



♥ FEBRUARY 2020 ♥

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 Drop in: Free Play! (0-71M) 9:00-1:00
3	4	5	6	7	8
<p>Drop In- Music Together (25-36M) 9:00-10:00</p> <p>Drop in-Pitter Patter (0-12M) 9:30-10:30</p> <p>Wiggle Worm (13-24M) 11:15-12:15</p> <p>Art Adventures (25-36M) 1:30 - 2:30</p> <p>Drop in- Let's Explore! (37-71M) 3:00-4:00</p>	<p>Drop In- Music for Me (13-24M) 9:00-10:00</p> <p>El Club de Padres 10:10-12:10</p> <p>Roadmap to K 3:00-4:30</p> <p>Bridge to K (49-71M) 3:00-4:30</p>	<p>Help Me Grow 9:00-10:00</p> <p>Storytime & Dance (13-71M) 11:15-12:15</p> <p>Drop in: Cuenta Cuentos SP (0-71M) 3:00-4:00</p>	<p>Road to K SP 9:15-10:45</p> <p>Bridge to K (49-71M) 9:15-10:45</p> <p>Make & Take (25-36) 11:00-12:00</p> <p>Playful Math (25-36M) 1:00-2:00</p> <p>Handwriting w/o Tears (37-48M) 2:30-3:30</p> <p>Crianza Con Cariño SP 5:30-8:00</p>	<p>Let's Explore (13-24M) 9:00-10:00</p> <p>Habitos Para El Exito SP 10:00-11:30</p> <p>CRS Workshop 11:30-12:30</p> <p>Smart Bites (37-48) 1:30-2:30</p> <p>Brain Development 2:45-4:45</p>	<p style="text-align: center;">Valentine's Day Party 11:00-1:00</p>
10	11	12	13	14	15
<p>Drop In- Music Together (25-36M) 9:00-10:00</p> <p>Drop in-Pitter Patter (0-12M) 9:30-10:30</p> <p>Wiggle Worm (13-24M) 11:15-12:15</p> <p>Art Adventures (25-36M) 1:30 - 2:30</p> <p>Drop in- Let's Explore! (37-71M) 3:00-4:00</p>	<p>Drop In- Music for Me (13-24M) 9:00-10:00</p> <p>El Club de Padres 10:10-12:10</p> <p>Roadmap to K 3:00-4:30</p> <p>Bridge to K (49-71M) 3:00-4:30</p>	<p>Help Me Grow 9:00-10:00</p> <p>Baby Signs II (0-12M) 11:00-12:00</p> <p>Storytime & Dance (13-71M) 11:15-12:15</p> <p>Letras, Numeros, y Mas (37-48M) 1:00-2:00</p> <p>Drop in: Cuenta Cuentos SP (0-71M) 3:00-4:00</p>	<p>Road to K SP 9:15-10:45</p> <p>Bridge to K (49-71M) 9:15-10:45</p> <p>Make & Take (25-36) 11:00-12:00</p> <p>Playful Math (25-36M) 1:00-2:00</p> <p>Handwriting w/o Tears (37-48M) 2:30-3:30</p> <p>Crianza Con Cariño SP 5:30-8:00</p>	<p>Let's Explore (13-24M) 9:00-10:00</p> <p>Habitos Para El Exito SP 10:00-11:30</p> <p>CRS Workshop 11:30-12:30</p> <p>Smart Bites (37-48) 1:30-2:30</p> <p>Brain Development 2:45-4:45</p>	<p style="text-align: center;">Drop in: Free Play! (0-71M) 9:00-1:00</p>
17	18	19	20	21	22
 <div style="border: 1px solid black; padding: 5px; display: inline-block;">CENTER CLOSED</div>	<p>CLASS SIGN UP DAY!</p> 	<p>Help Me Grow 9:00-10:00</p> <p>Baby Signs II (0-12M) 11:00-12:00</p> <p>Letras, Numeros, y Mas (37-48M) 1:00-2:00</p>	<p>Crianza Con Cariño SP 5:30-8:00</p>	<div style="border: 1px solid black; padding: 10px; display: inline-block;">CENTER CLOSED</div>	<p style="text-align: center;">Drop in: Free Play! (0-71M) 9:00-1:00</p>
24	25	26	27	28	29
<p>Drop In- Music Together (25-36M) 9:00-10:00</p> <p>Drop in-Pitter Patter (0-12M) 9:30-10:30</p> <p>Wiggle Worm (13-24M) 11:15-12:15</p> <p>Art Adventures (25-36M) 1:30 - 2:30</p> <p>Drop in- Let's Explore! (37-71M) 3:00-4:00</p>	<div style="border: 1px solid black; padding: 10px; display: inline-block;">PLAY AREA CLOSED FOR CLEANING</div>	<p>Help Me Grow 9:00-10:00</p> <div style="border: 1px solid black; padding: 10px; display: inline-block;">PLAY AREA CLOSED FOR CLEANING</div>	<p>Crianza Con Cariño SP 5:30-8:00</p>	<p>Parent Café 10:00 - 12:00</p> <div style="border: 1px solid black; padding: 10px; display: inline-block;">CENTER CLOSED AT 12:30</div>	<p style="text-align: center;">Drop In: Free Play! (0-71M) 9:00-1:00</p>

