






MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1. CENTER CLOSED FOR LABOR DAY! 	2. Triple P <i>SP</i> 10:30-12:30pm PLAYROOM CLOSED FOR DEEP CLEANING	3. Help Me Grow (18-36m) 9:00-10:00am PLAYROOM CLOSED FOR DEEP CLEANING	4. PLAYROOM CLOSED FOR DEEP CLEANING Crianza Con Cariño <i>SP</i> 6:00-8:00pm	5. CENTER CLOSED FOR STAFF PROFESSIONAL DEVELOPMENT	6. CENTER CLOSED
8. Rompiendo el Silencio <i>SP</i> 9:00-10:30am Sprouts <i>H/P</i> 10:45-11:45am Fall Art (24-35m) 2:30-3:30pm Daddy And Me (24-47m) 5:30- 6:30pm	9. Sense & Wonder (0-11m) 9:15-10:15am Triple P <i>SP</i> 10:30-12:30pm Locomotor Fun (12-23m) 1:30-2:30pm Danzability (48-71m) 3:30-4:30pm	10. Help Me Grow (18-36m) 9:00-10:00am Storybook Creations (12-35m) 9:30-10:00am Club de Niños <i>SP</i> (36-47m) 10:30-12:00pm My World, My Home (36-71m) 2:30-3:10pm	11. Jugando Con Matemáticas <i>SP</i> (24-35m) 9:15-10:15am Exploremos <i>SP</i> (12-23m) 11:00-12:00pm Soundbath Relaxation <i>ENG</i> 1:00-2:00pm Game Night (36-47m) 4:30-5:30pm Crianza Con Cariño <i>SP</i> 6:00-8:00pm	12. Aventura Sensorial <i>SP</i> (0-11m) 9:00-10:00am Kinder Adventures 10:30-12:00pm Staff Meeting 1:00-2:00pm Caring Connections <i>ENG</i> 3:00-4:00pm	13. Weekly Wonders (12-23m) 9:30-10:30am Jump Bunch (24-35m) 11:00-12:00pm
Hispanic Heritage Month! 15. Rompiendo el Silencio <i>SP</i> 9:00-10:30am Sprouts <i>H/P</i> 10:45-11:45am Fall Art (24-35m) 2:30-3:30pm Daddy And Me (24-47m) 5:30- 6:30pm	16. Sense & Wonder (0-11m) 9:15-10:15am Triple P <i>SP</i> 10:30-12:30pm Locomotor Fun (12-23m) 1:30-2:30pm Danzability (48-71m) 3:30-4:30pm	17. Help Me Grow (18-36m) 9:00-10:00am Storybook Creations (12-35m) 9:30-10:00am Club de Niños <i>SP</i> (36-47m) 10:30-12:00pm My World, My Home (36-71m) 2:30-3:10pm	18. Jugando Con Matemáticas <i>SP</i> (24-35m) 9:15-10:15am Exploremos <i>SP</i> (12-23m) 11:00-12:00pm Soundbath Relaxation <i>ENG</i> 1:00-2:00pm Game Night (36-47m) 4:30-5:30pm Crianza Con Cariño <i>SP</i> 6:00-8:00pm	19. Aventura Sensorial <i>SP</i> (0-11m) 9:00-10:00am Kinder Adventures 10:30-12:00pm Staff Meeting 1:00-2:00pm Caring Connections <i>ENG</i> 3:00-4:00pm	20. Dad Workshop 10:30-11:30am 
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29. Rompiendo el Silencio <i>SP</i> 9:00-10:30am Sprouts <i>H/P</i> 10:45-11:45am Fall Art (24-35m) 2:30-3:30pm Daddy And Me (24-47m) 5:30- 6:30pm	30. Sense & Wonder (0-11m) 9:15-10:15am Triple P <i>SP</i> 10:30-12:30pm Locomotor Fun (12-23m) 1:30-2:30pm Danzability (48-71m) 3:30-4:30pm	PLAY ROOM HOURS: MON 12:00-4:30pm TUE 1:00-4:30pm WED 9:00-4:30pm THU 9:00-12:30pm 2:00-5:30pm FRI 12:30-2:30pm SAT 9:00-1:00pm	Come enjoy our garden anytime during center hours (9–5 daily)! 🌿 Want to help it grow? Join our watering crew—just give us a call and tell us your preferred watering day!	CENTER HOURS: MON-WED, FRI 9:00-5:00pm THU 9:00-8:00pm SAT 8:30-1:30pm Highlighted = virtual classes i <i>SP</i> = Spanish <i>ENG</i> = English parent classes <i>H/P</i> =Hindi/Punjabi CLASS SIGN UPS: Oct 15-22 	

CLASS DESCRIPTIONS

1736 Clayton Rd, Concord, CA 94520 (925)849-8861

CHILD CLASSES

SENSE & WONDER (0-11m)

In this class, children will engage their senses through various edible materials. We'll discuss how each activity supports brain development and sensory awareness, helping kids connect with the world around them.

AVENTURA SENSORIAL (0-11m) *SPANISH*

Si eres padre de un bebé curioso y listo para la aventura, entonces esta clase es para ti. En este espacio, la curiosidad y el descubrimiento se convertirán en el centro de la experiencia de aprendizaje. A través de la exploración, en un ambiente seguro y acogedor, se estimularán los sentidos mientras se apoya el desarrollo cognitivo, motor y emocional de los participantes.

