grow: With \$5 million Long Foundation grant we share with First 5 Alameda, we spent the last six months building our Help Me Grow system. We expanded developmental screening in pediatric offices. Our local 211 has been providing Help Me Grow services for the last six months, and they have hired a child developmental specialist. Families with young children five or younger who call 211 are asked if they want to speak with the HMG child development specialist who can assess the family's needs, connect them to services, and provide follow up. 276 parent calls were received last year, and we have already seen 232 calls in the first quarter of this year.
- 6) Developmental Screening: Last year, 1,244 children were screened in First 5 programs. 2,050 children were screened by partners who were trained in ASQ (Ages and Stages Questionnaire) such as private doctors, health clinics, and public health nurses. Of the 1,244 children screened in our funded programs, nearly 25% of children were referred for further assessment, 22% needed careful monitoring, 16% of parents whose children were screened indicated that they had concerns about their child's development.
- 7) Developmental Playgroups: We created developmental playgroups for children with delays not significant enough to qualify for state-funded early intervention services. 276 children were served by these groups so far, with 155 served last year. Since 2013, 42% of all children screened were referred to a developmental playgroup. 74% of children improved in one developmental domain when re-screened after participating in the playgroup.
- 8) Community Engagement: Over 180 parents are participating in the three regional groups.

COMMISSION MEETING

MINUTES

Monday December 7, 2015

Page 3 of 6

They have been working on a park equity project to ensure all children in Contra Costa have safe, usable parks and playgrounds. They've assessed safety and conditions of 75 parks, compiled their results, prioritized the parks most in need of improvements, and presented their findings to City Councils. This year the cities of Antioch, Concord, Pittsburg, and San Pablo committed \$1.6 million in funding to improve parks.

7.0 Public Hearing on the Annual Report to First 5 California for Fiscal Year 2014-2015.

The Commission is required to have a public hearing in its annual report to the State.

Chairwoman PJ Shelton opened the public hearing on the annual report to California First 5 for the fiscal year 2014-2015. She informed the Commission that all the collected data from all First 5s is used by the First 5 Association to educate funders, advocates and legislators about the statewide impact of First 5.

Sean Casey thanked First 5 Contra Costa Evaluation Specialist Denece Dodson, who gathered the information for the data reports.

First 5 Contra Costa was asked to provide data on service highlight reports on General Parenting Education and Family Support Programs, Mental Health Consultation and Inclusion, brief explanations of funds expended in the Result Area for Improved Systems of Care, Policy and Broad Systems Change Efforts on Help Me Grow and the Family Economic Security Partnership, Public Education and Information on the "Sugar Bites" Campaign, and Organizations support of the Database management.

There were no comments from the public. There were no questions from the Commission.

Chairwoman PJ Shelton closed the public hearing on the annual report to California First 5 for fiscal year 2014-2015.

A motion was made by Gareth Ashley and seconded by John Jones, to adopt the Annual Report to California First 5 for fiscal year 2014-2015.

AYES: PJ Shelton, Kathy Gallagher, Gareth Ashley, Maria Fort, Barbara Cappa, John Jones, Candace Andersen, Dr. William Walker, and Joan Miller.

NOES: None

ABSTAIN: None

Motion was **APPROVED**.

8.0 Consider approving a proposed increase in salary for the Executive Director from the current salary of \$137,081 to \$145,429.

Chairwoman PJ Shelton reported that the Commission met in a closed session on October 5, 2015 and had appointed her as the Commission's representative to discuss salary with Sean Casey.

The recommendation action on tonight's agenda was for Sean Casey to receive a salary increase which consists of a 3% increase effective 08/01/2015, and a 3% COLA effective 07/01/2015 in alignment with the 3% COLA that the First 5 CC staff received.

COMMISSION MEETING

MINUTES

Monday December 7, 2015

Page 4 of 6

Kathy Gallagher made a motion and Dr. William Walker seconded to approve a proposed increase in salary for the Executive Director from the current salary of \$137,081 to \$145,429.

AYES: PJ Shelton, Kathy Gallagher, Gareth Ashley, Maria Fort, Barbara Cappa, John Jones, Candace Andersen, Dr. William Walker, and Joan Miller.

NOES: None

ABSTAIN: None

Motion was **APPROVED**.

9.0 Consider approving the Slate of Officers of the Commission for 2016:

Belinda Lucey introduced the new Slate of Officers of the Commission for 2016. She thanked all the officers who agreed to continue for another term.

Chair: PJ Shelton

Vice-Chair: Kathy Gallagher

Secretary / Treasurer: Gareth Ashley

Additional Non-Voting Member: Katharine Mason

John Jones made a motion, and Barbara Cappa seconded to approve the Slate of Officers of the Commission for 2016.

AYES: PJ Shelton, Kathy Gallagher, Gareth Ashley, Maria Fort, Barbara Cappa, John Jones, Candace Andersen, Dr. William Walker, and Joan Miller.

NOES: None

ABSTAIN: None

Motion was **APPROVED**.

10.0 Consider approving the 2016 Standing Meeting Calendar

Sean Casey presented the 2016 Standing Meeting Calendar. He noted that due to this year's Independence Day and Labor Day Holiday in July and September respectively fell on the first Monday of the month, the Commission meetings of those dates will occur on the 2nd Mondays that follow.

Dr. Walker made a motion and Gareth Ashley seconded to approve the 2016 Standing Meeting Calendar.

AYES: PJ Shelton, Kathy Gallagher, Gareth Ashley, Maria Fort, Barbara Cappa, John Jones, Candace Andersen, Dr. William Walker, and Joan Miller.

NOES: None

ABSTAIN: None

Motion was **APPROVED**.

- 11.0 Consider approving the First 5 Contra Costa 2016 Employee Compensation and Benefits Resolution.**
Sean Casey summarized that there were no modifications to the 2016 First 5 Contra Costa Employee Compensation and Benefits Resolution. The adjustments were simply to comply with new state law, align with county policy, and remove information that is no longer applicable. The updated premiums were also reflected.

Kathy Gallagher made a motion and Dr. Walker seconded to approve the First 5 Contra Costa 2016 Employee Compensation and Benefits Resolution.

AYES: PJ Shelton, Kathy Gallagher, Gareth Ashley, Maria Fort, Barbara Cappa, John Jones, Candace Andersen, Dr. William Walker, and Joan Miller.

NOES: None

ABSTAIN: None

Motion was **APPROVED**.

12.0 Executive Director's Report

Sean Casey presented outgoing Alternate Commissioner for District II, Belinda Lucey, with a plaque in recognition for her 10 years of service to the First 5 Contra Costa Children and Families Commission. Belinda has also been the nominations chairwoman during most of her service with the Commission. John Jones thanked Belinda for her active participation as Alternate.

Belinda thanked the Commission and informs that her daughter-in-law Marilyn Cachola Lucey is going to be appointed by District II Board of Supervisor Candace Andersen as incoming Alternate in January.

13.0 Communications

PJ Shelton informed that there were two attachments under Communications regarding:

- a) Grassroots effort inspires significant improvements at Davis Park in San Pablo, California.
- b) Political strength on Monument Boulevard, Concord's Latino Community is finding its voice.

14.0 Commissioner F.Y.I. Updates

John Jones pointed out hard work put together by the Community Engagement Initiative and First 5 Program Officer Rhea Laughlin on the Community Park Improvement projects. Families who attended the Antioch Park improvement inauguration came in droves and were from many different groups who were part of the improvement efforts. Good testament for the power of collaborative efforts.

15.0 Adjourn

PJ Shelton thanked everyone who participated and adjourned the meeting at 7:22 pm.