

Monument First 5 Center: MARCH 2025

1736 Clayton Rd, Concord, CA 94520 (925)849-8861



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
CLASS SIGN UPS: 	PLAY ROOM HOURS: MON 9-10:30 am, 1-4:45 pm TUE 12-4:45 pm WED 9-4:45 pm THU 1-5:30 pm FRI 12-2:30 pm SAT 9-1 pm	CENTER HOURS: MON-WED, FRI 9:00-5:00 pm THU 9:00-7:30 pm SAT 8:30-1:30 pm Highlighted = virtual classes SP = Spanish ENG = English parent classes			1.
3. Serenamente SP 11:00-1:00 pm	4.	5. Help Me Grow (18-36m) 9:00-10:00 am	6. Crianza Con Cariño SP 6:00-8:00 pm	7. Vitaminas De Apego SP 10:30-12:00 pm	8. Garden Work Day 9:00-1:00pm
10. Locomotor Fun (12-23m) 9:30-10:30 am Serenamente SP 11:00-1:00 pm Fun Stations (18-36m) 3:30-4:30 pm	11. Zumbini (24-42m) 9:15-10:15 am Mundo De Bebé (0-11m) 9:00-10:00 am Paint Your Story ENG 10:30-12:00 pm Spring Craft (24-36m) 12:30-1:30 pm	12. Help Me Grow (18-36m) 9:00-10:00 am Spring Art (12-36m) 9:30-10:00 am Exploreemos (24-36m) SP 10:30-11:30 am Wiggle Worm (12-23m) 12:30-1:30 pm All Around The World (37-71m) 2:30-3:10 pm Daddy And Me (24-71m) 6:30-7:30 pm	13. Kinder Adventures SP 9:15-10:45 am ENG 10:15-11:45 am Storytime & Art (24-42m) 1:00-2:00 pm Space Adventures (37-71m) 4:30-5:30 pm Crianza Con Cariño SP 6:00-8:00 pm	14. Pasitos (12-23m) SP 9:00-10:00 am Story Time For Babies (0-11m) 9:15-10:15 am Vitaminas De Apego SP 10:30-12:00 pm Caring Connections ENG 3:00-4:30 pm 	15. Down By The Farm (12-23m) 10:00-11:00 am Drip Drop (24-36m) 11:30-12:30 pm
17. Locomotor Fun (12-23m) 9:30-10:30 am Serenamente SP 11:00-1:00 pm Fun Stations (18-36m) 3:30-4:30 pm 	18. Zumbini (24-42m) 9:15-10:15 am Mundo De Bebé (0-11m) 9:00-10:00 am Paint Your Story ENG 10:30-12:00 pm Spring Craft (24-36m) 12:30-1:30 pm	19. Help Me Grow (18-36m) 9:00-10:00 am Spring Art (12-36m) 9:30-10:00 am Exploreemos (24-36m) SP 10:30-11:30 am Wiggle Worm (12-23m) 12:30-1:30 pm All Around The World (37-71m) 2:30-3:10 pm Daddy And Me (24-71m) 6:30-7:30 pm	20. Kinder Adventures SP 9:15-10:45 am ENG 10:15-11:45 am Storytime & Art (24-42m) 1:00-2:00 pm Space Adventures (37-71m) 4:30-5:30 pm Crianza Con Cariño SP 6:00-8:00 pm	21. Pasitos (12-23m) SP 9:00-10:00 am Story Time For Babies (0-11m) 9:15-10:15 am Vitaminas De Apego SP 10:30-12:00 pm Caring Connections ENG 3:00-4:30 pm	22. Down By The Farm (12-23m) 10:00-11:00 am Drip Drop (24-36m) 11:30-12:30 pm
24. Locomotor Fun (12-23m) 9:30-10:30 am Serenamente SP 11:00-1:00 pm Fun Stations (18-36m) 3:30-4:30 pm	25. Zumbini (24-42m) 9:15-10:15 am Mundo De Bebé (0-11m) 9:00-10:00 am Paint Your Story ENG 10:30-12:00 pm Spring Craft (24-36m) 12:30-1:30 pm	26. Help Me Grow (18-36m) 9:00-10:00 am Spring Art (12-36m) 9:30-10:00 am Exploreemos (24-36m) SP 10:30-11:30 am Wiggle Worm (12-23m) 12:30-1:30 pm All Around The World (37-71m) 2:30-3:10 pm Daddy And Me (24-71m) 6:30-7:30 pm	27. Kinder Adventures SP 9:15-10:45 am ENG 10:15-11:45 am Storytime & Art (24-42m) 1:00-2:00 pm Space Adventures (37-71m) 4:30-5:30 pm Crianza Con Cariño SP 6:00-8:00 pm	28. Pasitos (12-23m) SP 9:00-10:00 am Story Time For Babies (0-11m) 9:15-10:15 am Rompiendo el Silencio SP 10:30-12:30 pm Caring Connections ENG 3:00-4:30 pm	29. Down By The Farm (12-23m) 10:00-11:00 am Drip Drop (24-36m) 11:30-12:30 pm
31. Center Closed 					

FOOD PANTRY IN CLASSROOM RESTOCKED EVERY 2ND THURSDAY OF THE MONTH, AVAILABLE TO ALL FAMILIES.



