

Evaluation Plan FY 2022-23

Three Ways to Measure Impact

APPROACH

First 5 Contra Costa’s (F5CC) Strategic Plan for FY 2020-23 calls for a more intentional focus on changing systems. This shift is a product of what we see as a more comprehensive approach to supporting young children and families. With F5CC’s Theory of Change Model as the backdrop, input from all levels of leadership (Executive Director, Deputy Director, SIP team members, and Program Officers and their team members) provided feedback on the selection of indicators for the evaluation consulting team from Applied Survey Research (ASR) to formulate F5CC’s Results Based Accountability (RBA) Evaluation Plan for FY 2022-23.

F5CC adopted the Results-Based Accountability (RBA) process to identify population-level indicators and program-level performance measures to capture current investments, activities, and outcomes. RBA provides a framework to organize data collection intentionally to better understand how First 5 investments impact populations and places in the county that have historically experienced the most disinvestment and disparities. It is also a continuous improvement tool to improve performance and to identify new and better data necessary to communicate outcomes and ensure equitable investments.

POPULATION LEVEL INDICATORS

To understand the general conditions of residents in the county, F5CC will track population-level trends that align with the agency’s three result areas desired for all families.

| DESIRED RESULTS | INDICATORS |
|--|--|
| Children are ready to learn | <ul style="list-style-type: none"> • % of children in the county demonstrating readiness for Kindergarten |
| Children are supported by safe, nurturing families and communities | <ul style="list-style-type: none"> • County child maltreatment rate • Number of libraries, parks and playgrounds • Neighborhood crime rates |
| Children are healthy and thriving | <ul style="list-style-type: none"> • % of children 0-5 years of age with access to medical care • % of children 0-5 years of age with access to dental care • % of pregnant persons accessing prenatal care |

PROGRAM OUTCOMES AND MEASURES OF SUCCESS

| | | |
|---|--|--|
|  | <p>Families inform and change policies that impact well-being</p> | <ul style="list-style-type: none"> • # of First 5 participants active in policy advocacy and community engagement |
|  | <p>Families increase access and connection to services</p> | <ul style="list-style-type: none"> • # of families accessing local resources and services • % of caregivers reporting that they know where to go to obtain support for their needs |
|  | <p>Caregivers and children are prepared for kindergarten</p> | <ul style="list-style-type: none"> • # of families participating in school readiness programs • # of providers engaged in First 5 quality improvement programs and services |
|  | <p>Families have what they need to strengthen protective factors (Concrete support, parental resilience, child social and emotional competence, social connection, and knowledge of parenting)</p> | <ul style="list-style-type: none"> • # of families that access services through First 5 to address basic needs • % of families reporting reduced parenting stress as a result of First 5 services • # of children screened for developmental needs through First 5's network of providers • # of caregivers reporting increased child social or emotional functioning as a result of F5 programs and services • % of families attending First 5 programs that report an increase in social connections • % of parents reporting increased awareness/knowledge/understanding of child development |
|  | <p>System is well-resourced by local, state, fed, and private dollars</p> | <ul style="list-style-type: none"> • # of new public local and state dollars invested in the early childhood system of care |
|  | <p>System is supported by family-centered local, state, and fed policies</p> | <ul style="list-style-type: none"> • # of public local and state policies advancing issues important to families |
|  | <p>System is integrated</p> | <ul style="list-style-type: none"> • # of providers connected to a trauma-informed community of practitioners • # of practitioners trained in trauma-informed practices |
|  | <p>System shared power with and is responsive to families</p> | <ul style="list-style-type: none"> • # of caregivers providing feedback on how well F5 services are meeting their needs |



System is healing-centered and trauma-informed

- % of providers reporting their organization has become more trauma-informed
- % of families reporting their experience of the system or program followed trauma-informed practices



System is anti-racist and equity-centered

- % of providers reporting increased competency in anti-racist and equity practices from trainings or coaching sessions
- % of parents reporting that services met their cultural and linguistic needs



Providers increase competency and knowledge on quality care

- # of providers receiving training and support to increase skills and knowledge of quality early education

PROGRAMATIC STRATEGIES AND PERFORMANCE MEASURES

RESOURCING THE CAPACITY FOR SYSTEMS CHANGE SOLUTIONS

- % of organizations engaged in systems change efforts
- # of workshops/trainings held to increase provider professional capacity
- # systems change collaboratives where First 5 is at the table
- % of providers reporting increased professional capacity after attending a training/workshop
- # of practice-based and systems change efforts funded by First 5
- # of new Quality Matters programs

FACILITATING COLLECTIVE LEARNING OF SYSTEMS CHANGE SOLUTIONS

- # of system change initiatives facilitated by First 5
- # of reports produced to advocate, garner additional funding, and increase awareness of systems change issues
- # of grants received/\$ awarded to support collective systems change solutions

BUILDING POWER AND SUPPORTING POLICIES THAT NURTURE YOUNG CHILDREN AND FAMILIES

- # policies to improve parks/rec spaces
- % of parents who feel more empowered to advocate for their child's health and educational needs
- # of families involved in community/civic engagement supported by First 5
- # of HUB participants reporting new relationships/connections formed
- # of parent leaders supported by F5CC serving on local decision making boards and commissions.
- % of families who have their child's developmental needs addressed through an ASQ referral
- % of providers who report feeling confident on where/how to refer families

STRENGTHENING COMPETENCIES AND COMMUNITY FOR PARENTS/CAREGIVERS

- # of parents enrolled in F5 supported programs and services
- % of parents reporting increased knowledge and skills to support their child's optimal health and development
- # of programs offered for parents to learn and practice positive parent-child interactions

