



Antioch First 5 Center December 2019 Calendar



300 H St. Suite F, Antioch, Ca. 94509 • (925) 301-4052 • first5coco.org Facebook: Antioch First 5 Center

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2 Stress Relief Through Art Sp. 9:15-10:45 Moms Together Eng. 11:00-12:30	3 *Dino Adventures 9:15-10:15 Making Parenting A Pleasure Eng. 10:30-12:00	4 Big Letters, Small Letters 9:00-10:00 Recycled Art 3:00-4:00 Nurturing Parents Sp. 5:30-8:00	5 Little Crawlers 9:15-10:15 Sing with Me 9:30-10:30 Bridge to Kindergarten 11:00-12:30 Road Map to Kinder 11:00-12:30 Drop in Art! 3:00-4:00	6 Closed	7 Closed
9 Stress Relief Through Art Sp. 9:15-10:45 Moms Together Eng. 11:00-12:30	10 *Dino Adventures 9:15-10:15 Making Parenting A Pleasure Eng. 10:30-12:00	11 Big Letters, Small Letters 9:00-10:00 Recycled Art 3:00-4:00 Nurturing Parents Sp. 5:30-8:00	12 Little Crawlers 9:15-10:15 Sing with Me 9:30-10:30 Bridge to Kindergarten 11:00-12:30 Road Map to Kinder 11:00-12:30 Drop in Art! 3:00-4:00	13 Closed 	14 Drop In Art! 10:00-12:00
16 Enrollment this Week Stress Relief Through Art Sp. 9:15-10:45 Moms Together Eng. 11:00-12:30	17 Winter Art Drop In 10:00-12:00	18 Big Letters, Small Letters 9:00-10:00 Winter Art Drop In 10:00-12:00	19 Winter Wonderland 10:00-12:00 	20 Closed	21 Closed
23 Winter Art Drop In 10:00-12:00 	24	25 Closed	26 Closed for Cleaning	27 Closed	28 Closed

Operating & Free Play Hours
 Mon/Tues 9-1
 Wed/Thrus 9-5 (Closed 1-2)
 Fri. CLOSED
 Sat. 9-1

Classes Beginning 11/1/19

Art (Drop-In) - 3183 (12934)

Ages: 18 Months - 3 Years
 This class will help build fine motor skills (hand/eye coordination, emotional skills, problem solving, intellectual skills), creative thinking when executing project, and learning how to follow directions, social skills.
 Instructor: Rhea Hodges
 11/7/19-12/12/19 Thursdays 03:00PM - 04:00PM

Art (Drop-In) - 3183 (12935)

Ages: 18 Months - 3 Years
 This class will help build fine motor skills (hand/eye coordination, emotional skills, problem solving, intellectual skills), creative thinking when executing project, and learning how to follow directions, social skills.
 Instructor: First 5 Center Staff Delta
 11/9/19-12/14/19 Saturdays 10:00AM - 12:00PM

Art (Drop-In) - 3183 (12950)

Ages: 18 Months - 3 Years
 This class will help build fine motor skills (hand/eye coordination, emotional skills, problem solving, intellectual skills), creative thinking when executing project, and learning how to follow directions, social skills.
 Instructor: First 5 Center Staff Delta
 12/17/19-12/23/19 TuesdayWednesdayMondays 10:00AM - 12:00PM

Arts & Crafts 2 - 3156 (12929)

Ages: -
 Will help build fine motor skills (hand/eye coordination, emotional skills, problem solving, intellectual skills), creative thinking when executing project, and learning how to follow directions, social skills by being introduced into a large group setting.
 Instructor: Marcela Lopez
 11/6/19-12/11/19 Wednesdays 03:00PM - 04:00PM

Big Letter and Small Letters - 5277 (12976)

Ages: 3 Years - 5 Years
 The class focus will be recognizing on uppercase and lowercase letters through songs and activities.
 Instructor: Gabriela Chico Farias
 11/6/19-12/11/19 Wednesdays 09:00AM - 10:00AM

Bridge to Kindergarten - 3928 (12932)

Ages: 4 Years - 5 Years
 Children will practice skills that will be necessary to be ready for school. Activities will directly coincide with the California Standards for Kindergarten. Activities will include: Literacy, Math and Science concepts, learning the importance of self-help skills, transitions and working with others.
 Instructor: Rhea Hodges
 11/7/19-12/12/19 Thursdays 11:00AM - 12:30PM

Dino Adventures - 4568 (12927)

Ages: 4 Years - 5 Years
 In this class we will take a journey back millions of years ago to a time where Dinosaurs ruled the world! We'll have fun activities that will teach children about the different types of dinosaurs; behaviors, diet, habitat, are just some of the things we'll explore. So come learn about the prehistoric world.
 Instructor:
 11/5/19-12/10/19 Tuesdays 09:15AM - 10:15AM

Little Crawlers - 5099 (12930)

Ages: 4 Months - 16 Months
 This class is designed for children who are rolling, crawling, or even taking their first steps. We will play while discussing children's development and how they change a parent's life.
 Instructor: Rhea Hodges
 11/7/19-12/12/19 Thursdays 09:15AM - 10:15AM

Make Parenting A Pleasure - 5273 (12928)

Ages: -
 Parents will learn and discuss different parenting styles that will assist in taking care of their children in a positive environment.
 Instructor: Rachel Kahler
 11/5/19-12/10/19 Tuesdays 10:30AM - 12:00PM

Moms Together - 3929 (12926)

Ages: - Adults Only
 In this class moms will come together to discuss and learn about important topics surrounding children, families, community and themselves. The class is designed to allow women to make bonds and feel support from the other participants while exploring topics that pertain to their lives.
 Instructor:
 11/11/19-12/16/19 Mondays 11:00AM - 12:30PM

Road Map To Kindergarten - 4187 (12933)

Ages: - Adults Only
 This class is designed to help parents prepare for their child's transition to Kindergarten. Parents will receive a Road Map of the year that will help increase their knowledge of Child Development and school readiness indicators, as well as empower them to become active partners in their child's education.
 Instructor: Marcela Lopez
 11/7/19-12/12/19 Thursdays 11:00AM - 12:30PM

Sing With Me - 5331 (12931)

Ages: 9 Months - 2 1/2 Years
 This class strengthens the bond between parent and child. Children will practice routines, eye-hand coordination, as well as language and communication through singing songs.
 Instructor: Marcela Lopez
 11/7/19-12/12/19 Thursdays 09:15AM - 10:15AM

Classes Beginning 11/1/19

Stress Reduction - 3750 (12973)

Ages: - Adults Only

Parents will learn what stress is and how it can affect your Physical and psychological reaction of the body.

Parents will also learn methods on how stress can affect parenting styles and understanding of self. Focus additionally on knowledge of parent and child development.

Instructor: Maria Esposito

11/11/19-12/16/19 Mondays 09:15AM - 10:45AM