

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
PLAY AREA TIMES AVAILABLE: MON: 1-3 TUES: 3-5 WED: 1-5 THURS: 11-12:30, 1-3:30 FRI: 1-5 SAT: CLOSED	CENTER CLOSED FROM 12:30-1:00 FOR LUNCH	MONUMENT FIRST 5 CENTER 1736 Clayton Rd Concord CA 94520 Phone: (925) 849-8861 http://www.facebook.com/monumentfirst5		1 *DROP-IN PLAY CLOSED FROM 9-1PM*	2 Shaping up my Future 10:00-12:00
4 Dr. Suess Event 10:00-12:00	5	6 Help Me Grow 9:00-10:00	7	8 Mind Matters II 9:00-11:00 CRS Workshop 11:30-12:30 Let's Explore (13-24M) 1:00-2:00 Math+Science (25-36M) 2:15-3:15 Invent+Discover (49-71) 3:30-5:00	9 Quality Time 11-1pm
11 Mix+Match (25-36M) 9:00-10:00 Let's Explore (0-12M) 10:00-11:00 Drop-In: Beat Bugs (25-36M) 11:15-12:15 Wiggle Worm (13-24M) 1:15-2:15 Nature Science (37-48M) 2:30-3:30 CENTER CLOSED AT 3:30	12 Parent Art Group 9:00-10:00 A Taste of Soul Food 10:30-12:30 A Crecer Juntos: Juega conmigo! (SP) 1:00-2:30 Sensory World (25-36M) 3:00-4:00	13 Help Me Grow 9:00-10:00 Drop-In: Pitter Patter (0-12M) 9:15-10:15 The Parenting World (SP) 10:45-12:15 Drop-In: Storytime+Dance(13-24M) 1:00-2:00 My Spanish Class (49-71M) 2:30-3:30	14 Zoophonics (37-48M) 9:15-10:15 Baby Signs (0-12M) 10:00-11:00 Sensory Fun (13-24M) 11:00-12:00 Cientificos Gigantes (37-48M) 1:15-2:15 Drop-In: Music For Me (37-48M) 2:30-3:30 Road Map to K/Bridge to K(ENG) 3:30-5:00 Nurturing Parents (SP) 5:30-8:00	15 Mind Matters II 9:00-11:00 CRS Workshop 11:30-12:30 Let's Explore (13-24M) 1:00-2:00 Math+Science (25-36M) 2:15-3:15 Invent+Discover (49-71) 3:30-5:00	16 LISTOS (SP) 9:00-12:00
18 Mix+Match (25-36M) 9:00-10:00 Let's Explore (0-12M) 10:00-11:00 Drop-In: Beat Bugs (25-36M) 11:15-12:15 Wiggle Worm (13-24M) 1:15-2:15 Nature Science (37-48M) 2:30-3:30 CENTER CLOSED AT 3:30	19 Parent Art Group 9:00-10:00 A Taste of Soul Food 10:30-12:30 A Crecer Juntos: Juega conmigo! (SP) 1:00-2:30 Sensory World (25-36M) 3:00-4:00	20 Help Me Grow 9:00-10:00 Drop-In: Pitter Patter (0-12M) 9:15-10:15 The Parenting World (SP) 10:45-12:15 Drop-In: Storytime+Dance(13-24M) 1:00-2:00 My Spanish Class (49-71M) 2:30-3:30	21 Zoophonics (37-48M) 9:15-10:15 Baby Signs (0-12M) 10:00-11:00 Sensory Fun (13-24M) 11:00-12:00 Cientificos Gigantes (37-48M) 1:15-2:15 Drop-In: Music For Me (37-48M) 2:30-3:30 Road Map to K/Bridge to K(ENG) 3:30-5:00 Nurturing Parents (SP) 5:30-8:00	22 Mind Matters II 9:00-11:00 Teaching Kids About Money Workshop 11:30-12:30 Let's Explore (13-24M) 1:00-2:00 Math+Science (25-36M) 2:15-3:15 Invent+Discover (49-71) 3:30-5:00	23 LISTOS (SP) 9:00-12:00
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Classes Beginning 3/8/19

A Crecer Juntos: Juega Conmigo! (12,306)

Ages: -

Instructor:
3/12/19-4/16/19 Tuesdays 1:00-2:30 PM

A Taste of Soul Food (12,305)

Ages: -

In this class you will learn to make some of the delicious African American inspired recipes.

