






| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|--|---|--|--|
| KEY: Parent Classes are Blue Children Classes are Green Drop In or Events are purple |  | 1 Bridge to Kinder Graduation 11:00-12:30 | 2 | 3 | 4 Food distribution event 3pm-4:30pm |
| 6 | 7 | 8 | 9 | 10 | 11 |
| Session Begins Baby Signs English (6-12mos) 10:30-11:30 Terrific Toddlers (2yrs) 11:30-12:30 Jump Bunch (3yrs) 3:00-4:00 | Help Me Grow (By Invite) 9:00-10:30 Coffee with the CRS Virtual (Adults) 9:30-10:30 Help Me Grow (By Invite) 12:00-1:30 Let's Count & Match with Ms. Bernice (3-5yrs) 4:30-5:30 | Parenting Pause (Adults) 10:00-11:00 De Colores (3yrs) 11:30-12:30 | Zumbini (2yrs) 9:00-10:00 Walking Adventures (4-5yrs) 10:00-11:00 Wiggly Ones (1 yr) 10:30-11:30 | <i>Muffins with Moms Event</i> (All Ages) 10:00-12:00  | Soccer in the Park (3-5yrs) 9:30-10:30 <i>Drop In Art! (all ages)</i> 10:00-11:30 |
| 13 | 14 | 15 | 16 | 17 | 18 |
| Delta Literacy Partners Meeting (Adults) 10:00-11:00 Baby Signs English (6-12mos) 10:30-11:30 Terrific Toddlers (2yrs) 11:30-12:30 Potty training workshop in Spanish. Virtual. 1-2pm Jump Bunch (3yrs) 3:00-4:00 | Help Me Grow (By Invite) 9:00-10:30 Sensory Art (2yrs) 10:30-11:30 Help Me Grow (By Invite) 12:00-1:30 Let's Count & Match with Ms. Bernice (3-5yrs) 4:30-5:30 | Ready for Learning (3yrs) 9:30-10:30 Make Parenting a Pleasure (Adults) 10:00-11:00 De Colores (3yrs) 11:30-12:30 Art Adventures (3yrs) 3:00-4:00 | Zumbini (2yrs) 9:00-10:00 Walking Adventures (4-5yrs) 10:00-11:00 Wiggly Ones (1 yr) 10:30-11:30 Social Play (4-5 yrs) 3:00-4:00 | Garden Science (3-5yrs) 9:30-10:30 <i>Drop In STEM with CC</i> <i>Libraries (All ages)</i> 11:00-12:00 | Soccer in the Park (3-5yrs) 9:30-10:30 <i>Drop in Dad & Me</i> <i>Time (All Ages)</i> 9:30-11:00 |
| 20 | 21 | 22 | 23 | 24 | 25 |
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| 27 | 28 | 29 | 30 | 31 |  |
| CLOSED Memorial Day Observance  | Sensory Art (2yrs) 10:30-11:30 Parent Café (Adults) 11:30-12:30 Let's Count & Match with Ms. Bernice (3-5yrs) 4:30-5:30 | Ready for Learning (3yrs) 9:30-10:30 Make Parenting a Pleasure (Adults) 10:00-11:00 De Colores (3yrs) 11:30-12:30 Art Adventures (3yrs) 3:00-4:00 | Zumbini (2yrs) 9:00-10:00 Walking Adventures (4-5yrs) 10:00-11:00 Wiggly Ones (1 yr) 10:30-11:30 Social Play (4-5 yrs) 3:00-4:00 | Garden Science (3-5yrs) 9:30-10:30 <i>Car Seat Check Event</i> 10:00-12:00 | |

Hours of Operation

Monday-Friday 9:00-6:00
 Saturday 9:00-1:00

Free Play Hours

Monday –Thursday 10:00-4:00
 Friday 10:00-12:00

Delta First 5 Center

Class and Event Descriptions

May/ June 2024

Art Adventures – Wednesdays

(In person) 3yrs old

In this class, children will have the opportunity to engage with different materials and practice sharing what they create with others.

Baby Signs- Mondays *

(In Person) 1yrs olds

An interactive playgroup that will help parents and children learn useful signs, songs, and games. Through singing, dancing, and activities that highlight important developmental skills, parents and kids will begin signing right away.

Bridge to Kindergarten Graduation- Wednesday **05/01/2024**

Car Seat Check event – 05/31/2024

(In Person) All Ages

Sign up to have your car seats checked by a certified tech to ensure they are safe for your little persons and learn how to properly install your seats.

Coffee with CRS- Tuesdays

(Adult) Virtual

Join the CRS to learning about available resources in the community and to discuss home safety topics. This is a bilingual virtual workshop with our two community resource specialists, Rhea and Rocio.

