

Monument First 5 Center: FEBRUARY 2026

1736 Clayton Rd, Concord, CA 94520 (925)849-8861



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>2.</p> <p>Ballet (36-47m) 9:30-10:30am Little Book Worm (0-11m) 9:30-10:30am Art Expression ENG 11:00-12:00pm</p>	<p>3.</p> <p>Zumbini (12-23m) 9:15-10:00am IMAS (0-11m) 9:15-10:15am Sesame Street Fun (12-35m) 9:30-10:00am La Cocina Importa SP 10:30-12:30pm Where's Waldo? (36-71m) 2:00-2:45pm Garden With Me (24-35m) 3:00-4:00pm</p>	<p>4.</p> <p>Help Me Grow (18-36m) 9:00-10:00am Señas y Baile SP (12-23m) 10:30-11:30am SPLAT! (24-35m) 1:00-2:00pm Weekly Wonders (48-71m) 3:00-4:00pm Family Storytime (2-5y) 6:30-7:10pm</p>	<p>5.</p> <p>Club de Padres SP 9:15-10:45am Mamá y Yo (0-11m) 11:00-12:30 pm Toddler Party Time (12-23m) 1:00-2:00pm Game Night (36-47m) 4:30-5:30pm Crianza Con Cariño SP 6:00-8:00pm</p>	<p>6.</p> <p>Manitas Creativas SP (24-35m) 9:15-10:15am Kinder Adventures 10:30-12:00pm Caring Connections ENG 3:00-4:30pm</p>	<p>7.</p> <p>Drop in (24-71m): Playdough Making 10:00-11:00am</p>
<p>9.</p> <p>Ballet (36-47m) 9:30-10:30am Little Book Worm (0-11m) 9:30-10:30am Art Expression ENG 11:00-12:00pm</p>	<p>10.</p> <p>Zumbini (12-23m) 9:15-10:00am IMAS (0-11m) 9:15-10:15am Sesame Street Fun (12-35m) 9:30-10:00am La Cocina Importa SP 10:30-12:30pm Where's Waldo? (36-71m) 2:00-2:45pm Garden With Me (24-35m) 3:00-4:00pm</p>	<p>11.</p> <p>Help Me Grow (18-36m) 9:00-10:00am Señas y Baile SP (12-23m) 10:30-11:30am SPLAT! (24-35m) 1:00-2:00pm Weekly Wonders (48-71m) 3:00-4:00pm Family Storytime (2-5y) 6:30-7:10pm</p>	<p>12.</p> <p>Club de Padres SP 9:15-10:45am Mamá y Yo (0-11m) 11:00-12:30 pm Toddler Party Time (12-23m) 1:00-2:00pm Game Night (36-47m) 4:30-5:30pm Crianza Con Cariño SP 6:00-8:00pm</p>	<p>13.</p> <p>Manitas Creativas SP (24-35m) 9:15-10:15am Kinder Adventures 10:30-12:00pm Caring Connections ENG 3:00-4:30pm</p>	<p>14.</p> <p>CENTER CLOSED FOR PRESIDENT'S DAY Happy Valentine's Day!</p>
<p>16.</p> <p> HAPPY PRESIDENT'S DAY</p>	<p>17.</p> <p>Zumbini (12-23m) 9:15-10:00am IMAS (0-11m) 9:15-10:15am Sesame Street Fun (12-35m) 9:30-10:00am La Cocina Importa SP 10:30-12:30pm Where's Waldo? (36-71m) 2:00-2:45pm Garden With Me (24-35m) 3:00-4:00pm</p>	<p>18.</p> <p>Help Me Grow (18-36m) 9:00-10:00am Señas y Baile SP (12-23m) 10:30-11:30am SPLAT! (24-35m) 1:00-2:00pm Weekly Wonders (48-71m) 3:00-4:00pm Family Storytime (2-5y) 6:30-7:10pm</p>	<p>19.</p> <p>Club de Padres SP 9:15-10:45am Mamá y Yo (0-11m) 11:00-12:30 pm Toddler Party Time (12-23m) 1:00-2:00pm Game Night (36-47m) 4:30-5:30pm Crianza Con Cariño SP 6:00-8:00pm</p>	<p>20.</p> <p>Manitas Creativas SP (24-35m) 9:15-10:15am Kinder Adventures 10:30-12:00pm Caring Connections ENG 3:00-4:30pm</p>	<p>21.</p> <p>EVENT: Celebrating Black History Month! 10:30-12:00pm</p>
<p>23.</p> <p>Ballet (36-47m) 9:30-10:30am Little Book Worm (0-11m) 9:30-10:30am Art Expression ENG 11:00-12:00pm</p>	<p>24.</p> <p>Art Expression ENG 11:00-12:00pm Garden With Me (24-35m) 3:00-4:00pm</p>	<p>25.</p> <p>Help Me Grow (18-36m) 9:00-10:00am Daddy And Me Social 5:30-7:00pm</p>	<p>26.</p> <p>CENTER CLOSED BEFORE 12PM FOR STAFF TRAINING Crianza Con Cariño SP 6:00-8:00pm</p>	<p>27.</p>	<p>28.</p>
		<p><u>CLASS SIGN UPS:</u></p> <p>Feb 17-22</p> 	<p><u>CENTER HOURS:</u> MON-WED, FRI 9:00-5:00pm THU 9:00-8:00 pm SAT 8:30-1:30pm Highlighted = virtual classes SP = Spanish ENG = English parent classes</p>		<p><u>PLAY ROOM HOURS:</u> MON-12:30-4:45pm TUES- 1:00-4:45pm WED- 9:15-4:45pm THUR- 1:00-5:30pm FRI- 12:30-2:30pm SAT- 9:15-12:45pm</p>

