

Monument First 5 Center: NOVEMBER 2025

1736 Clayton Rd, Concord, CA 94520 (925)849-8861

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
PLAY ROOM HOURS: MON- 2:30-4:45pm TUE- 1:00-4:45pm WED- 9:15-4:45pm THUR- 10:30-5:30pm FRI- 12:30-2:30pm SAT - 9:15-12:45pm	Come enjoy our garden anytime during center hours (9–5 daily)! Want to help it grow? Join our watering crew—just give us a call and tell us your preferred watering day	CENTER I MON-WED, FRI THU 9:00 SAT 8:30- Highlighted = v SP = Spanish ENG = E CLASS SIGN UPS: DEC 15-22	19:00-5:00pm -8:00pm 1:30pm irtual classes i		1.
3. Falling Pumpkins (12-23m) 9:30-10:30am Art Expressions ENG 11:00-12:00pm Folklorico Para Mamas SP 1:00-2:00pm The Color Wheel (24-36m) 2:30-3:30pm	4. Zumbini (24-36m) 9:15 10:15am Baby Signs (0-11m) 9:15-10:15am Planned and Prepped ENG 10:30-12:30pm Sensory & Movement (12-23m) 1:30-2:30pm	5. Help Me Grow 9:00-10:00am Jugando Con Matemáticas SP (24-36m)10:30-11:30am Arctic Art (12-36m) 9:30-10:00am Space Jammers (37-71m) 2:30-3:10pm Creative Creations (48-71m) 3:00-4:00pm Family Storytime (24-71m) 6:30-7:10pm	6. Club de Padres SP 9:15-10:15am Mama y Yo (0-11m) 11:00-12:30pm Holiday Art (37-47m) 4:30-5:30pm Crianza Con Carino SP 6:00-8:00pm	7. Aventuras de Kinder SP 9:30-10:45am Kinder Adventures ENG 11:00-12:15pm Mi Taller Creativo SP (37-47m) 12:30-1:30pm Caring Connections ENG 3:00-4:00pm	8. Weekly Wonders (12-23m) 9:30-10:30am Drop in: Fun stations (18-71m)11:30-12:30pm
10. Falling Pumpkins (12-23m) 9:30-10:30am Art Expressions ENG 11:00-12:00pm Folklorico Para Mamas SP 1:00-2:00pm The Color Wheel (24-36m) 2:30-3:30pm	CENTER CLOSED HAPPY VETERANS DAY.	12. Help Me Grow 9:00-10:00am Jugando Con Matemáticas SP (24-36m) 10:30-11:30am Arctic Art (12-36m) 9:30-10:00am Space Jammers (37-71m) 2:30-3:10pm Creative Creations (48-71m) 3:00-4:00pm Family Storytime (24-71m) 6:30-7:10pm	13. Club de Padres SP 9:15-10:15am Mama y Yo (0-11m) 11:00-12:30pm Holiday Art (37-47m) 4:30-5:30pm Crianza Con Carino SP 6:00-8:00pm	14. Aventuras de Kinder 9:30-10:45am Kinder Adventures 11:00-12:15pm Mi Taller Creativo SP (37-47m) 12:30-1:30pm Caring Connections ENG 3:00-4:00pm	15. Weekly Wonders (12-23m) 9:30-10:30am Drop in: Fun stations (18-71m)11:30-12:30pm
17. Falling Pumpkins (12-23m) 9:30-10:30am Art Expressions ENG 11:00-12:00pm Folklorico Para Mamas SP 1:00-2:00pm The Color Wheel (24-36m) 2:30-3:30pm	2umbini (24-36m) 9:15 10:15am Baby Signs (0-11m) 9:15-10:15am Keeping our kids safe ENG/ SP 10:30-11:30pm Sensory & Movement (12-23m) 1:30-2:30pm	19. Help Me Grow 9:00-10:00am Jugando Con Matemáticas SP (24-36m) 10:30-11:30am Arctic Art (12-36m) 9:30-10:00am Space Jammers (37-71m) 2:30-3:10pm Creative Creations (48-71m) 3:00-4:00pm Family Storytime (24-71m) 6:30-7:10pm	20. Club de Padres SP 9:15-10:15am Mama y Yo (0-11m) 11:00-12:30pm Holiday Art (37-47m) 4:30-5:30pm Crianza Con Carino SP 6:00-8:00pm	Aventuras de Kinder 9:30-10:45am Kinder Adventures 11:00-12:15pm Mi Taller Creativo SP (37-47m) 12:30-1:30pm Caring Connections ENG 3:00-4:00pm TURKEY DISTRIBUTION	22. Weekly Wonders (12-23m) 9:30-10:30am Drop in: Fun stations (18-71m)11:30-12:30pm
24.	25. Zumbini (24-36m) 9:15 10:15am Baby Signs (0-11m) 9:15-10:15am We Care Thrive Social ENG/ SP 10:30-12:30pm Sensory & Movement (12-23m) 1:30-2:30pm	26. Help Me Grow 9:00-10:00am	CENTER CLOSED HAPPY THANKSGIVING	CENTER CLOSED	CENTER CLOSED



