






MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					<b>1</b> Daddy & Me (2-3.5y) 9:30-11:00 Music for Me (3-4y) 11:15-12:45
<b>3</b> Pj's & Coco (1.5-3y) 9:00-10:00 Haga la Paternidad un Placer 10:15-12:15  <div style="border: 1px solid black; padding: 2px;">Drop-In Play: (1-3y) 12:30-1:30</div> 1, 2, 3 Count with Me (2.5-3y) 1:30-2:30 Music & Movement (1-2y) 3-4	<b>4</b> Triple P (Spanish) 9:00-11:00 My Tool Box (2.5-3y) 11:15-12:15 World Dance (3y) 12:30-1:30 Nature Science (2-3 y) 1:45-2:45 Puppet Tales (1-2y) 3:00-4:00	<b>5</b> Sensory Seekers (6-12M) 9:00-10:00 Kindertools & Road Map to Kinder (4-5y) 10:30-12:00 Alphabet Rocks (2-3y) 1:15-2:15 Winter Art (3y) 2:30-3:30	<b>6</b> Help Me Grow (18M-2y) 9:30-11:00 CRS Workshop 11:30-12:30 Help Me Grow (2-3y) 1:15-2:45 Art for Stress Relief 3:00-4:30 Triple P (English) 5:00-7:00	<b>7</b> Zumbini (0-6m) 9:30-10:30 Toddler Fun Zone (1-2y) 10:45-11:45  <div style="border: 1px solid black; padding: 2px;">Drop-In Play (1-3y) 12:00-1:00</div> Music for Me (2.5-3) 1:30-3:00	<b>8</b> Daddy & Me (2-3.5y) 9:30-11:00 Music for Me (3-4y) 11:15-12:45
<b>10</b> Pj's & Coco (1.5-3y) 9:00-10:00 Haga la Paternidad un Placer 10:15-12:15  <div style="border: 1px solid black; padding: 2px;">Drop-In Play: (1-3y) 12:30-1:30</div> 1, 2, 3 Count with Me (2.5-3y) 1:30-2:30 Music & Movement (1-2y) 3-4	<b>11</b> Understanding your Family (English) 9:00-11:00 My Tool Box (2.5-3y) 11:15-12:15 World Dance (3y) 12:30-1:30 Nature Science (2-3 y) 1:45-2:45 Puppet Tales (1-2y) 3:00-4:00	<b>12</b> Sensory Seekers (6-12M) 9:00-10:00 Kindertools & Road Map to Kinder (4-5y) 10:30-12:00 Alphabet Rocks (2-3y) 1:15-2:15 Winter Art (3y) 2:30-3:30	<b>13</b> Help Me Grow (18M-2y) 9:30-11:00 CRS Workshop 11:30-12:30 Help Me Grow (2-3y) 1:15-2:45 Art for Stress Relief 3:00-4:30	<b>14</b> Zumbini (0-6m) 9:30-10:30 Toddler Fun Zone (1-2y) 10:45-11:45  <div style="border: 1px solid black; padding: 2px;">Drop-In Play (1-3y) 12:00-1:00</div> Music for Me (2.5-3) 1:30-3:00	<b>15</b> Daddy & Me (2-3.5y) 9:30-11:00 Music for Me (3-4y) 11:15-12:45
<b>17</b> Pj's & Coco (1.5-3y) 9:00-10:00 Haga la Paternidad un Placer 10:15-12:15  <div style="border: 1px solid black; padding: 2px;">Drop-In Play: (1-3y) 12:30-1:30</div> 1, 2, 3 Count with Me (2.5-3y) 1:30-2:30 Music & Movement (1-2y) 3-4	<b>18</b> Understanding your Family (English) 9:00-11:00 My Tool Box (2.5-3y) 11:15-12:15 World Dance (3y) 12:30-1:30 Nature Science (2-3 y) 1:45-2:45 Puppet Tales (1-2y) 3:00-4:00	<b>19</b> Sensory Seekers (6-12M) 9:00-10:00 Kindertools & Road Map to Kinder (4-5y) 10:30-12:00 Alphabet Rocks (2-3y) 1:15-2:15 Winter Art (3y) 2:30-3:30	<b>20</b> CRS Workshop 11:30-12:30 Art for Stress Relief 3:00-4:30	<b>21</b> Breakfast with Santa 10am - 12pm  	<b>22</b> <u>Center Closed</u>
<b>24/31</b> <u>Center Closed</u>  	<b>25</b> <u>Center Closed</u>	<b>26</b> <u>Center Closed</u>	<b>27</b> <u>Center Closed</u>	<b>28</b>  <u>Center Closed</u>	<b>29</b> <u>Center Closed</u>

