



Delta First 5 Center December 2019 Calendar



760 1st. Brentwood, CA 94513 • (925) 516-3880 • first5coco.org Facebook: Delta First 5 Center

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2 Terrific Toddlers 9:30-10:30 Storytime & Art 11:00-12:00 Recycled Art 3:00-4:00	3 Help Me Grow 9:00-10:30 & 12:00-1:30 Moms Together Eng. 10:00-11:30 *Cultural Adventures 10:30-11:30	4 Stress Relief Through Art Sp. 9:15-10:45 Baby Signs 9:30-10:30 Bridge to Kindergarten 11:00-12:30 Road Map to Kindergarten 11:00-12:30 Making Parenting a Pleasure Eng. 11:00-12:30	5 Making Parenting A Pleasure Eng. 11:00-12:30	6 Abriendo Puertas 9:30-11:30 Terrific Toddlers 9:30-10:30 Ready for Learning 11:00-12:00 Friday Art Drop In 3:00-4:00	7 Drop In with Dad 10:00-11:30
9 Terrific Toddlers 9:30-10:30 Storytime & Art 11:00-12:00 Recycled Art 3:00-4:00	10 Help Me Grow 9:00-10:30 & 12:00-1:30 Moms Together Eng. 10:00-11:30 *Cultural Adventures 10:30-11:30	11 Stress Relief Through Art Sp. 9:15-10:45 Baby Signs 9:30-10:30 Bridge to Kindergarten 11:00-12:30 Road Map to Kindergarten 11:00-12:30 Making Parenting a Pleasure Eng. 11:00-12:30	12 Making Parenting A Pleasure Eng. 11:00-12:30	13 Abriendo Puertas 9:30-11:30 Terrific Toddlers 9:30-10:30 Ready for Learning 11:00-12:00 Friday Art Drop In 3:00-4:00	14 Closed 
16 Enrollment this Week Winter Art Drop In 10:00-12:00	17 Help Me Grow 9:00-10:30 & 12:00-1:30 Moms Together Eng. 10:00-11:30	18 Winter Art Drop In 10:00-12:00 	19 Closed	20 Winter Wonderland 10:00-12:00 	21 Closed
23 Winter Art Drop In 10:00-12:00	24	25	26	27	28
-----Closed for Cleaning & Maintenance-----					
30	31	---Closed for Cleaning & Maintenance---			

*Class chosen from Center Survey

Operating & Free Play Hours
 Mon 9-5 (Closed 1-2)
 Tues/Wed/Thurs 9-1
 Fri 9-5 (Closed 1-2)
 Saturday 9-1

Classes Beginning 11/1/19

Abriendo Puertas - 4643 (12981)

Ages: - Adults Only

This program draws from the real-life experiences of its participants, with curricular content that builds from their cultural strengths. This program displays significant increase in their; confidence about parenting, Knowledge about available health services, and social support and connections in the community.

Instructor: Marcela Lopez

11/8/19-12/13/19 Fridays 09:30AM - 11:30AM

Bridge to Kindergarten - 3928 (12941)

Ages: 4 Years - 5 Years

Children will practice skills that will be necessary to be ready for school. Activities will directly coincide with the California Standards for Kindergarten. Activities will include: Literacy, Math and Science concepts, learning the importance of self-help skills, transitions and working with others.

Instructor: Marcela Lopez

11/6/19-12/11/19 Wednesdays 11:00AM - 12:30PM

Art (Drop-In) - 3183 (12938)

Ages: 18 Months - 3 Years

This class will help build fine motor skills (hand/eye coordination, emotional skills, problem solving, intellectual skills), creative thinking when executing project, and learning how to follow directions, social skills.

Instructor: Marcela Lopez

11/4/19-12/9/19 s 03:00PM - 04:00PM

Cultural Adventures - 4456 (12939)

Ages: - 3 Years

Come and learn how various cultures celebrate events, create toys and also learn new games to enhance the learning experience. Each week a different culture will be featured with a theme, song and activity

Instructor: Rhea Hodges

11/5/19-12/10/19 Tuesdays 10:30AM - 11:30AM

Art (Drop-In) - 3183 (12947)

Ages: 18 Months - 3 Years

This class will help build fine motor skills (hand/eye coordination, emotional skills, problem solving, intellectual skills), creative thinking when executing project, and learning how to follow directions, social skills.

Instructor: Rhea Hodges

11/8/19-12/13/19 Fridays 03:00PM - 04:00PM

Drop In w/ Dad - 5016 (12948)

Ages: -

Children have the opportunity to spend quality time with the special male figure in their life. This class will include special projects, breakfast and an unforgettable bonding time.