Monument First 5 Center: NOVEMBER- DECEMBER 2025 CLASS DESCRIPTIONS



1736 Clayton Rd, Concord, CA 94520 (925)849-8861

CHILD CLASSES

BABY SIGNS (0-11m)

In this class we will teach baby sign language. This language helps infants and toddlers express themselves without crying or throwing tantrums. Topics include food, emotions, actions, and familiar words.

MAMÁ Y YO (0-11m) SPANISH

Este grupo, acompañado por dos terapeutas perinatales, está abierto a mamás y sus bebés durante esta etapa tan especial de la maternidad. Aquí encontrarás una comunidad de otras mamás recientes, recibirás apoyo emocional y tendrás momentos semanales para conectar con tu bebé, en un espacio pensado especialmente para acompañarte en el postparto.

SENSORY & MOVEMENT (12-23m)

Join us for a fun class where kids get to explore the world of sensory Through activities, messy play and more .

FALLING PUMPKINS (12-23m)

This class will help build fine motor skills, creative thinking when executing fun art projects, and learning how to follow directions, social skills all centered around the fall season.

WEEKLY WONDERS (12-23m)

A playful class for toddlers where curiosity leads the way! Each week, little ones will explore something new—sensory activities, hands-on science, early math, or creative art. Every session is a new adventure filled with discovery and fun!

VIRTUAL: ARCTIC ART (12-35m)

This class will help build fine motor skills, creative thinking when executing Fun Winter craft projects, and learning how to follow directions, social skills all online.

HELP ME GROW (18-36m)

An 8-week developmental playgroup designed to support children who need extra support. <u>Participation is by referral and requires completing an ASQ. If interested, please speak with Ms. Jenny</u>

THE COLOR WHEEL (24-35m)

Children will be exploring different stations and discovering their unique qualities through their shapes, colors and incorporating different activities .

JUGANDO CON MATEMÁTICAS (24-35m) SPANISH

Los niños descubrirán el mundo de las matemáticas a través de historias, juegos y actividades divertidas que despiertan su curiosidad y aprendizaje.

ZUMBINI (24-35m)

A Class for children to promote dancing, physical activity, social interaction, following instructions, and having fun with musical instruments

VIRTUAL: FAMILY STORYTIME (24-71m)

A fun and interactive online class for the family that blends storytelling, singing and encouraging creativity and imagination in young learners. (Dads are invited to join)

MI TALLER CREATIVO (36-47m) SPANISH

Bienvenidos a este viaje artístico donde descubrirás texturas, colores, y formas a través de actividades divertidas y en un entorno estimulante y libre, que te permitan expresar tus ideas y dejar volar tu imaginación

HOLIDAY ART (36-47m)

This class will help build fine motor skills, creative thinking when executing fun art projects, and learning how to follow directions, social skills all centered around the holiday season

VIRTUAL: SPACE JAMMERS (36-71m)

This class will help build fine motor skills, creative thinking when executing outer space art projects, and learning how to follow directions, and social skills all while online

CREATIVE CREATIONS (48-71m)

Dive into a world of creativity with creative creations arts adventure, where kids explore painting, clay, and hands-on crafts, through experimenting with colors, textures, and techniques, children develop fine motor skills, confidence, and their own unique masterpiece

DROP IN:FUN STATIONS(18-71M)

Families will get the opportunity to explore different stations set up by the teachers. Kids will explore different areas including math, art, science, sensory play, and more!

