

DEVELOPMENTAL SCREENING FOR YOUR CHILD



WHAT IS CHILD DEVELOPMENT?

Every child develops at their own pace, but some key skills develop at specific times. These skill developments help us know if a child is on track.

The earlier possible developmental delays or other needs are identified, the sooner families can access services that support their children's growth and development.

WHAT ARE DEVELOPMENTAL SCREENINGS?

Developmental screenings check all areas of child development, including moving, hearing, seeing, thinking, communicating, and social skills.

Developmental screenings are recommended for children at 6 months, 18 months, and 24 months.

Parents can monitor and screen their children routinely using specific tools to ensure they gain the skills necessary to grow, learn, and explore.

Parents can also get their children screened by a medical professional or trusted provider.

Screenings are often free or covered by insurance and involve observing your child and answering a series of questions.

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WHY DO DEVELOPMENTAL SCREENINGS MATTER?

Developmental screening helps families understand their children's growth and development better.

Children who are screened early are more likely to receive early intervention services that help improve social and cognitive skills.

The earlier parents identify possible developmental delays or other needs, the sooner they can access resources and support for their children.

Early intervention services can also reduce the need for special education services later in a child's life.

WHERE CAN I GET MY CHILD SCREENED?

Parents can receive free screenings and assistance on how to screen their child and understand the results by visiting a First 5 Center: bit.ly/first-5-center

Parents can ask their doctor about screening their child
Parents can ask their childcare provider (if applicable) if they can provide a screening for their child

Call or text the Help Me Grow Phone line at 211: call 2-1-1 or text "hmgcoco" to 898211

WHERE CAN I GET MORE INFORMATION?

For more information and no-cost information from First 5 Contra Costa at bit.ly/first-5-center

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