Instructor:

11/16/19-12/7/19 Saturdays 10:00AM - 11:30AM

Art (Drop-In) - 3183 (12949)

Ages: 18 Months - 3 Years

This class will help build fine motor skills (hand/eye coordination, emotional skills, problem solving, intellectual skills), creative thinking when executing project, and learning how to follow directions, social skills.

Instructor: First 5 Center Staff Delta

12/16/19-12/23/19 MondayWednesdays 10:00AM - 12:00PM

Make Parenting A Pleasure - 5273 (12943)

Ages: -

Parents will learn and discuss different parenting styles that will assist in taking care of their children in a positive environment.

Instructor: Rachel Kahler

11/6/19-12/11/19 Wednesdays 11:00AM - 12:30PM

Arts & Crafts 2 - 3156 (12978)

Ages: -

Will help build fine motor skills (hand/eye coordination, emotional skills, problem solving, intellectual skills), creative thinking when executing project, and learning how to follow directions, social skills by being introduced into a large group setting.

Instructor: Marcela Lopez

11/4/19-12/9/19 Mondays 03:00PM - 04:00PM

Make Parenting A Pleasure - 5273 (12944)

Ages: -

Parents will learn and discuss different parenting styles that will assist in taking care of their children in a positive environment.

Instructor: Rachel Kahler

11/7/19-12/12/19 Thursdays 11:00AM - 12:30PM

Baby Signs - 3314 (12980)

Ages: 6 Months - 3 Years

This is an interactive play group that will help parent and child learn useful signs, songs, and games. Through singing, dancing, and activities that highlight important developmental skills, parents and kids will begin signing right away.

Instructor: Marcela Lopez

11/6/19-12/11/19 Wednesdays 09:30AM - 10:30AM

Moms Together - 3929 (12940)

Ages: - Adults Only

In this class moms will come together to discuss and learn about important topics surrounding children, families, community and themselves. The class is designed to allow women to make bonds and feel support from the other participants while exploring topics that pertain to their lives.

Instructor: Shalila Melvin

11/12/19-12/17/19 Tuesdays 10:00AM - 11:30AM

Classes Beginning 11/1/19

Pitter Patter Play Group - 2479 (13017)

Ages: 0 Months - 18 Months

Families will have the opportunity to connect, discover and play together. This group is on a drop in basis. It is not necessary to register however you will need to sign in upon arrival. For the children's enjoyment we will only allow 12 children to drop in at once. Any children older than 24 months will not be able to attend.

Instructor: First 5 Center Staff Delta

11/7/19-12/12/19 Thursdays 09:30AM - 10:30AM

Terrific Toddlers - 4240 (12936)

Ages: 18 Months - 2 Years

In this class families will discover what toddlers need through interactive play and class activities.

Instructor: Rhea Hodges

11/4/19-12/9/19 Mondays 09:30AM - 10:30AM

Ready for Learning - 3507 (12946)

Ages: - 3 Years

In this class children will be introduced to concepts of colors, shapes and letters. They will build on skills such as writing, cutting and working with others.

Instructor: Rhea Hodges

11/8/19-12/13/19 Fridays 11:00AM - 12:00PM

Terrific Toddlers - 4240 (12945)

Ages: 18 Months - 2 Years

In this class families will discover what toddlers need through interactive play and class activities.

Instructor: Rhea Hodges

11/8/19-12/13/19 Fridays 09:30AM - 10:30AM

Road Map To Kindergarten - 4187 (12942)

Ages: - Adults Only

This class is designed to help parents prepare for their child's transition to Kindergarten. Parents will receive a Road Map of the year that will help increase their knowledge of Child Development and school readiness indicators, as well as empower them to become active partners in their child's education.

Instructor: Rhea Hodges

11/6/19-12/11/19 Wednesdays 11:00AM - 12:30PM

Story Time & Art - 2410 (12979)

Ages: 2 Years - 3 Years

This class consists of story time, group discussion, class participation, and a chance to role play all in one! A book or story will be recited, read, or acted out by the instructor and a related art project will be available to work on together as a family afterwards.

Instructor: Rhea Hodges

11/4/19-12/9/19 Mondays 11:00AM - 12:00PM

Story Time & Art (Drop-In) - 3186 (12937)

Ages: -

This class is a one time drop in class which consists of story time, group discussion, class participation, and a chance to role play all in one! A book or story will be recited, read, or acted out by the instructor and a related art project will be available to work on together as a family afterwards. Families do not need to register for this class

Instructor: Rhea Hodges

11/4/19-12/16/19 s 11:00AM - 12:00PM

Stress Reduction - 3750 (12974)

Ages: - Adults Only

Parents will learn what stress is and how it can affect your Physical and psychological reaction of the body.

Parents will also learn methods on how stress can affect parenting styles and understanding of self. Focus additionally on knowledge of parent and child development.

Instructor: Maria Esposito

11/6/19-12/11/19 Wednesdays 09:15AM - 10:15AM