FOOD PANTRY IN CLASSROOM RESTOCKED EVERY **2ND THURSDAY** OF THE MONTH, AVAILABLE TO ALL FAMILIES.

CLASS DESCRIPTIONS

1736 Clayton Rd, Concord, CA 94520 (925)849-8861

CHILD CLASSES

IMAS (0-11m) *SPANISH/ENGLISH*

In this class we will teach baby sign, infant massage, and sensory exploration. This class helps infants and toddlers express themselves without crying or throwing tantrums. Topics include food, emotions, actions, and familiar words.

LITTLE BOOK WORM (0-11m)

In this class babies will learn to develop attention, and respond to the movements, and activities provided each week.

We will engage the children with stories, and build language as they learn through play.

SEÑAS Y BAILE (12-23m) *SPANISH*

En esta clase, los bebés aprenderán a desarrollar la atención y a responder a los movimientos y actividades que se ofrecen cada semana. Los niños interactuarán con música e instrumentos, a la vez que moverán su cuerpo para estimular la imitación y la curiosidad mientras aprenden.

TODDLER PARTY TIME (12-23m)

In this class children will learn to develop attention, and respond to the movements, and activities provided each week.

We will engage the children with music, and instruments, and most importantly build friendships with peers as they learn through play.

ZUMBINI (12-23m)

Class designed to introduce children to music and for families to learn the benefits of music. Children will be able to play with some instruments and other materials.

VIRTUAL: SESAME STREET FUN (12-35m)

In this class children will use the sesame street characters to learn about colors through sensory play. Each week we will recognise a sesame street character, and use imagination, and play to create unique crafts.

HELP ME GROW (18-36m)

An 8-week developmental playgroup designed to support children who need extra support. **Participation is by referral and requires completing an ASQ. If interested, please speak with Ms. Jenny**

GARDEN WITH ME (24-35m)

In this class we will be learning how to plant, and grow seeds, the importance of water and sunlight for gardening, and gardening safety skills.

MANITAS CREATIVAS (24-35m) *SPANISH*

¡Bienvenidos a un espacio donde la imaginación cobra vida a través del color, las formas y las múltiples texturas! En nuestra clase su pequeño artista se sumergirá en un mundo de exploración sensorial y expresión creativa. Cada sesión será una aventura llena de descubrimientos y ¡mucho diversión!