Dancing with Dads event – 06/20/2024

(In Person) All ages

Join us for this fun event celebrating dad with the whole family. We will have music, dancing, games and food.

De Colores - Wednesdays

(In Person) 3yrs old

Kids will learn basic Spanish while the play and interact with other children.

Delta Literacy Partners- Mondays

(In Person & Virtual) Adults

This parent leadership group meets once a month to help plan and interact with the center around literacy. Contact Staff for more information.

Drop In Art!- Saturdays

(In Person) All Ages

This class will help build fine motor skills (hand/eye coordination, emotional skills, problem solving, and intellectual skills), creative thinking when executing a project, and learning how to follow directions, social skills that are introduced in a large group setting.

Drop In Dad and Me Time- Saturdays

(In Person) All Ages

Children have the opportunity to spend quality time with the special male figure in their life. This class will include special projects, breakfast and an unforgettable bonding time.

Drop In STEM with CC Library- Fridays

(In Person) All ages

Come explore the world of STEM (science, technology, engineering, and mathematics with the Contra Costa Libraries through fun educational activities).

Drop in Recycled Art – Mondays

(In person) All ages

We're celebrating and honor the earth to demonstrate support and take action to make a positive impact on the environment. We're having snacks, recycle art activities, music, dance and more.

Food Distribution - Saturday

(In person)

Come by our food distribution and pick up what you need for you and your family.

Garden Science – Fridays

(In Person) 3-5yrs old

It has been shown that children who grow their own food are more likely to try, and eat, more fresh vegetables and fruits. In this class children will get a chance to work

hands on in our garden and use what they grow in various ways.

Help Me Grow- Tuesdays

(In Person) By Referral

This developmental playgroup is designed to assist children who have been identified as needing additional support through their ASQ (Ages & Stages Questionnaire). Individuals will be contacted by the Center and offered opportunities to participate in this playgroup. If you have further questions please contact a Community Resource Specialist.

Jump Bunch- Mondays

(In Person) 3-5yrs olds

This class will engage children in the development of their gross motor skills while practicing sequencing patterns and group work by introducing them to the play of organized sports activities.

Let's Count & Match with Ms. Bernice- Tuesdays

(In Person) 3yrs olds

Parents and caretakers will explore and engage with their children in a fundamental way of learning and matching numbers and colors while children enhance their memory skills through using everyday materials.

Make Parenting a Pleasure – Wednesday

(In person) – Adults

Parents will learn and discuss different parenting styles that will assist in taking care of their children in a positive environment.

Muffins with Moms Event – 05/10/2024

(In person) All ages

Come help us celebrate moms and all they do for us each and every day. We will have muffins, activities, of course music and more.

Parent Café - Tuesdays

(In Person) Adults

Parent Cafe engage parents/caregivers in meaningful conversations about what matters most – their family and how to strengthen that family by building protective factors.

Parenting Pause – Wednesday

(In Person) Adults

Take a moment away from your children to "pause", reset and talk about the ways to help yourself navigate parenting and deal with burnout. During this workshop we will have a chance to do some relaxing activity.

Potty Training – Mondays

(Virtual) Adults

This workshop will give parents information to assist in potty training their child. Topics of this workshop will include preparing for potty training, signs of readiness from your child, ways to positively reinforce your child and possible setbacks.

Sensory Art – Tuesdays

(In Person) 2yrs olds

Kids will explore the world through their senses. We will focus on the process, not the product, as children discover colors, textures and sounds through art.

Soccer in the Park - Saturdays

(In Person) 3-5yrs old

Children will learn/ play the basic fundamentals of soccer at the Brentwood City Hall Park.

Social play - Thursdays

(In Person) 4-5yrs old

Through play kids will learn important social skills such as cooperation, communications, empathy, expression, and control of their emotions, among others.

Story Time & Art with Tandem- Fridays

(In person) All ages

In the class, families will listen and interact with stories and then have the opportunity to create that will reflex the stories they heard.

Terrific Toddlers- Mondays

(In Person) 2yrs olds

Kids will explore the world through their senses. Focusing on the process, not the product, as children discover colors, textures and sounds through art.

Walking Adventures – Thursdays

(In person) 4-5yrs old

In this class families will have the to explore the community around them and engage with outdoor spaces. We will experience everyday learning moments through walks in and outside the center.

Wiggly Ones- Thursday

(In Person) 1yrs olds

This art and movement program will help your child build fine motor skills, hand/eye coordination, emotional skills, problem solving, intellectual skills, creative thinking when executing a project, and learning how to follow directions.

Zumbini – Thursdays

(In Person) 2yrs

The class includes dancing, singing, and playing different instruments for exposure to music and all its benefits. This class introduces the basic moves like moving side-to-side, clapping, bouncing, jumping, toe touches, etc....