Instructor:
3/12/19-4/16/19 Tuesdays 10:30-12:30 PM

Baby Signs (12,293)

Ages: -

Sign language helps young children communicate what they need, see, and feel without having to resort to tears! Child development concepts are presented each week to reinforce how children benefit from signing. Participants will learn signs for a variety of topics, including mealtime, bedtime, play, feelings, and family.

Instructor:
3/14/19-4/25/19 Thursdays 10:00-11:00 AM

Beat Bugs (12,286)

Ages: 3 Years - 3 Years

Children and parents will explore their theatrical sides. Come walk like a dinosaur, and slither like a snake. Children will develop coordination, learn to follow directions, develop gross motor skills, along with social skills in a similar aged group setting.

Instructor:
3/18/19-3/18/19 Mondays 11:15-12:15 PM

Bridge to Kindergarten (12,282)

Ages: 4 Years - 5 Years

Children and their parents will begin to learn the skills that are necessary to be ready for school.

Instructor:
3/14/19-4/25/19 Thursdays 3:30-5:00 PM

Giant Scientists SP (12,294)

Ages: 2 Years - 3 Years

Young children will have the opportunity to make predictions and explore through hands-on activities the fun and interesting world of science.

Instructor:
3/14/19-4/25/19 Thursdays 1:15-2:15 PM

Help Me Grow Developmental Playgroup (12,278)

Ages: 18 Months - 3 1/2 Years

Playgroup will work with parents and children to support developmental needs scored in the monitoring section of last ASQ. ASQ will be performed at the end of the class to see development improvement.

Instructor:
3/13/19-4/24/19 Wednesdays 9:00-10:00 AM

Invent and Discover (12,303)

Ages: -

Lets invent and discover with new and cool materials provided by the teacher. Students will be allowed to make their own science mixture/creation.

Instructor:
3/8/19-4/19/19 Fridays 3:30-5:00 PM

Let's Explore (12,285)

Ages: -

Together we will explore wonderful topics like science, math, and art.

Instructor:
3/11/19-4/22/19 Mondays 10:00-11:00 AM

Let's Explore (12,297)

Ages: -

Together we will explore wonderful topics like science, math, and art.

Instructor:
3/8/19-4/26/19 Fridays 1:00-2:00 PM

LISTOS (12,280)

Ages: -

The LISTOS program covers a series of discussions, which are organized by members of the community for the benefit of these. Basic ideas for preparation are presented in a series of consecutive discussions.

Instructor:
3/16/19-3/23/19 Saturdays 9:00-12:00 PM

Math & Science (12,299)

Ages: -

Come and explore the wonderful world of science and math with hands on activities and games.

Instructor:
3/8/19-4/26/19 Fridays 2:15-3:15 PM

Classes Beginning 3/8/19

Mind Matters II (12,296)

Ages: -
Mind Matters- English' practical, hands-on lessons explore the effects of adversity and toxic stress along with the healing process. Each week includes activities that build resilience and increase hope. Topics include managing stress, increasing mindfulness and empathy, and developing a support system.

Instructor:
3/8/19-4/19/19 Fridays 9:00-11:30 AM

Mix and Match (12,300)

Ages: -
Together we will learn math, patterns and shapes using different sensory, art and fun materials.

Instructor:
3/11/19-4/22/19 Mondays 9:00-10:00 AM

Music for Me (12,295)

Ages: -
Come learn and sing new songs with us as we explore many instruments-big and small! We will be learning basic musical concepts through fun and playful activities, perfect for developing minds.

