

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 Help Me Grow 9:00-10:00	2 Nurturing Parents 5:30-8:00	3 WHB Parent Café 10:00-12:00	4 Mother's Day Event 11:00-12:30
6 Parent Art Group ENG 9:00-11:00 Playful Math (25-36M) 11:15-12:15 Poetry for Stress Relief ENG 1:30-2:30 CENTER CLOSED AT 3PM	7 Drop-In: Pitter Patter (0-12M) 9:15-10:15 Sensory Fun (13-24M) 9:15-10:15 Drop-In: Beat Bugs (25-36M) 1:00-2:00 Handwriting w/o Tears (49-71M) 2:30-3:30 Spring Art (HINDI-PUNJABI) (24-49M) 3:45-4:45	8 Help Me Grow 9:00-10:00 Playful Math (24-36M) 10:00-11:00 Drop-In: Storytime+Dance (13-24M) 11:30-12:30 Kids Love To Sign (49-71M) 1:00-2:00 Math+Science (37-48M) 2:30-3:30	9 Dancing Numbers (37-48M) 9:15-10:15 Cantemos y Jugemos (0-12M) 10:15-11:15 Terrific Toddlers (13-24M) 10:30-11:30 Sensory World (25-36M) 11:30-12:30 Let's Explore (13-24M) 1:00-2:00 Road to K/Bridge to K 2:30-4:00 Nurturing Parents 5:30-8:00	10 Mentes Positivas 9:00-11:00 CRS Workshop 11:30-12:30 Drop-In: Jump Bunch (37-48M) 1:15-2:15 Drop-In: Summer Surprise! (0-71M) 2:30-3:30	11 Quality Time 11:00-1:00
13 Parent Art Group ENG 9:00-11:00 Playful Math (25-36M) 11:15-12:15 Poetry for Stress Relief ENG 1:30-2:30 CENTER CLOSED AT 3PM	14 Drop-In: Pitter Patter (0-12M) 9:15-10:15 Sensory Fun (13-24M) 9:15-10:15 Triple P SP 10:30-12:30 Drop-In: Beat Bugs (25-36M) 1:00-2:00 Handwriting w/o Tears (49-71M) 2:30-3:30 Spring Art (HINDI-PUNJABI) (24-49M) 3:45-4:45	15 Help Me Grow 9:00-10:00 Playful Math (24-36M) 10:00-11:00 Drop-In: Storytime+Dance (13-24M) 11:30-12:30 Kids Love To Sign (49-71M) 1:00-2:00 Math+Science (37-48M) 2:30-3:30	16 Dancing Numbers (37-48M) 9:15-10:15 Cantemos y Jugemos (0-12M) 10:15-11:15 Terrific Toddlers (13-24M) 10:30-11:30 Sensory World (25-36M) 11:30-12:30 Let's Explore (13-24M) 1:00-2:00 Road to K/Bridge to K 2:30-4:00 Nurturing Parents 5:30-8:00	17 Mentes Positivas 9:00-11:00 CRS Workshop 11:30-12:30 Drop-In: Jump Bunch (37-48M) 1:15-2:15 Drop-In: Summer Surprise! (0-71M) 2:30-3:30	18 CENTER CLOSED
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27 CENTER CLOSED, MEMORIAL DAY! 	28 Drop-In: Pitter Patter (0-12M) 9:15-10:15 Sensory Fun (13-24M) 9:15-10:15 Triple P SP 10:30-12:30 Drop-In: Beat Bugs (25-36M) 1:00-2:00 Handwriting w/o Tears (49-71M) 2:30-3:30 Spring Art (HINDI-PUNJABI) (24-49M) 3:45-4:45	29 Help Me Grow 9:00-10:00 Playful Math (24-36M) 10:00-11:00 Drop-In: Storytime+Dance (13-24M) 11:30-12:30 Kids Love To Sign (49-71M) 1:00-2:00 Math+Science (37-48M) 2:30-3:30	30 Dancing Numbers (37-48M) 9:15-10:15 Cantemos y Jugemos (0-12M) 10:15-11:15 Terrific Toddlers (13-24M) 10:30-11:30 Sensory World (25-36M) 11:30-12:30 Let's Explore (13-24M) 1:00-2:00 Road to K/Bridge to K 2:30-4:00 Nurturing Parents 5:30-8:00	31 Mentes Positivas 9:00-11:00 CRS Workshop 11:30-12:30 Drop-In: Jump Bunch (37-48M) 1:15-2:15 Drop-In: Summer Surprise! (0-71M) 2:30-3:30	