Child Classes

Storytime for Babies (0-11m)

A nurturing, interactive storytime experience for babies, filled with engaging books, songs, and gentle movement to stimulate early learning and bonding.

Mundo De Bebé (0-11m) *SPANISH*

Disfrute canciones, juegos y actividades de descubrimiento y socialización con su bebé y otras familias y vea cómo su bebé crece y se desarrolla en su mágico mundo.

Wiggle Worm (12-23m)

Your toddler will gain increased confidence through movement and direction and benefit emotionally while having fun.

Pasitos (12-23m) *SPANISH*

Únase a nosotros en esta clase donde tendremos diferentes actividades cada semana, incluido juego sensorial, juego práctico y desordenado y mucho más !

Locomotor Fun (12-23m)

In this class children will learn to walk, climb, kick a ball, dance, crawl, gallop and much more while socially interacting with their peers.

Down By The Farm (12-23m)

Children will learn about farm animals, along with fun craft activities each week, including songs that help early phonics skills.

VIRTUAL: Spring Art (12-36m)

This class will help build fine motor skills , creative thinking when executing Fun Spring art projects, and learning how to follow directions, social skills all online.

Fun Stations (18-36m)

Each class features sensory stations designed for you and your little ones to explore at your own pace. This teacher-free class is ideal for those who enjoy independent discovery, with no structured activities—just a space for free exploration and fun.

Exploremos (24-36m) *ESPAÑOL*

Juntos exploramos temas maravillosos como matemáticas, ciencias y arte.

Spring Craft (24-36m)

This class will help build fine motor skills, creative thinking when executing fun art projects, and learning how to follow directions, social skills all centered around the spring season

Drip Drop (24-36m)

In this class children will have an exciting opportunity to explore the world with their senses and take risks trying new things. This active engagement with the environment through art is how children develop first hand knowledge of the world around them and expand their brain's neural pathways.

Zumbini (24-42m)

The Zumbini program is designed to stimulate learning, inspire dance and movement, and strengthen the bond between parents and children.

Storytime & Art (24-42m)

A fun and interactive class that blends storytelling with hands-on art activities, encouraging creativity and imagination in young learners.

VIRTUAL: All Around The World (37-71m)

In this class children will learn about places all around the world and the natural environment. We will be creating art projects that give hands-on opportunities for learning through play.

Space Adventures (37-71m)

This class will help build fine motor skills, creative thinking when executing outer space art projects, and learning how to follow directions, and social skills.

CLASS DESCRIPTIONS

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Adult Classes	Dad Activities
<u>Paint Your Story</u> <i>ENGLISH</i> An art therapy support group where no artistic experience is necessary—explore healing, self-discovery, and personal growth while connecting with others in a compassionate and supportive environment. <u>Serenamente</u> <i>SPANISH</i> Serie para padres liderada por Promotoras. Las sesiones muestran a los participantes técnicas para controlar y gestionar el estrés así como estrategias para poder identificar esos factores de estrés y lo que hacen en nuestro cuerpo y poder controlar el estrés antes de que se agrave hasta convertirse en ansiedad o depresión. <u>Rompiendo el Silencio</u> <i>SPANISH</i> Este curso de cinco semanas te proporcionará el conocimiento y las herramientas necesarias para reconocer y abordar el abuso sexual, aprender las señales, las causas y los recursos disponibles para el apoyo. A través de un ambiente seguro y de apoyo, explorarán cómo prevenir el abuso, educar a otros y defender a quienes lo necesiten. Únete a nosotros en este viaje de aprendizaje y empoderamiento para hacer una diferencia positiva en tu comunidad. <u>Caring Connections</u> <i>ENGLISH</i> A Black parent focused support group aimed at supporting parents of children ages 0-5 with the ongoing stressors while utilizing a strengths based, relational approach and the 5 Protective Factors.	<u>VIRTUAL: Daddy & Me class (24-71m)</u> Looking for some one-on-one time with your toddler/preschooler? In this class, dads will get to explore different areas each week such as creative art, open play, science exploration, pre-math skills, music & movement, and story time. Come have fun learning together with us! <u>Daddy & Me Social</u> In this event, dads are invited to enjoy with their child(ren) as they get to meet other dads while having dinner together, making a craft activity, and other interactive activities!

Events (Sign ups will be posted as we get closer to the dates)
<u>Bella's Storytime (24-71m)</u> Bella from Contra Costa County Libraries will be visiting the center families with her ukelele, sharing some stories through reading and songs! <u>Garden Project Work Day!</u> Join us for a community garden work day, all levels of experience are welcome, just bring your enthusiasm. Child watch will be provided for children 0-3 yrs, as well as lunch! <u>Regional Park Visit: Learn about plants! (sign up required)</u> Enjoy a visit from the east bay regional parks where we will get to explore all about plants, perfect for earth day!