

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>CLASS SIGN UPS:</p>	<p>CENTER HOURS:</p> <p>MON WED, FRI 9:00-5:00 pm THU 9:00-7:30 pm SAT 8:30-1:30 pm</p> <p>HIGHLIGHTED = Virtual Classes SP = Spanish ENG = English parent classes</p>		<p>PLAY ROOM HOURS:</p> <p>MON 1:00-4:45 pm TUE 9:00-4:45 pm WED 9:00-4:45 pm THU 3:00-5:30 pm FRI 12:30-2:30 pm SAT 9:00-1:00 pm</p>		<p>1.</p> <p>Drop In: Fun Stations (24-71m) 10:00-11:00am Daddy And Me 11:30-12:30pm</p>
<p>3.</p> <p>Pitter Patter (0-11m) 9:15-10:15 am Days Of The Week (24-36m) 9:30-10:30 am Sanaciones a Través de Ritmos 11:00-12:30pm SP Sensory Math (24-36m) 3:00-4:00pm</p>	<p>4.</p> <p>Math (24-36m) 9:15-10:15 am Matemáticas (24-36m) 10:30-11:30 am SP Hop, Skip, Jump (12-23m) 2:00-3:00pm</p>	<p>5.</p> <p>Help Me Grow (18-36m) 9:00-10:00 am Bellas Storytime 9:30-10:30 am Over The Rainbow (12-36m) 9:30-10:00 am Exploremos (12-23m) 1:00-12:00 pm Pete The Cat (37-71m) 2:30-3:10pm</p>	<p>6.</p> <p>Kinder Adventures SP 9:15-10:45 am ENG 10:15-11:45 am Sound Bath Group for Moms 1:00-2:00pm ENG Amazing Me (12-23m) 3:00-4:00pm JumpBunch (37-71m) 4:30-5:30pm Crianza Con Cariño SP 6:00-8:00pm</p>	<p>7.</p> <p>Tic-Tac (0-11m) 9:00-10:00 am Down On The Farm (12-23m) 9:15-10:15 am Vitaminas de Apego 10:30-12:00 pm SP Bollywood Fitness 10:30-11:30am ENG Caring Connections 3:00-4:30pm ENG</p>	<p>8.</p> <p>Drop In: Fun Stations (24-71m) 10:00-11:00am Daddy And Me 11:30-12:30pm</p>
<p>10.</p> <p>Pitter Patter (0-11m) 9:15-10:15 am Days Of The Week (24-36m) 9:30-10:30 am Sanaciones a Través de Ritmos 11:00-12:30pm SP Sensory Math (24-36m) 3:00-4:00pm</p>	<p>11.</p> <p>Math (24-36m) 9:15-10:15 am Matemáticas (24-36m) 10:30-11:30 am SP Hop, Skip, Jump (12-23m) 2:00-3:00pm</p>	<p>12.</p> <p>Help Me Grow (18-36m) 9:00-10:00 am Over The Rainbow (12-36m) 9:30-10:00 am Exploremos (12-23m) 1:00-12:00 pm Pete The Cat (37-71m) 2:30-3:10pm</p>	<p>13.</p> <p>Kinder Adventures SP 9:15-10:45 am ENG 10:15-11:45 am Sound Bath Group for Moms 1:00-2:00pm ENG Amazing Me (12-23m) 3:00-4:00pm JumpBunch (37-71m) 4:30-5:30pm Crianza Con Cariño SP 6:00-8:00pm</p>	<p>14.</p> <p>Tic-Tac (0-11m) 9:00-10:00 am Down On The Farm (12-23m) 9:15-10:15 am Vitaminas de Apego 10:30-12:00 pm SP Bollywood Fitness 10:30-11:30am ENG Caring Connections 3:00-4:30pm ENG Couples Paint Night 6:00-8:00pm</p>	<p>15.</p> <p>Drop In: Fun Stations (24-71m) 10:00-11:00am Daddy And Me 11:30-12:30pm</p>
<p>17</p> <p>Center Closed</p>	<p>18.</p>	<p>19.</p> <p>Help Me Grow (18-36m) 9:00-10:00 am Daddy And Me Social 5:30-7:00 pm</p>	<p>20.</p> <p>Center Closed for Staff Professional Development</p> <p>Crianza Con Cariño SP 6:00-8:00pm</p>	<p>21.</p> <p>Celebrating Black History Month ,</p> <p>Jazzy Storytime! 3:00 - 4:30 pm</p>	<p>22.</p>
<p>24.</p> <p>Pitter Patter (0-11m) 9:15-10:15 am Days Of The Week (24-36m) 9:30-10:30 am Sanaciones a Través de Ritmos 11:00-12:30pm SP Sensory Math (24-36m) 3:00-4:00pm</p>	<p>25.</p> <p>Playroom Closed for Deep Cleaning</p>	<p>26.</p> <p>Help Me Grow (18-36m) 9:00-10:00 am</p> <p>Center Closed for Staff Professional Development</p>	<p>27.</p> <p>Playroom Closed for Deep Cleaning</p> <p>Crianza Con Cariño SP 6:00-8:00pm</p>	<p>28.</p>	

FOOD PANTRY IN CLASSROOM RESTOCKED EVERY 2ND THURSDAY OF THE MONTH, AVAILABLE TO ALL FAMILIES.