**Happy Holidays**

## Classes Beginning 11/1/18

### 1,2,3 Count with Me (12,052)

Ages: 3 Years - 4 Years

This class will teach counting through play and conversations. You can present the idea of numbers when your child is as young as 12 months by counting small sets of items "How many buttons?" and singing songs and rhymes that include counting, such as "One, two, buckle my shoe."

Instructor: East County Staff

11/5/18-12/17/18 Mondays 1:30-2:30 PM

### Alphabet Rocks (12,062)

Ages: 2 1/2 Years - 3 Years

This class offers a wonderful opportunity for an introduction to letters. Alphabet Rocks is a fun way for children to develop letter recognition and listening skills, and Phonemic Awareness

Instructor: East County Staff

11/7/18-12/19/18 Wednesdays 1:15-2:15 PM

### Art for Stress Relief (12,054)

Ages: - Adults Only

Parents will learn how stress can affect parenting and explore art as a method to relieve stress. Relieving stress and self-care are essential in parenting and bonding. Parents will also focus on positive communication and child development.

Instructor: East County Staff

11/8/18-12/20/18 Thursdays 3:00-4:30 PM

### Daddy & Me 2-3.5 yrs. (12,112)

Ages: 2 Years - 3 1/2 Years

This class is designed for fathers to have the opportunity to spend time together. Dads and children will create fun art projects while sharing someone-on-on time with dad.

Instructor: East County Staff

11/10/18-12/15/18 Saturdays 9:30-11:00 AM

### Drop In Play (12,051)

Ages: 0 Months - 5 Years

Children will have the opportunity to interact with each other and read books, sing songs, dance and have fun and a safe environment.

Instructor:

11/5/18-12/17/18 Mondays 12:30-1:30 PM

### Drop In Play (12,108)

Ages: 0 Months - 5 Years

Children will have the opportunity to interact with each other and read books, sing songs, dance and have fun and a safe environment.

Instructor: East County Staff

11/9/18-12/14/18 Fridays 12:00-1:00 PM

### Help Me Grow Developmental Playgroup (11,911)

Ages: 18 Months - 3 Years

Help Me Grow class was created to address the needs of children based on their ASQ score. The class is designed to stimulate small motor skills, communication, and problem solving skills through addressing concepts of taking turns, identifying self and other, following directions and imitating gestures.

Instructor: WeCare agency

11/1/18-11/29/18 Thursdays 9:30-11:00 AM

### Help Me Grow Developmental Playgroup (11,912)

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Help Me Grow class was created to address the needs of children based on their ASQ score. The class is designed to stimulate small motor skills, communication, and problem solving skills through addressing concepts of taking turns, identifying self and other, following directions and imitating gestures.

Instructor: WeCare agency

11/1/18-11/29/18 Thursdays 1:15-2:45 PM

### Kinder Tools 4-5 yrs. (12,060)

Ages: 4 Years - 5 Years

In this class we will support the children in developing the linguistic, cognitive, social and emotional building blocks for later development. Providing the foundation for learning both socially and academically that will help your child succeed in kindergarten. With the use of age appropriate curricula children will use their skills and knowledge to help them acquire new skills and knowledge

Instructor: East County Staff

11/7/18-12/19/18 Wednesdays 10:30-12:00 PM

### Making Parenting a Pleasure (12,050)

Ages: - Adults Only

Parents will learn and discuss different parenting styles that will assist in taking care of their children in a positive environment.

Instructor: Gianna Baldazo

11/5/18-12/17/18 Mondays 10:15-12:15 PM

### Music and Movement (12,053)

Ages: 2 Years - 3 Years

It's time to dance, sing and play! The class includes songs, creative movement, and interactive activities between caregiver and child.

Instructor: East County Staff

11/5/18-12/17/18 Mondays 3:00-4:00 PM

### Music for Me (12,055)

Ages: 2 1/2 Years - 5 Years

Music Together is an early childhood music and movement program for children and the grownups who love them. Classes help children develop their innate musicality language development, and creative expression.

