

Delta First 5 Center January 2026

760 1st. Brentwood, CA 94513 • (925) 516-3880
first5coco.org Facebook: Delta First 5 Center

Delta First 5 Center



In partnership with:



Open and Free Play Hours

Monday-Friday 8:00-5:00

Saturday 8:00-1:00

Lunch Closure 12:45-1:15

Monday-Friday

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Parent Classes in Blue Children Classes in Green Events in purple Scan the QR code to enroll			CLOSED 	CLOSED	CLOSED
CLOSED	Food Distribution Event (Adults) 11-12:30	Virtual Fathers Circle (Adults) 6-7	Primero Nuestros Niños (Adults) 9-11 Virtual Parent Café (Adults) 3-4	Read Aloud with Ms. Love (All Ages) 10-11	Super Saturday Surprise Class (2-5yrs) 10-11
Session Begins Bilingual Storytime and Art AM (3 yrs) 9:30-10:30 Bright & Beyond For Babies AM (6-12mos) 10:30-11:30 Bilingual Storytime and Art PM (3yrs) 2-3 Bright & Beyond for Babies PM (6-12mos) 3:30-4:30 Virtual Office Hours 5-6:30	Help Me Grow (By Invite) 9-10 Count with Me (2-3yrs) 10-11 Help Me Grow (By Invite) 11-12 Ready for Learning (3yrs) 1:30-2:30 Let's Count and Match with Ms. Bernice (3-5) 4:30-5:30 Virtual Office Hours 5-6:30	Art Adventures AM (3yrs) 9-10 Bridge to Kindergarten (4-5yrs) 11-12:30 Road Map to Kindergarten (Adults) 11-12:30 Art Adventures PM (3yrs) 2-3 Animal Adventures (3-5yrs) 3:30-4:30 Virtual Parenting Together (Adults) 5-6	Primero Nuestros Niños (Adults) 9-11 Bright & Beyond AM (1yr) 9:30-10:30 Virtual Coffee with the CRS (Adults) 10-11 Cultural Adventures AM (3-5 yrs) 10:30-11:30 Bright & Beyond PM (1yr) 2-3 Cultural Adventures PM (3-5 yrs) 3:30-4:30	Winter Arts and Crafts (2-3yrs) 9-10 Preschool Time (3-5yrs) 10-11 Jump Bunch (2-3 yr) 11-12 STEM with CC Librarians (All Ages) 1:15-2:00 Danzability (3yrs) 2-3	CLOSED
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Bilingual Storytime and Art AM (3 yrs) 9:30-10:30 Bright & Beyond For Babies AM (6-12mos) 10:30-11:30 Bilingual Storytime and Art PM (3yrs) 2-3 Bright & Beyond for Babies PM (6-12mos) 3:30-4:30 Virtual Office Hours 5-6:30	Help Me Grow (By Invite) 9-10 Count with Me (2-3yrs) 10-11 Help Me Grow (By Invite) 11-12 Ready for Learning (3yrs) 1:30-2:30 Let's Count and Match with Ms. Bernice (3-5) 4:30-5:30 Virtual Office Hours 5-6:30	Art Adventures AM (3yrs) 9-10 Bridge to Kindergarten (4-5yrs) 11-12:30 Road Map to Kindergarten (Adults) 11-12:30 Art Adventures PM (3yrs) 2-3 Animal Adventures (3-5yrs) 3:30-4:30 Virtual Parenting Together (Adults) 5-6	Primero Nuestros Niños (Adults) 9-11 Bright & Beyond AM (1yr) 9:30-10:30 Cultural Adventures AM (3-5 yrs) 10:30-11:30 Bright & Beyond PM (1yr) 2-3 Cultural Adventures PM (3-5 yrs) 3:30-4:30	Winter Arts and Crafts (2-3yrs) 9-10 Preschoolers Time (3-5yrs) 10-11 Jump Bunch (2-3 yr) 11-12 Danzability (3yrs) 2-3	Super Saturday Surprise Class (2-5yrs) 10-11

****Food Pantry, Clothing Swap & Free Book Swap Always Available During Open Hours**

For Virtual Office Hours Mondays & Wednesday 5-6:30pm call Rhea at 925-783-9199 or Chelsea at 925-758-0202

Delta First 5 Center ***Class and Event Descriptions*** ***January/February 2026***

Delta First 5 Center



In partnership with:



Animal Adventures - Wednesdays

(In person) 3-5yrs

Come explore with us as we find out where different animals live! Each week, we'll visit a new continent and meet the animals that live there. We'll have fun learning about each animal and the special places they call home.

Art Adventures - Wednesdays

(In Person) 3yrs

In this class, children will have the opportunity to engage with different materials and explore their creating side. Then we will practice sharing what they create with others.

Bilingual Storytime & Art - Mondays

(In Person) 3yrs

Practicing the Spanish language. Let's explore the first steps of reading and singing! In this class, we'll explore many books and other activities focused on fun topics.

Bridge to Kindergarten – Wednesdays – CLASS FULL

(In Person) 4-5yrs

Children and parents will begin to learn the skills that will be necessary to be ready for school. Activities will directly coincide with the California standards for kindergarten. This class begins in the Fall and continues through the spring.

