Antioch First 5 Center

February 2023 Calendar

300 H St. Suite F, Antioch, Ca. 94509 ● (925) 301-4052 ● first5coco.org Facebook: Antioch First 5 Center

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Hours of Operation Monday-Wednesday 9:00-1:00 & 2:00-5:00 Thursday 9:00-1:00 Friday (Closed) Saturday 9:00-1:00		1 **Baby Signs** **9:30-10:30** **Help Me Grow** **11:00-12:00** **Animal Adventures** **3:00-4:00**	2 **Zumbini** **9:00-10:00** **Terrific Toddlers** **11:00-12:00**	3 **Kindermusik** **9:30-10:30** **Kindermusik** **10:30-11:30**	4 **CLOSED**
6 **Make Money Work for You English** **10:00-11:00** **Ready for Learning** **3:00-4:00**	9 **Bridge to Kinder** **9:30-11:00** **Road Map to Kinder Spanish 9:30-11:00** **Road Map to Kinder English 9:30-11:00** ***Drop In Story Time & Art 11:30-12:30*** **Kinder Readiness** **3:00-4:00**	8 **Baby Signs** **9:30-10:30** **Help Me Grow** **11:00-12:00** **Animal Adventures** **3:00-4:00**	9 **Zumbini** **9:00-10:00** **Terrific Toddlers** **11:00-12:00**	10 **Kindermusik** **9:30-10:30** **Kindermusik** **10:30-11:30**	11 ***Drop In Dad & Me Time*** ***10:00-11:00***
13 **Make Money Work for You English** **10:00-11:00** **Ready for Learning** **3:00-4:00**	14 **Bridge to Kinder** **9:30-11:00** **Road Map to Kinder Spanish 9:30-11:00** **Road Map to Kinder English 9:30-11:00** ***Drop In STEM w/CC Library 11:00-12:00*** **Kinder Readiness** **3:00-4:00**	15 **Baby Signs** **9:30-10:30** **Help Me Grow** **11:00-12:00** **Animal Adventures** **3:00-4:00** **New Enrollment Begins**	16 **Zumbini** **9:00-10:00** **Terrific Toddlers** **11:00-12:00**	17 **Kindermusik** **9:30-10:30** **Kindermusik** **10:30-11:30**	18 **CLOSED** **Session Ends**
20 **CLOSED** **Presidents Day**	21 ***Sweetheart Breakfast Event 10:00-12:00***	22 **Help Me Grow** **11:00-12:00**	23 **CLOSED**	24 **CLOSED**	25 **CLOSED**
27	28 **CLOSED**				

Free Play Hours
Monday-Wednesday
10:00-12:30 & 2:30-4:00
Thursday
10:00-12:30

*Purple Classes are In Person
*Blue Classes are Virtual

Antioch First 5 Center
In-Person and Virtual Programming
Class and Event Descriptions
January/February 2023

Animal Adventures- Wednesdays
(In Person) 3yr olds
Take a journey with us as we find the amazing places where animals live and are found. We'll then learn about each animal individually. Each session will focus on a continent and learn about the animals that live on that continent.

Baby Signs- Wednesdays
(In Person) 1 yr olds
An interactive play group that will help parents and children learn useful signs, songs, and games. Through singing, dancing, and activities that highlight important developmental skills, parents and kids will begin signing right away.

Bridge to Kindergarten- Tuesdays
(In Person) 4-5 yr olds
Children and parents will begin to learn the skills that will be necessary to be ready for school. Activities will directly coincide with the California standards for kindergarten.

Drop In Art- Tuesdays
(In Person) All Ages
This class will help build fine motor skills (hand/eye coordination, emotional skills, problem solving, and intellectual skills), creative thinking when executing a project, and learning how to follow directions, social skills that are introduced in a large group setting.

Drop In Dad and Me Time- Saturdays
(In Person) All Ages
Children have the opportunity to spend quality time with the special male figure in their life. This class will include special projects, breakfast and an unforgettable bonding time.

Drop In STEM with CC Library- Tuesdays
(In Person) All ages
Come explore the world of STEM (science, technology, engineering, and mathematics with the Contra Costa Libraries through fun educational activities).

Free Play- See Calendar
(In Person) All ages
This is an opportunity to come to the center, meet other families, and explore open-ended play with your child. No pre-registration required.
***Capacities are limited.

Help Me Grow- Wednesdays
(In Person) By Referral
This developmental play group is designed to assist children who have been identified as needing additional support through their ASQ (Ages & Stages Questionnaire). Individuals will be contacted by the Center and offered opportunities to participate in this play group. If you have further questions please talk to a team member.

Kid Power- Thursdays
(Virtual)- Adults
Learn proven skills to help you children feel confident and safe in their community.

Kindermusik- Fridays
(Virtual) 2-3yr olds
You'll be part of a musical community that celebrates you and your wonderful child through singing, dancing, movement, and instrument activities designed to strengthen children's brains, teach social skills, and cultivate a love of music and reading.

Kinder Readiness- Tuesdays
(In Person) 4-5 yr olds
Parents will gain insightful information about the desirable readiness skills that will help their child get off to a good start when they begin school.

Let's Count & Match- Saturdays
(In Person) 3 yr olds
Parents and caretakers will explore and engage with their children in a fundamental way of learning and matching numbers and colors. Through this class children will enhance their memory skills through using everyday materials.

Make Money Work For You- Mondays
(In Person) Adults
Our class will give you the life skills to begin to manage your money properly. We will be discussing identifying your financial goals, proper protection, managing debt, and fulfilling your long-term goals. When completed the 5 weeks you will receive Saving Your Future Book. Child care will be provided.

Nature to You-Wednesday January 18th
(In Person) 1-5 yr olds
Come learn with a Naturalist from Bay Area Regional Parks about the Delta and the animals and plants that live and grow in the outdoors.

Ready for Learning- Mondays
(Virtual) 3 yr olds
Children will be introduced to concepts of colors, shapes and letters. They will build on skills such as writing, cutting and working with others.

Road Map to Kindergarten- Tuesdays
(In Person) Adults
This class is designed to help parents prepare for their child's transition to Kindergarten. Parents will receive a Road Map of the year that will help increase their knowledge of child development and school readiness.

Sweetheart Breakfast Event- Thursday
(In Person) All Ages
This event is a chance for you and your family to come to the center, meet other families and engage in food, activities, and fun.

Terrific Toddlers- Thursdays
(In Person) 2 yr olds
Kids will explore the world through their senses. Focusing on the process, not the product, as children discover colors, textures and sounds through art.

Zumbini- Thursdays
(In Person) 2 yr olds
The class includes dancing, signing, and playing different instruments to exposure to music and all its benefits. This class introduces the basic moves like moving side to side, clapping, bouncing, jumping, toe touches, etc.