

Centering Black Families: Building Pathways to Access and Connection

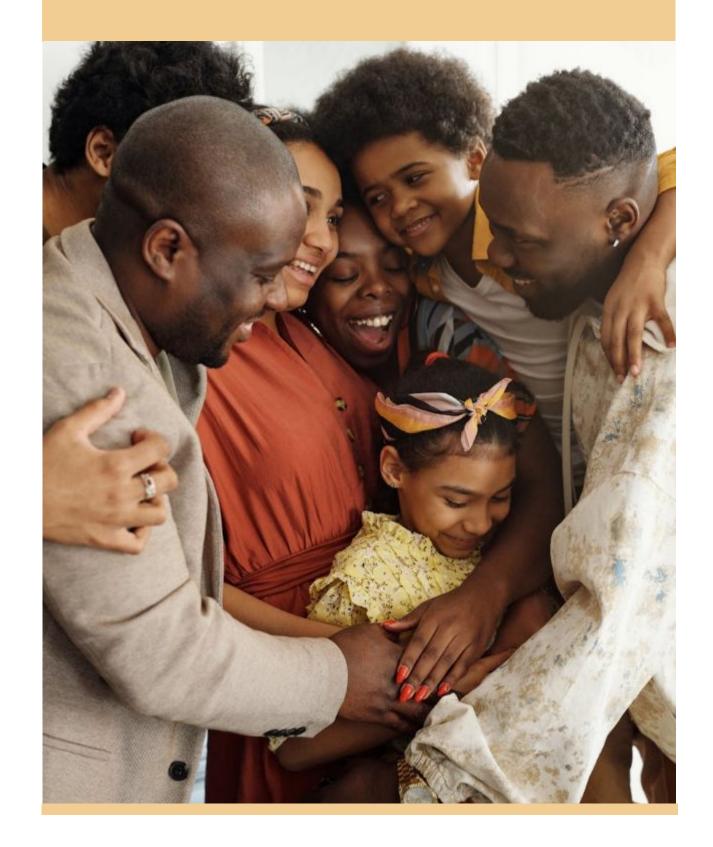
Nisaa Kirtman, Ph.D. & Ready Kids East County October 29, 2025



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Purpose of Tonight's Session

- Listen, learn, and co-create strategies for engaging Black parents/caregivers and families.
- Share what research tells us about how Black families connect to resources.
- Build accountability partnerships between families and community organizations.





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Structure of Our Time Together

Research Review (15-20 min)

- Group Discussion
 (40-45 min)
- Next Steps & Partners

 accountability & follow-up

What We Know

- 1 Services exist, but Black families aren't always showing up.
- Parents cite: unwelcoming environments, hard-to-reach staff, long travel distances.

Most learn of resources through word of mouth.



National Research Insights

Text-based family engagement improves early literacy—especially when messages are timely, actionable, and culturally tailored.

Co-designed, representative content increases parent trust and retention, particularly among Black families.

Parenting programs with racial socialization (e.g., EMBRace, SAAF) strengthen youth coping, communication, and wellbeing.

Authentic, two-way communication fosters inclusion and sustained engagement.

Personalization matters: universal messages have limited effects without contextual supports.

Text messaging remains equitable—mobile access is nearly universal among Black parents.

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What Black Parents Want

- Real depictions of family and community diversity.
- Authentic, relatable language.
- Support tailored to cultural contexts—not 'one-size-fits-all'.
- Opportunities for mutual peer support. (Turner et al., 2019; Kirtman et al., 2023)





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Frameworks That Work

Racial Socialization

Pride and open dialogue about race.

Community Cultural
Wealth (Yosso, 2025)
Leveraging faith, family, ar

Leveraging faith, family, and community assets.