Bright & Beyond - Thursdays

(In Person) 1yr

This class will demonstrate how to use the Bright & Beyond activity cards at home with your child. Bright & Beyond activity cards encourage children's development with easy, enjoyable parent and child activities. The cards provide intriguing, age specific activities that promote thinking, coordination, creativity, and more by using simple, everyday items that families already have at home.

Bright & Beyond for Babies - Mondays

(In Person) 6-12mos

This class will demonstrate how to use the Bright & Beyond activity cards at home with your baby. Bright & Beyond activity cards encourage children's development with easy, enjoyable parent and baby activities. The cards provide intriguing, age specific activities that promote thinking, coordination, creativity, and more by using simple, everyday items that families already have at home.

Count with Me - Tuesdays

(In Person) 2-3yrs

Engaging the parent/caregiver in having comfort and a better understanding on how to incorporate math in the child's everyday life. Enriching fun math and reading that encourages counting, reading and movement while embracing love for literacy.

Cultural Adventures - Thursdays

(In Person) 3-5yrs

Come and learn how various cultures celebrate events, create toys and also learn new games to enhance the learning experience. Each week a different culture will be featured with a theme, song and activity.

Danzability - Fridays

(In Person) 3 yrs

In this class children and families will get a chance to explore different types of dances from all around the world for any abilities. This class will be offered bilingual and will engage families to explore their physical skills through movement.

Jump Bunch – Fridays

(In Person) 2-3yrs

This class will engage children in the development of their gross motor skills while practicing sequencing patterns and group work by introducing the to play organized sport activities.

Let's Count & Match with Ms. Bernice – Mondays

(In Person) 3-5yrs

Parents and caretakers will explore and engage with their children in a fundamental way of learning and matching numbers and colors while children enhance their memory skills through using everyday materials.

Preschool Time – Fridays

(In Person) 3-5yrs

This class will provide quick, fun and creative tools to enhance your child's development and to strengthen the special bond with your preschool child.

Ready for Learning – Tuesdays

(In Person) 3yrs

In this class children will be introduced to concepts of colors, shapes, and letters. They will build on skills such

Super Saturday Surprise Class - Saturdays

(In person) 2-5 yrs

Join us for our Super Saturday Surprise Class! Each week brings a new fun-filled activity for parents and children ages 2–5 to enjoy together. From creative crafts to playful games, you never know what exciting surprise awaits

Winter Arts & Crafts – Fridays

(In Person) 2-3yrs

Join us for our winter themed arts and crafts day!

Primero Nuestros Niños (Spanish) – Thursdays

(In person) Adults

Esta clase son 10 semanas. Esta clase se enfocan en la crianza de los niños. Se darán herramientas a los padres para apoyar el desarrollo emocional, social, mental de sus hijos.

Road Map to Kindergarten – Wednesdays - CLASS FULL

(In Person) Adults

This class is designed to help parents prepare for their child's transition to kindergarten. Parents will receive a Road Map of the year that will help increase their knowledge of child development and school readiness. This class begins in the Fall and continues through the spring.

Virtual Parenting Together - Wednesdays

(Virtual) Adults

In this class parents will have an opportunity to come together and talk about current parenting topics and the successes and challenges they face in the phase. Parents will participate in discussions and listen to information delivered in a variety of ways.

CoCo Doulas Info Session – February 19

(In person) Adults

Come together to learn about what CoCo Doulas do for pregnant, birthing and shortly after delivering mothers as they navigate this wonderful and critical stage in a woman's life. Supporting the doula-positive community is part of our vision for healthy births and maternal experiences for Black families in Contra Costa County.

Father Circle – January 7

(Virtual) Adults

A safe and supportive space for Contra Costa County fathers with a baby under one or on the way to connect, share, and grow in confidence together.

Food Distribution – January 6 & 20, February 3 & 17

(In person) Adults

Join us to pick up food for your family to help stretch the budget. This is an opportunity to obtain supplies and talk about other ways to feed your family.

Melanin Group Chat – January 22, February 19

(In person) Adults

Our support group is a safe space for People of Color to discuss unique racial and cultural experiences and provide connection and healing through peer support.

Read Aloud with Ms. Love – January 9

(In person) All Ages

One of our center Mom's is an author! Come by for a read aloud of her new book.

STEM with Contra Costa Librarians – January 16, February 20

(In person) All Ages

Come explore the world of STEM (science, technology, engineering, and mathematics with the Contra Costa Libraries through fun educational activities).

TK Classroom Tour Event @ Mary Casey Black Elementary School – January 24

(In person) All Ages

Come learn about TK and tour a classroom. Spaces limited.

Virtual Coffee with CRS – January 15 & February 12

(Virtual) Adults

Join the CRS to learn about available resources in the community and to discuss home safety topics. This is a bilingual virtual workshop with our two community resource specialists, Bany, Chelsea & Rocio.

Virtual Parent Cafe – January 8 & February 26

(Virtual) Adults

Parent Cafe engage parents/caregivers in meaningful conversations about what matters most – their family and how to strengthen that family by building protective factors.

Virtual Office Hours – Mondays and Tuesdays

(Virtual) Adults

If you need assistance or would like to speak with us after hours, please give Ms. Rhea or Ms. Chelsea a call between 5-6:30pm.