



Come to a First 5 Center!

A place for moms, dads, grandparents, and other caregivers with children ages 0-5

- Fun activities for families such as art, science, music, and more
- Parenting is part natural and part learned—strengthen knowledge, develop new skills, and find local services
- Learn how children move, talk, and express their feelings

school readiness

explore

friends



Find monthly class schedules at www.first5coco.org



Everyone is welcome!

Supporting families from the start.

All services are available at no cost to you.

Please call your local First 5 Center for information on classes and upcoming events.

Antioch First 5 Center
(925) 301-4052
ANTIOCH: 300 H St., Suite F

Delta First 5 Center
(925) 516-3880
BRENTWOOD: 760 First St.

East County First 5 Center
(925) 301-4040
355 East Leland Rd.
BAY POINT/PITTSBURG

Monument First 5 Center
(925) 849-8861
CONCORD: 1736 Clayton Rd.

West County First 5 Center
(510) 232-5650
SAN PABLO: 2707 Dover Ave.



www.first5coco.org