Updated: 1/30/20

Open Drop in Play Area Times:
 MON: 10:30-12:30, 1:00-4:30
 TUES: 1:00-3:00
 WED: 1:00-4:30
 THURS: 1:00-4:30
 FRI: 1:00-2:30
 SAT: 9:00-1:00

CENTER CLOSED FROM 12:30-1:00 FOR LUNCH!

MONUMENT FIRST 5 CENTER
 1736 Clayton Rd
 Concord CA 94520

Phone: (925) 849-8861
<http://www.facebook.com/monumentfirst>

Classes Beginning 1/1/20

Art Adventures - 3959 (13067)

Ages: -
This class will help build fine motor skills (hand/eye coordination, emotional skills, problem solving, intellectual skills), creative thinking when executing project, and learning how to follow directions, social skills by being introduced into a large group setting
Instructor: Suman Dhanju
1/6/20-2/24/20 Mondays 01:30PM - 02:30PM

Baby Signs - 2515 (13070)

Ages: -
Sign language helps young children communicate what they need, see, and feel without having to resort to tears! Child development concepts are presented each week to reinforce how children benefit from signing. Participants will learn signs for a variety of topics, including mealtime, bedtime, play, feelings, and family.
Instructor: Jenny Guerrero
1/8/20-2/12/20 Wednesdays 11:00AM - 12:00PM

Brain Development 101 - 4467 (13117)

Ages: -
Parents will learn about the development of the brain and how parenting actions affect growth and development of the brain on a daily basis. This class will have many visual aids to help parents understand the physiological growth of their child's brain and will teach practical everyday parenting skills that help develop smart brains in children!
Instructor: Suman Dhanju
1/10/20-2/14/20 Fridays 02:45PM - 04:45PM

Handwriting without Tears - 4785 (13075)

Ages: 3 Years - 5 Years
Get Set for School materials encourage family involvement to continue learning activities at home. Lessons sometimes ask families to lend items from home to personalize activities.
Instructor: Suman Dhanju
1/9/20-2/13/20 Thursdays 02:30PM - 03:30PM

Help Me Grow Developmental Playgroup - 4268 (13119)

Ages: 18 Months - 3 1/2 Years
Playgroup will work with parents and children to support developmental needs scored in the monitoring section of last ASQ. ASQ will be performed at the end of the class to see development improvement.
Instructor:
1/8/20-2/26/20 Wednesdays 09:00AM - 10:00AM

Lets Explore - 5009 (13068)