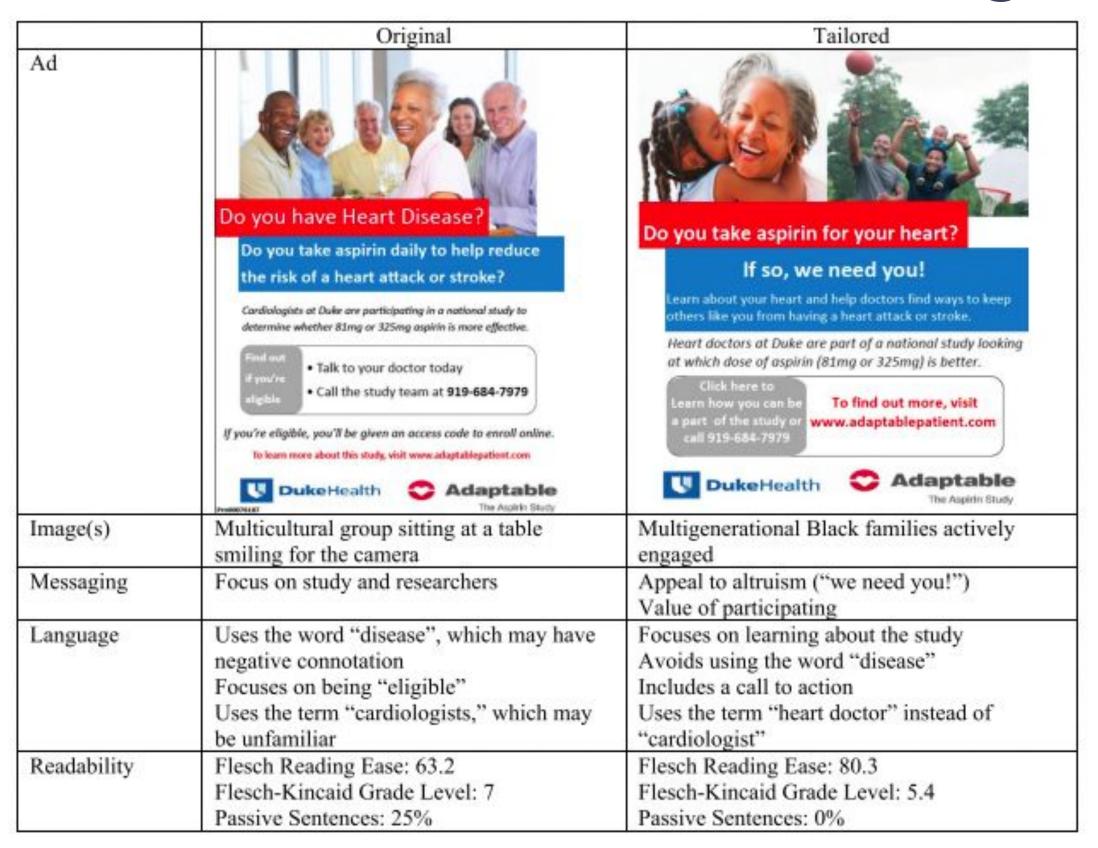
Cultural Affirmation Practices

Messages of resilience and belonging.

4 Culturally Tailored Interventions

Adapting imagery, language, and delivery.

Example: What is Cultural Tailoring?



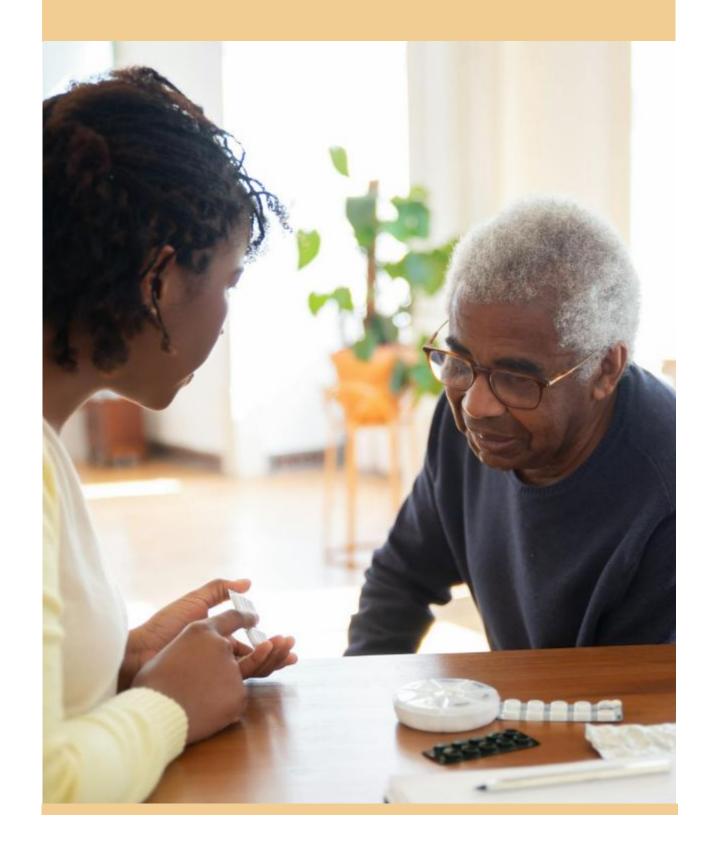
Development and pilot implementation of guidelines for culturally tailored research recruitment materials for African Americans and Latinos

(Cunningham-Erves et al., 2022)

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Local Engagement Models

- Faith-based partnerships enhance trust and access.
- Parent ambassadors / community connectors strengthen outreach.
- Food, childcare, and incentives reduce barriers.
- Informal gatherings (e.g., dinner discussions) enable honest dialogue (Cooper, 2021; Kania et al., 2018)





What This Means For Us

- Build personal referral pathways, not bureaucratic systems.
- Use trusted messengers churches, barbershops, schools, advocates.
- Offer multiple entry points: text, flyers, personal invites, word-of-mouth.
- Center parents as partners, not clients. (Thomas & Comer, 2020)



Activity: Group Discussions



Discussion Prompt 1: Access

- What helps or hinders access to resources/events/information for you?
- What outreach channels are most trusted?
- How can parents & partners share responsibility in closing gaps?



Discussion Prompt 2: Partnership

- How can organizations and partners build trust?
- What's worked—or not worked—in your experience?
- What shared commitments can we make tonight?



Discussion Prompt 3: Accountability

- How can you hold partners accountable?
- What does transparency look like?
- What tools or templates can we co-create?



During Dinner

Enjoy conversation and connection!

Table prompts:

- 1. What makes you feel welcome in a space?
- 2. How can we build bridges between partners and parents/caregivers?

Partnership Template for Outreach (Example)

Partner	Shared Goal	Community Connector	Accountabilit y Step	Sucess Indicator
Local Faith Org	Support Black parents' engagement	Pastor [Name]	Monthly check-ins	20 new families enrolled



Community Connectors & Follow Up

- 1 Identify 3-5 parents as community connectors
- 3 Host quarterly check-ins

- 2 Summarize findings in a community-facing report
- Align with schools, health networks, and youth orgs



Closing Reflection

- "You are the experts of your own experience."
- This work is not about fixing community members, but about fixing systems to meet them where they are.
- Goal: belonging, trust, and shared accountability. (Tervalon & Murray-García, 1998; Kirtman et al., 2025)



THANK YOU!

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