Instructor:
3/14/19-3/14/19 Thursdays 2:30-3:30 PM

My Spanish Class (12,292)

Ages: -
This Class is an opportunity for non-speaking Spanish children to learn basic words in this language.

Instructor:
3/13/19-4/24/19 Wednesdays 2:30-3:30 PM

Nature Science (12,288)

Ages: 2 1/2 Years - 3 1/2 Years
Spark your child's curiosity by exploring the world with touching and feeling all kinds of nature's wonders. Look at bugs and other animals that are contained in a habitat or terrarium, or join us for a nature walk. Let your child get close and touch the safe bugs and pet the friendly animals while learning about science and new vocabulary.

Instructor:
3/11/19-4/22/19 Mondays 2:30-3:30 PM

Nurturing Parents (12,277)

Ages: - Adults Only
This is a 24-week parenting group based program. Parents learn about recognizing and understanding feelings, infant and child massage, nurturing parenting routines, alternatives to hitting, child development and ways to build self-esteem and self-concept.

Instructor:
3/14/19-4/25/19 Thursdays 5:30-8:00 PM

Parent Art Group (12,304)

Ages: -
Parents will explore art to relieve stress and promote healthy communication.

Instructor:
3/12/19-4/16/19 Tuesdays 9:00-10:00 AM

Pitter Patter Time 0-12mos (12,290)

Ages: 0 Months - 12 Months
Join us in an exploration of your little one's development. Each week will offer new activities to facilitate growth in the areas of communication, gross motor, fine motor, problem solving and personal social.

Instructor:
3/13/19-3/13/19 Wednesdays 9:15-10:15 AM

Quality Time (12,284)

Ages: -
During this time parents especially, fathers, grandparents, uncles or any father figure to enjoy and take this time to be with the kids one on one.

Instructor:
3/9/19-4/13/19 Saturdays 11:00-1:00 PM

Roadmap to Kindergarten (12,281)

Ages: 3 Years - 5 Years
Parents will learn the steps they need to take over the next year to prepare their child for entry into kindergarten or transitional kindergarten.

Instructor:
3/14/19-4/25/19 Thursdays 3:30-5:00 PM

Sensory Fun (12,302)

Ages: -
Explore the world through your senses. We will focus on the process, not the product, as children discover colors, textures and sounds through art and play.

Instructor:
3/14/19-4/25/19 Thursdays 11:00-12:00 PM

Sensory World (12,289)

Ages: -
Explore the world through your senses. We will focus on the process, not the product, as children discover colors, textures and sounds through art and play.

Instructor:
3/12/19-4/16/19 Tuesdays 3:00-4:00 PM

Classes Beginning 3/8/19

Story Time + Dance (12,291)

Ages: 0 Months - 5 Years

Story time is for children ages 0-5, each story will include circle time, the story, song and related literacy and art.

Instructor:

3/13/19-3/13/19 Wednesdays 1:00-2:00 PM

The Parenting World (12,301)

Ages: -

Let's talk about the changes that take place in our life as we transition to parenthood and how to transform these changes in strengths.

Instructor:

3/13/19-4/24/19 Wednesdays 10:45-12:15 PM

Wiggle Worm Workout! (12,287)

Ages: 12 Months - 2 Years

Your toddler will gain increased confidence through movement and direction and benefit emotionally while having fun!

Instructor:

3/11/19-4/22/19 Mondays 1:15-2:15 PM

Zoo Phonics (12,279)

Ages: 3 Years - 4 Years

Zoophonics uses 26 animals to teach the alphabet, focusing on letters, shapes, and sounds. Children learn the alphabet and related concepts through a multi-modal approach of visual, auditory and kinesthetic activities simultaneously.

Instructor:

3/20/19-4/24/19 Wednesdays 9:15-10:15 AM