KINDER ADVENTURES

Children and parents will develop the skills needed to be ready for school. This special class runs from September



Monument First 5 Center: NOVEMBER- DECEMBER 2025 CLASS DESCRIPTIONS



1736 Clayton Rd, Concord, CA 94520 (925)849-8861

	through April. <i>Please note: sign-ups for this class are already closed.</i>
--	--

ADULT CLASSES	FOR DADS
FOLKLÓRICO PARA MAMÁS SPANISH	DADDY & ME SOCIAL
Clase que rescatan y transmiten tradiciones mexicanas, fortaleciendo la	In this event, dads and their
identidad cultural mientras se disfruta del arte del baile	children are invited to connect and
	have fun! Enjoy dinner, create a
CLUB DE PADRES SPANISH	craft, and participate in interactive
En esta clase se reunirán para discutir y aprender sobre temas importantes	activities while meeting other
relacionados con los niños, las familias, la comunidad y ustedes mismos. La	dads.
clase está diseñada para permitir que establezcan vínculos y sientan el apoyo	
de los demás participantes.	DAD FIELDTRIP
	Dads are invited to join us on
ART EXPRESSIONS ENGLISH	December 17th for an exciting field
In this class, parents will explore their emotions and creativity through	trip to Big Break Regional Park in
painting. No art experience needed—just a willingness to express, connect,	Oakley! We will explore nature,
and create in a supportive space.	learn about the local environment,
	and enjoy a hands-on outdoor
CARING CONNECTIONS ENGLISH	adventure.
A support group for Black parents of children 0–5 to navigate daily stressors,	
build community, and strengthen your parenting using a strengths-based	
approach.	
CRIANZA CON CARIÑO SPANISH	
Este programa está diseñado para fortalecer y apoyar las habilidades de	

EVENTS (SEPARATE SIGN UPS WILL BE POSTED, FIRST COME FIRST SERVE)

PLANNED AND PREPPED ENGLISH (SIGN UP ONLINE: 10/21)

en sesión; las inscripciones están cerradas.

Join us on November 4th for a one time hands-on workshop for parents, we will be cooking 1-2 delicious recipes while exploring practical kitchen skills. Participants will learn about meal planning, keeping a well stocked pantry, blanching and freezing vegetables, and the basics of essential cookware- all to make home cooking easier and more enjoyable. Child care will be provided

KEEPING OUR KIDS SAFE BILINGUAL ENG/ SPAN (SIGN UP ONLINE: 11/4)

crianza en un ambiente que respeta la cultura de cada familia. La clase ya está

Join us on November 18th for a Family- Focused conversation hosted by Mothers Against Drunk Driving (MADD). Learn in a supportive, welcoming environment about how alcohol, cannabis, and everyday medications can affect driving, and discover simple, practical ways to keep your children safe while fostering healthy habits at home. Child care will be provided and raffle



Monument First 5 Center: NOVEMBER- DECEMBER 2025 CLASS DESCRIPTIONS



1736 Clayton Rd, Concord, CA 94520 (925)849-8861

WE CARE THRIVE SOCIAL BILINGUAL ENG/ SPAN (SIGN UP ONLINE: 11/12)

Join us for a social hosted by WE CARE SERVICES on November 25th to learn more about parents being their child's first teachers, parenting isn't always easy, especially with challenges, we care now offers free, in home support through the nationally recognized parents as teachers program, join us to learn more Child care will be provided

SANTA DAY VISIT (SIGN UP IN PERSON ONLY: 12/1)

Santa is coming! Take family photos by appointment only. Sign- Ups are in person only

RUTH BANCROFT VISIT (SIGN UP ONLINE: 12/8)

Join us for a visit from Ruth Bancroft on December 15th for a fun learning experience all about plants, we will be exploring different kinds plants as well as making a fun craft, join us for some fun