Last update: 4/8/2019

PLAY AREA TIMES AVAILABLE:
 MON: 11-12:30
 TUES: 1-5
 WED: 10-12:30, 1-5
 THURS: 9-11:30, 1-2:30
 FRI: 1-5
 SAT: 9-1

CENTER CLOSED FROM 12:30-1:00 FOR LUNCH

MONUMENT FIRST 5 CENTER
 1736 Clayton Rd
 Concord CA 94520
 Phone: (925) 849-8861
<http://www.facebook.com/monumentfirst5>

Classes Beginning 5/6/19

Beat Bugs (12,481)

Ages: 3 Years - 3 Years

Children and parents will explore their theatrical sides. Come walk like a dinosaur, and slither like a snake. Children will develop coordination, learn to follow directions, develop gross motor skills, along with social skills in a similar aged group setting.

Instructor:

5/7/19-5/7/19 Tuesdays 1:00-2:00 PM

Bridge to Kindergarten (12,478)

Ages: 4 Years - 5 Years

Children and their parents will begin to learn the skills that are necessary to be ready for school.

Instructor:

5/9/19-6/13/19 Thursdays 2:30-4:00 PM

Cantemos y Jugemos (12,474)

Ages: -

Aprendamos acerca del desarrollo de los niños mientras cantamos y jugamos con ellos.

Instructor:

5/9/19-6/13/19 Thursdays 10:15-11:15 AM

Dancing Numbers (12,472)

Ages: -

Together we will have fun dancing and learning math in different ways.

Instructor:

5/9/19-6/13/19 Thursdays 9:15-10:15 AM

Handwriting without Tears (12,466)

Ages: 3 Years - 5 Years

Get Set for School materials encourage family involvement to continue learning activities at home. Lessons sometimes ask families to lend items from home to personalize activities.

Instructor:

5/7/19-6/11/19 Tuesdays 2:30-3:30 PM

Help Me Grow Developmental Playgroup (12,467)

Ages: 18 Months - 3 1/2 Years

Playgroup will work with parents and children to support developmental needs scored in the monitoring section of last ASQ. ASQ will be performed at the end of the class to see development improvement.

Instructor:

5/8/19-6/19/19 Wednesdays 9:00-10:00 AM

Jump Bunch (12,483)

Ages: 3 Years - 4 Years

Come learn more about how to engage children in the development of their gross motor skills while practicing sequencing patterns and group work by introducing them to the play of organized sports activities, to prepare them for success in life and school!

Instructor:

5/10/19-5/10/19 Fridays 1:15-2:15 PM

Kids Love to Sign (12,469)

Ages: -

The Kids Love To Sign™ Class meets for 6 weeks, 60 minutes each week. They will learn 15-20 ASL signs each week through interactive games, songs, and activities. The signs introduced in class include: ABC's, People I Know & Love, Opposites, Numbers, Days of the Week, Feelings, Colors, Food and Mealtime Manners.

Instructor:

5/8/19-6/12/19 Wednesdays 1:00-2:00 PM

Kids Love to Sign 4-5yrs (12,470)

Ages: 4 Years - 5 Years

The Kids Love To Sign™ Class meets for 6 weeks, 60 minutes each week. Students 4 yrs.-5 yrs. old will learn 15-20 ASL signs each week through interactive games, songs, and activities. The signs introduced in class include: ABC's, People I Know & Love, Opposites, Numbers, Days of the Week, Feelings, Colors, Food and Mealtime Manners.

Instructor:

5/8/19-6/12/19 Wednesdays 1:00-2:00 PM

Let's Explore (12,476)

Ages: -

Together we will explore wonderful topics like science, math, and art.

