February 2021

East County First 5 Center

355 East Leland Road Pittsburg, CA 94565 (925) 301-4040

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 11:00 **Hablemos de: "Crianza Compartida"** 1-2:00 **Nutrición & Auto-Cuidado Padres** 2-3:00 **Mind Matters Parents** 3:30 **Let's talk about: "Co-Parenting"**	2 9:00 Parents Helping Parents 10:15-11:00 Lee y Canta 1-2Y 11:30 Read With Me 4-5Y 11:30 Animal Explorers 2-3Y 1:30 Winter Art 2-3Y 2:00 Exploring Feelings & Senses 3-4Y 1-2:30 Comiendo Saludable y Estando Activo *Padres 5Wks 3:00 Jumping & Playing 4-5Y	3 10-11 Kindertools #1 4-5Y 10-11 1,2,3, Count W/ Me 3-4Y 10:30 Raising Stars 1-2Y 11-12 Kindertools #2 4-5Y 11:15-12:15 Art 2-3Y 1:00-2:00 **Nutrición & Auto-Cuidado *Padres** 1:00 **Story Adventures 3-4Y**	4 9:30-11:00 HMG 18M-2Y 10-12:00 Triple P – Español 10-11 Read With Me 3-4Y 11:00 **Music & Movement 2-3Y** 12:00 -1:30 RTK – Parents 1:15-2:45 HMG 2-3Y **7-8:00 pm Charlas entre Papás**	5 10-11:30 Mamá Con Mamá * Parents – Español 11-12:00 **Workshops- Parents**	6
8 11:00 **Hablemos de: "Comunicación"** 1-2:00 **Nutrición & Auto-Cuidado Padres** 2-3:00 **Mind Matters Parents** 3:30 **Let's talk about: "Communication"**	9 9:00 Parents Helping Parents 10:15-11:00 Lee y Canta 1-2Y 11:30 Read With Me 4-5Y 11:30 Animal Explorers 2-3Y 1:30 Winter Art 2-3Y 2:00 Exploring Feelings & Senses 3-4Y 1-2:30 Comiendo Saludable y Estando Activo *Padres 5Wks 3:00 Jumping & Playing 4-5Y	10 10-11 Kindertools #1 4-5Y 10-11 1,2,3, Count W/ Me 3-4Y 10:30 Raising Stars 1-2Y 11-12 Kindertools #2 4-5Y 11:15-12:15 Art 2-3Y 1:00-2:00 **Nutrición & Auto-Cuidado *Padres** 1:00 **Story Adventures 3-4Y**	11 9:30-11:00 HMG 18M-2Y 10-12:00 Triple P – Español 10-11 Read With Me 3-4Y 11:00 **Music & Movement 2-3Y** 12:00 -1:30 RTK – Parents 1:15-2:45 HMG 2-3Y **7-8:00 pm Charlas entre Papás**	12 10-11:30 Mamá Con Mamá * Parents – Español 11-12:00 **Workshops- Parents**	13 10-12:00 Dad's Cafe
15 *Holiday* *No Classes* President's Day	16 9:00 Parents Helping Parents 10:15-11:00 Lee y Canta 1-2Y 11:30 Read With Me 4-5Y 11:30 Animal Explorers 2-3Y 1:30 Winter Art 2-3Y 2:00 Exploring Feelings & Senses 3-4Y 1-2:30 Comiendo Saludable y Estando Activo *Padres 5Wks 3:00 Jumping & Playing 4-5Y	17 10-11 Kindertools #1 4-5Y 10-11 1,2,3, Count W/ Me 3-4Y 10:30 Raising Stars 1-2Y 11-12 Kindertools #2 4-5Y 11:15-12:15 Art 2-3Y 1:00-2:00 **Nutrición & Auto-Cuidado *Padres** 1:00 **Story Adventures 3-4Y**	18 9:30-11:00 HMG 18M-2Y 10-12:00 Triple P – Español 10-11 Read With Me 3-4Y 11:00 **Music & Movement 2-3Y** 12:00 -1:30 RTK – Parents 1:15-2:45 HMG 2-3Y **7-8:00 pm Charlas entre Papás**	19 10-11:30 Mamá Con Mamá * Parents – Español 11-12:00 **Workshops- Parents**	20 Follow us on facebook East County First 5 Center
22 **Center Closed**	23 **Center Closed**	24 **Center Closed**	25 9:30-11:00 HMG 18M-2Y 1:15-2:45 HMG 2-3Y 10-12:00 Triple P – Español **Center Closed**	26 Parent Café **10:00-12:00**	27 Follow us on Instagram eastcountyfirst5center

ECF5 Families: *We will continue with our virtual classes thru Microsoft Teams*