



# The West County First 5 Center September 2019



| Monday  | Tuesday   | Wednesday   | Thursday  | Friday   | Saturday                    |
|---|---|---|---|--|-----------------------------|
| 2   | 3<br>Nurturing Parents (Eng.) 5:30-7:30   | 4   | 5   | 6  | 7                           |
| 9   | 10<br>Nurturing Parents (Eng.) 5:30-7:30  | 11  | 12  | 13   | 14                          |
| 16  | 17<br>Nurturing Parents (Eng.) 5:30-7:30  | 18<br>Triple P (Spa.) 5:30-8  | 19  | 20   | 21<br>Story Cycles 10-11:30 |
| 23<br>Weather Wiz Kids 10-11*<br>Infant Massage 1-2*<br>Baby Music & Me 9:30-10:30<br>Art Jungle 10-11<br>Help Me Grow 11-12<br>Story Adventures 1-2<br>My Very Busy Body 1:30-2:30 | 24<br>Eating Smart, Being Active (Eng.) 10-12<br>World Dance 10:30-11:30<br>World Dance 12-1<br>Roadmap to K 1-2:30<br>Nurturing Parents (Eng.) 5:30-7:30 | 25<br>Exploratory Play @ Pogo Park 10-11**<br>Baby Discovery (Drop In) 10-11<br>Dance & Zoophonics 11:30-12:30<br>World Dance 1-2<br>Story Adventures 1-2<br>Triple P (Spa.) 5:30-8 | 26<br>Building Bridges (Eng) 10-11:30*<br>Mighty Mindfulness 1:30-2 :30*<br>Infant Massage 10-11<br>Circle of Security (Spa.) 1-3 | 27<br>Music & Movement 9:30-10:30<br>Book Bees (Drop In) 10-11<br>Onesies(Drop In) 11-12<br>Baby Signs 1-2 | 28<br>Story Cycles 10-11:30 |
| 30<br>Weather Wiz Kids 10-11*<br>Infant Massage 1-2*<br>Baby Music & Me 9:30-10:30<br>Art Jungle 10-11<br>Help Me Grow 11-12<br>Story Adventures 1-2<br>My Very Busy Body 1:30-2:30 |   |   |   |  |                             |

## THE WEST COUNTY FIRST 5 CENTER | (510) 232-5650

Due to Center updates, the Richmond site will be closed During the September - October Series .  
Some September-October classes will be held at Building Blocks for Kids\* (310 9th Street/Richmond).

We will also have a class at Pogo Park\*\* (720 Elm Ave/Richmond), please sign up.

Please like us on Facebook to receive frequent updates.

Classes are for children ages 0-5 years and their parents/caregivers to participate together. Please call (510) 232-5650 for more information.