SPLAT! (24-35m)

In this class children learn to explore the world through their senses. We will focus on the process, not the product, as children discover colors, textures and sounds through art and play.

VIRTUAL:FAMILY STORYTIME (24-71m)

A fun and interactive online class for the family that blends storytelling, singing and encouraging creativity and imagination in young learners. **(DADS ARE ENCOURAGED TO JOIN!)**

GAME NIGHT (36-47m)

Explore the world of play with your little one! This fun, hands-on class uses play to develop early math skills, problem-solving abilities, and social skills like sharing and taking turns. Every session is filled with connection, learning, and laughter!

BALLET (36-47m)

This class introduces young children to pre-ballet through basic movements, proper body alignment, simple ballet terms, and musicality. Dance helps build creativity, discipline, and teamwork.

VIRTUAL: WHERE'S WALDO (36-71m)

In this class each week children learn to look, find waldo in fun matching games, and develop their early start to mathematics with weekly pattern matching imitating the iconic waldo children stories.

WEEKLY WONDERS (48-71m)

A playful class for toddlers where curiosity leads the way! Each week, little ones will explore something new—sensory activities, hands-on science, early math, or creative art. Every session is a new adventure filled with discovery and fun!

KINDER ADVENTURES

Children and parents will develop the skills needed to be ready for school. This special class runs from September through April. ***Please note: sign-ups for this class are already closed.***

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ADULT CLASSES	FOR DADS
<p><u>LA COCINA IMPORTA</u> <i>SPANISH</i> En esta serie para padres, las familias aprenden y preparan recetas saludables cada semana, a la vez que aprenden sobre diferentes temas de nutrición.</p> <p><u>MAMA Y YO</u> <i>SPANISH</i> Este grupo, acompañado por dos terapeutas perinatales, está abierto a mamás y sus bebés durante esta etapa tan especial de la maternidad. Aquí encontrarás una comunidad de otras mamás recientes, recibirás apoyo emocional y tendrás momentos semanales para conectar con tu bebé, en un espacio pensado especialmente para acompañarte en el postparto.</p> <p><u>CLUB DE PADRES</u> <i>SPANISH</i> En esta clase se reunirán para discutir y aprender sobre temas importantes relacionados con el desarrollo de los niños típicos y neuro diversos , las familias, la comunidad y ustedes mismos..La clase está diseñada para establecer vínculos y crear un grupo de apoyo.</p> <p><u>ART EXPRESSIONS</u> <i>ENGLISH</i> In this class, parents will explore their emotions and creativity through painting. No art experience needed—just a willingness to express, connect, and create in a supportive space.</p> <p><u>CARING CONNECTIONS</u> <i>ENGLISH</i> A support group for Black parents of children 0–5 to navigate daily stressors, build community, and strengthen your parenting using a strengths-based approach.</p> <p><u>CRIANZA CON CARIÑO</u> <i>SPANISH</i> Este programa está diseñado para fortalecer y apoyar las habilidades de crianza en un ambiente que respeta la cultura de cada familia.</p>	<p><u>DADDY & ME SOCIAL</u> In this event, dads and their children are invited to connect and have fun! Enjoy dinner, create a craft, and participate in interactive activities while meeting other dads.</p>

EVENTS (SEPARATE SIGN UPS WILL BE POSTED, FIRST COME FIRST SERVE)
<p><u>NEW YEAR AROUND THE WORLD</u> (SIGN UP ONLINE: 1/12) Join us in welcoming the New Year! Celebrate with us as we explore New Year traditions from around the world. Enjoy a global journey of festive customs, music, food, and fun as we ring in a bright new year together! Sign up is required</p> <p><u>BLACK HISTORY MONTH CELEBRATION</u> (SIGN UP ONLINE : 2/9) Join us for a Black History Month Event Taking place In Person on Saturday February 21th at 12:30pm . Details to come!</p>