LOCOMOTOR FUN (12-23m)

Little movers will have a blast learning to walk, climb, crawl, kick, gallop, and dance—all while exploring movement and making friends in a fun, social setting!

EXPLOREMOS (12-23m) *SPANISH*

¡Juntos descubrimos y exploramos temas maravillosos como matemáticas, ciencias y arte a través del juego y la curiosidad!

WEEKLY WONDERS (12-23m)

A playful class for toddlers where curiosity leads the way! Each week, little ones will explore something new—sensory activities, hands-on science, early math, or creative art. Every session is a new adventure filled with discovery and fun!

VIRTUAL: STORYBOOK CREATIONS (12-35m)

Each week, we'll read a beloved picture book and bring the story to life with a fun, hands-on craft!

HELP ME GROW (18-36m)

An 8-week developmental playgroup designed to support children who need extra support. Participation is by referral and requires completing an ASQ. If interested, please speak with Ms. Jenny

FALL ART (24-35m)

Celebrate the season with hands-on art! Little ones will build fine motor skills, spark creativity, practice following directions, and strengthen social skills—all through fun, fall-themed projects.

JUGANDO CON MATEMÁTICAS (24-35m) *SPANISH*

Los niños descubrirán el mundo de las matemáticas a través de historias, juegos y actividades divertidas que despiertan su curiosidad y aprendizaje.

JUMPBUNCH (24-35m)

Toddlers will build gross motor skills and practice teamwork while having fun exploring a new sport each week!

CLUB DE NIÑOS (36-47m) *SPANISH*

¡Únete a nosotros para descubrir y aprender a través de divertidas actividades semanales de arte sensorial, ciencia, matemáticas, lectura, cocina y pintura!

GAME NIGHT (36-47m)

Dive into the world of games! This fun, hands-on class uses play to build early math, problem-solving, and social skills like sharing and taking turns. Every session is filled with learning, laughter, and connection!

VIRTUAL: MY HOME, MY WORLD (36-71m)

Children will explore family, community helpers, pets, favorite foods, daily routines, and much more—discovering the world around them in a fun and engaging way!

DANZABILITY (48-71m)

An inclusive dance and creative movement class where children of all abilities can express themselves, build confidence, and have fun through the joy of dance!

KINDER ADVENTURES

Children and parents will develop the skills needed to be ready for school. This special class runs from September through April. ***Please note: sign-ups for this class are already closed.***

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ADULT CLASSES	FOR DADS
<p><u>ROMPIENDO EL SILENCIO</u> <i>SPANISH</i> Aprende a reconocer y abordar la violencia doméstica, conoce las señales, causas y recursos disponibles, y descubre cómo apoyar y empoderar a tu comunidad en un entorno seguro y de apoyo.</p> <p><u>SPROUTS</u> <i>HINDI/PUNJABI</i> A welcoming space for Indian (Hindi/Punjabi) and Afghan (Dari or Pashto-speaking) parents to connect, share, and grow while celebrating culture and navigating parenting together.</p> <p><u>TRIPLE P</u> <i>SPANISH</i> Aprende estrategias prácticas para apoyar el desarrollo y bienestar de tus hijos, manejar el comportamiento, fomentar habilidades sociales y fortalecer la relación familiar.</p> <p><u>SOUNDBATH RELAXATION</u> <i>ENGLISH</i> Take time for self-care and mindfulness with our weekly sound bath sessions! Experience a deeply immersive, full-body listening journey designed to calm your mind and nurture your body.</p> <p><u>CARING CONNECTIONS</u> <i>ENGLISH</i> A support group for Black parents of children 0–5 to navigate daily stressors, build community, and strengthen your parenting using a strengths-based approach.</p> <p><u>CRIANZA CON CARIÑO</u> <i>SPANISH</i> Este programa está diseñado para fortalecer y apoyar las habilidades de crianza en un ambiente que respeta la cultura de cada familia. <i>La clase ya está en sesión; las inscripciones están cerradas.</i></p>	<p><u>HYBRID: DADDY & ME (24-47m)</u> Enjoy one-on-one time with your child! Each week, dads and children explore art, play, science, pre-math, music, and stories—learning and having fun together. Join in person at the center or online from home.</p> <p>Can't commit to a class? Join us instead for:</p> <p><u>DADDY & ME SOCIAL</u> In this event, dads and their children are invited to connect and have fun! Enjoy dinner, create a craft, and participate in interactive activities while meeting other dads.</p> <p><u>DAD WORKSHOP</u> Learn how early brain development affects language skills and discover practical ways to support your child through everyday interactions and interactive read-aloud strategies.</p>

EVENTS **(SEPARATE SIGN UPS WILL BE POSTED, FIRST COME FIRST SERVE)**

VISIT FROM REGIONAL PARK: REPTILES **(SIGN UP ONLINE: 10/10)**

Join East Bay Regional Park naturalists to learn about reptiles! Get up close with animal artifacts, discover fun facts, and meet live reptiles!

FALL FIELD TRIP TO BIG BREAK PARK! **(SIGN UP IN PERSON ONLY: 10/1)**

Families are invited to join us on October 31st for an exciting field trip to Big Break Regional Park in Oakley! We will explore nature, learn about the local environment, and enjoy a hands-on outdoor adventure. School buses will be provided to and from the park. Families are welcome to wear Halloween costumes if they like, and we'll have a parade at the park! A mandatory meeting will be held the week before to share details and collect permission slips.