CLASS DESCRIPTIONS

1736 Clayton Rd, Concord, CA 94520 (925)849-8861

Child Classes

Pitter Patter (0-11m)

Join us in an exploration of your little one's development. Each week we will offer new activities to facilitate growth in the areas of communication, gross motor, fine motor, problem solving and personal social.

Tic Tac (0-11m) SPANISH

Únase a nosotros en esta clase donde tendremos diferentes actividades cada semana, incluido juego sensorial, juego práctico y desordenado.

Hop, Skip, Jump (12-23m)

In this class we will develop large motor skills by dancing, balancing, ball play, ect. This class will help support the coordination in your child muscles, and build their self esteem as you praise them for their abilities!

Exploremos (12-23m) SPANISH

Juntos exploramos temas maravillosos como la ciencia, las matemáticas y el arte.

Amazing Me (12-23m)

In this class children will explore their bodies through songs, and dance. We will discuss "Social Emotional development" each week to track our children's milestones, and teach them how to play with their peers through group physical activities.

Down On The Farm (12-23m)

We will be learning about farm animals through different art and crafts and sensory enhanced activities.

VIRTUAL: Over The Rainbow (12-36m)

In this class children will learn to recognise the colors in the rainbow creating beautiful crafts, and exploring the mixing of colors to create new ones. The areas of development we will focus on is science, with cause, and effect.

Math (24-36m)

Children will explore the world of mathematics through stories, fun activities and games.

Matematicas (24-36m) SPANISH

Los niños explorarán el mundo de las matemáticas a través de historias, actividades divertidas y juegos

Sensory Math (24-36m)

In this class children will learn how to count, recognise quantity, and become familiar with written numbers. Also, they will use their fine motor skills as they explore the different sensations of raw sensory materials. As they explore, we will intentionally teach the children math through play.

Days Of The Week (24-36m)

In this class we will be learning age appropriate ways of teaching our children about days, and time, and routines through songs, books, and art.

VIRTUAL: Pete The Cat (37-71m)

In this class each week children learn to understand language through storytelling with the pete the cat storybook selections, and have the opportunity to use their imagination to create beautiful crafts while exploring early learning of literacy.

JumpBunch (37-71m)

Children get to work on their gross motor skills as well as team work as they get familiar with a new sport every week. Especially important skill to learn before going to school.

Drop In: Fun Stations

Families will get the opportunity to explore different stations set up by the teachers. Kids will explore different areas including math, art, science, sensory play, and more!

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Adult Classes	Dad Activities
<p><u>VIRTUAL: Bollywood Fitness</u> ENGLISH An expressive form of movement based around the popular Indian film genre. Fusing classical Indian steps with folk, Latin and hip-hop styles, it offers a fast-moving and vivacious dancing workout that is great for enjoyable group exercise.</p> <p><u>Sound Bath Group for Moms</u> ENGLISH Practice self care and mindfulness by joining our weekly sound bath sessions! A Sound Bath is a deeply-immersive, full-body listening experience that intentionally uses sound to nurture your mind and body.</p> <p><u>Vitaminas de Apego</u> SPANISH Únete a este curso de 10 semanas creado para apoyar a padres e hijos en la creación de un vínculo seguro y promover la confianza en la crianza.</p> <p><u>Sanaciones a través de Ritmos</u> SPANISH ¡Experimente el poder terapéutico de la música! Disfrutarás de sesiones interactivas, aprenderás técnicas para manejar el estrés y la ansiedad, mientras mejoras tu bienestar.</p> <p><u>Crianza Con Cariño</u> SPANISH Este programa está diseñado para fortalecer, apoyar y mejorar las habilidades de la crianza en un ambiente que respeta la cultura de cada familia. Para familias con niños de 2-12 años. Se otorgará un bono basado en su asistencia y al completar el programa.</p> <p><u>Caring Connections</u> ENGLISH A Black parent focused support group aimed at supporting parents of children ages 0-5 with the ongoing stressors while utilizing a strengths based, relational approach and the 5 Protective Factors.</p>	<p><u>Daddy & Me Class (24-71m)</u> Looking for some one-on-one time with your toddler/preschooler? In this class, dads will get to explore different areas each week such as creative art, open play, science exploration, pre-math skills, music & movement, and story time. Come have fun learning together with us!</p> <p><u>Daddy & Me Social</u> In this event, dads are invited to enjoy with their child(ren) as they get to meet other dads while having dinner together, making a craft activity, and other interactive activities!</p>

Event
<p><u>Bella's Storytime (24-71m)</u> Bella from Contra Costa County Libraries will be visiting the center families with her ukelele, sharing some stories through reading and songs!</p> <p><u>Garden Project Work Days!</u> Join us for a community garden work day to help us with phase one of starting our center garden! We'll be tackling tasks like weed whacking, planting, sheet mulching and shoveling! All levels of experience are welcome, just bring your enthusiasm. Child watch will be provided, as well as lunch!</p> <p><u>VIRTUAL: Couples Paint Night</u> Join us for an interactive and fun online experience where couples can come together from the comfort of their homes to create a shared masterpiece.</p> <p><u>Celebrating Black History Month. Jazzy Storytime!</u> Join us for a special storytime celebrating Black History Month with the smooth sounds of jazz! We'll share a fun, lively story that introduces little ones to the rhythms and spirit of jazz, while honoring the influential Black musicians who shaped this timeless art form. It's a joyful, musical celebration of Black culture that will have your little one clapping, singing, and dancing along to the beat!</p>