Instructor:

5/9/19-6/13/19 Thursdays 1:00-2:00 PM

Math & Science (12,471)

Ages: -

Come and explore the wonderful world of science and math with hands on activities and games.

Instructor:

5/8/19-6/12/19 Wednesdays 2:30-3:30 PM

Mentes Positivas (12,479)

Ages: -

Eight week, two hour class in Spanish to learn how to manage stress and improve mood. Child care provided.

Instructor:

5/10/19-6/14/19 Fridays 9:00-11:00 AM

Classes Beginning 5/6/19

Parent Art Group (12,462)

Ages: -
Parents will explore art to relieve stress and promote healthy communication.

Instructor:
5/6/19-6/17/19 Mondays 9:00-11:00 AM

Quality Time (12,486)

Ages: -
During this time parents especially, fathers, grandparents, uncles or any father figure to enjoy and take this time to be with the kids one on one.

Instructor:
6/8/19-6/8/19 Saturdays 11:00-1:00 PM

Pitter Patter Time 0-12mos (12,480)

Ages: 0 Months - 12 Months
Join us in an exploration of your little one's development. Each week will offer new activities to facilitate growth in the areas of communication, gross motor, fine motor, problem solving and personal social.

Instructor:
5/7/19-5/7/19 Tuesdays 9:15-10:15 AM

Roadmap to Kindergarten (12,477)

Ages: 3 Years - 5 Years
Parents will learn the steps they need to take over the next year to prepare their child for entry into kindergarten or transitional kindergarten.

Instructor:
5/9/19-6/13/19 Thursdays 2:30-4:00 PM

Playful Math (12,463)

Ages: -
Explore the world of math through stories, fun activities and games.

Instructor:
5/6/19-6/17/19 Mondays 11:15-12:15 PM

Sensory Fun (12,464)

Ages: -
Explore the world through your senses. We will focus on the process, not the product, as children discover colors, textures and sounds through art and play.

Instructor:
5/7/19-6/11/19 Tuesdays 9:15-10:15 AM

Playful Math-SP (12,468)

Ages: -
Explore the world of math through stories, fun activities and games.

Instructor:
5/8/19-6/12/19 Wednesdays 10:00-11:00 AM

Sensory World (12,475)

Ages: -
Explore the world through your senses. We will focus on the process, not the product, as children discover colors, textures and sounds through art and play.

Instructor:
5/9/19-6/13/19 Thursdays 11:30-12:30 PM

Poetry for Stress Relief (12,488)

Ages: -
Parents will have the opportunity to release stress and relax while in the process of writing and reading poetry.

Instructor:
5/6/19-6/17/19 Mondays 1:30-2:30 PM

Spring Art (12,487)

Ages: -
This class will give children the opportunity to make different art activities and crafts during this Spring season

Instructor:
5/7/19-6/11/19 Tuesdays 3:45-4:45 PM

Quality Time (12,485)

Ages: -
During this time parents especially, fathers, grandparents, uncles or any father figure to enjoy and take this time to be with the kids one on one.

Instructor:
5/11/19-5/11/19 Saturdays 11:00-1:00 PM

Story Time+Dance (12,482)

Ages: 0 Months - 5 Years
Story time is for children ages 0-5, each story will include circle time, the story, song and related literacy and art.

Instructor:
5/8/19-5/8/19 Wednesdays 11:30-12:30 PM

Classes Beginning 5/6/19

Summer Surprise (12,484)

Ages: -

For six weeks we will have a new surprise for kids 0-71 months. Since it is drop-in we will only allow the first 30 kids to participate! Make sure to sign up for these surprises every week.

Instructor:

5/10/19-5/10/19 Fridays 2:30-3:30 PM

Terrific Toddlers (12,473)

Ages: -

This class will let parents and children explore the wonderful ages of 1 and 2!

Instructor:

5/9/19-6/13/19 Thursdays 10:30-11:30 AM

Triple P Seminar (12,465)

Ages: - Adults Only

Positive Parenting workshop Learn how to discipline your child, the tough part of parenting, Establish a positive learning environment, using assertive discipline .

Instructor:

5/14/19-6/11/19 Tuesdays 10:30-1:00 PM