Instructor: East County Staff

11/9/18-12/14/18 Fridays 1:30-3:00 PM

925-301-4040

## Classes Beginning 11/1/18

### Music for Me (12,114)

Ages: 2 1/2 Years - 5 Years

Music Together is an early childhood music and movement program for children and the grownups who love them. Classes help children develop their innate musicality language development, and creative expression.

Instructor: East County Staff

11/10/18-12/15/18 Saturdays 11:15-12:45 PM

### My Toolbox (12,056)

Ages: 2 Years - 5 Years

This class helps preschool children and their caregivers use a common language based on self-awareness, non-violence and empathy towards others. Learn the building blocks, "tools" for social and emotional literacy enabling children to make appropriate behavior choices and realize a lifetime of meaningful relationships and a sense of well being.

Instructor: Gloria Hartsough

11/6/18-12/18/18 Tuesdays 11:15-12:15 PM

### Nature Science (12,110)

Ages: 2 Years - 3 Years

Nature science is a class designed for children to explore, observe nature creatively. Also there are opportunities for parents to engage with their children, foster relations with other parents, and children within the classroom setting.

Instructor: East County Staff

11/6/18-12/18/18 Tuesdays 1:45-2:45 PM

### PJ's and Cocoa (12,049)

Ages: 12 Months - 3 Years

This is a great way for Young children to learn social skills and the skills they will need later for reading. Adults telling stories and reading to a child will increase their vocabulary and teach them how to listen. Children will obtain these skills while making and sharing hot cocoa with their parents and friends.

Instructor: East County Staff

11/5/18-12/17/18 Mondays 9:00-10:00 AM

### Puppet Tales 1-2 yrs. (12,059)

Ages: 12 Months - 2 Years

This class is "Story time" with the use of puppets. Each class will include a story, group activity, singing and movement

Instructor: East County Staff

11/6/18-12/18/18 Tuesdays 3:00-4:00 PM

### Road Map to Kindergarten (12,061)

Ages: 4 Years - 5 Years

This class is designed to help parents prepare for their child's transition to Kindergarten. Parents will receive a Road Map of the year that will help increase their knowledge of Child Development and school readiness indicators, as well as empower them to become active partners in their child's education.

Instructor:

11/7/18-12/19/18 Wednesdays 10:30-12:00 PM

### Sensory Seekers 6-12 months (12,058)

Ages: 6 Months - 12 Months

This class is designed to facilitate infants with their tactile, visual, and auditory stimulation. These young seekers will have the opportunity to explore and learn about the world around them using their senses. Various hands on age appropriate sensory activities will be provided to encourage these young absorbent minds!

Instructor: East County Staff

11/7/18-12/19/18 Wednesdays 9:00-10:00 AM

### Toddler Fun Zone (12,104)

Ages: 12 Months - 2 Years

This class focuses on the developmental milestones of Toddlers. We will do a variety of hands on activities that parents can continue at home with their child.

Instructor:

11/9/18-12/14/18 Fridays 10:45-11:45 AM

### Triple P Parenting Class (11,895)

Ages: 0 Months - Adults Only

This is a ten week program with the principles to help you deal with almost any situation that might arise. You will also learn effective parenting strategies, how to promote your child's development and how to manage common behavioral issues.

Instructor: Marika Hinds

11/1/18-11/1/18 Thursdays 5:30-7:00 PM

### Winter Art (12,063)

Ages: 2 1/2 Years - 3 Years

This class will provide a developmental approach to guide each child's self-expression. Parents and children will build skills engaging in creativity by making winter art together.

Instructor: East County Staff

11/7/18-12/19/18 Wednesdays 2:30-3:30 PM

### World Dance (12,057)

Ages: 3 Years - 3 Years

Children will be introduced to the world of dance, movement, and. this class is great opportunity for children to practice coordination and enlarge motors skills, along with social skills in a group setting.

Instructor:

11/6/18-12/18/18 Tuesdays 12:30-1:30 PM

### Zumbini (12,079)

Ages: 0 Months - 12 Months

Come join in the fun in bonding with your child through music and reading. This class will help in the social, emotional and cognitive skills in children.

Instructor:

11/9/18-12/14/18 Fridays 9:30-10:30 AM