Ages: -
Together we will explore wonderful topics like science, math, and art.
Instructor: Jenny Guerrero
1/6/20-2/24/20 Mondays 03:00PM - 04:00PM

Lets Explore - 5009 (13115)

Ages: -
Together we will explore wonderful topics like science, math, and art.
Instructor: Jenny Guerrero
1/10/20-2/14/20 Fridays 09:00AM - 10:00AM

Make & Take - 5258 (13073)

Ages: -
Children will learn along with their parents to do different art projects and explore other activities together.
Instructor: Suman Dhanju
1/9/20-2/13/20 Thursdays 11:00AM - 12:00PM

Music For Me - 5254 (13069)

Ages: -
Music Together is an early childhood music and movement program for children and the grownups who love them. Classes help children develop their innate musicality language development, and creative expression.
Instructor: Myesha Smith
1/7/20-2/11/20 Tuesdays 09:00AM - 10:00AM

Music Together - 2646 (13064)

Ages: 9 Months - 3 1/2 Years
In a relaxed, playful class children and their parents/caregivers sing, play instruments, and participate in creative movement, regardless of musical ability. Music is learned through developmentally appropriate activities that support and respect the unique learning styles of very young children. Class is for parents/caregivers and children ages 0 months-5 years.
Instructor:
1/6/20-2/24/20 Mondays 09:00AM - 10:00AM

Numbers, Letters, and More! - 5385 (13118)

Ages: -
Children will learn how to form letter and numbers through fun activities and games!
Instructor: Jenny Guerrero
1/8/20-2/12/20 Wednesdays 01:00PM - 02:00PM

Nurturing Parents - 2653 (13071)

Ages: - Adults Only
This is a 24-week parenting group based program. Parents learn about recognizing and understanding feelings, infant and child massage, nurturing parenting routines, alternatives to hitting, child development and ways to build self-esteem and self-concept.
Instructor:
1/23/20-6/4/20 Thursdays 05:30PM - 08:00PM

Classes Beginning 1/1/20

Parent's Club - 5384 (13114)

Ages: -

In this class parents will come together to discuss and learn about important topics surrounding children, families, community and themselves. The class is designed to allow parents to make bonds and feel support from the other participants.

Instructor: Jenny Guerrero

1/7/20-2/11/20 Tuesdays 10:10AM - 12:10PM

Pitter Patter Time 0-12mos - 4816 (13065)

Ages: 0 Months - 12 Months

Join us in an exploration of your little one's development. Each week will offer new activities to facilitate growth in the areas of communication, gross motor, fine motor, problem solving and personal social.

Instructor: Monument Staff

1/6/20-2/24/20 Mondays 09:30AM - 10:30AM

Playful Math - 4864 (13074)

Ages: -

Explore the world of math through stories, fun activities and games.

Instructor: Jenny Guerrero

1/9/20-2/13/20 Thursdays 01:00PM - 02:00PM

Smart Bites - 3967 (13116)

Ages: 12 Months - 4 Years

Come learn more about how to encourage healthy eating habits for life! Learn safe ways to include your tots in the cooking and meal preparation process, new healthy snack ideas for growing minds and bodies, and strategies for getting even the pickiest eaters interested in trying something new.

Instructor:

1/10/20-2/14/20 Fridays 01:30PM - 02:30PM

Story Time - 2722 (13072)

Ages: 0 Months - 5 Years

Story time is for children ages 0-5, each story will include circle time, the story, song and related literacy and art.

Instructor: Suman Dhanju

1/8/20-2/12/20 Wednesdays 11:15AM - 12:15PM

Wiggle Worm Workout! - 4110 (13066)

Ages: 12 Months - 2 Years

Your toddler will gain increased confidence through movement and direction and benefit emotionally while having fun!

Instructor: Jenny Guerrero

1/6/20-2/24/20 Mondays 11:15AM - 12:15PM