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# Food Security in Contra Costa County



FESP 1/21/2026

# State of Hunger – Our Community

The Food Bank is currently serving 79,000 households each month

During the federal shutdown and benefits pause we saw a 400% increase in use of our Find Food Map

Families turn to emergency food when public benefits are delayed or reduced

107,000 residents in Contra Costa County rely on CalFresh

# Policy Challenges – H.R. 1 Overview

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H.R. 1 introduces significant changes to SNAP/CalFresh

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Humanitarian Immigrant eligibility changes – effective April 1

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ABAWD work requirement changes – effective June 1

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SNAP administrative cost shift to states – effective October 2026

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\$186 billion cut to SNAP/CalFresh over the next 10 years

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Largest cuts in program history

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California will need to cover approximately \$2 billion per year

# Impact on Local Economy & Food System

SNAP cuts go beyond households

Nearly 30,000 SNAP-authorized retailers in California will be affected

Approximately 400,000 jobs at risk statewide

Grocery workers, farmers food producers, transportation and delivery workers

## Local Impact – Contra Costa County

An estimated 8,000 residents  
in Contra Costa County are at  
risk of losing benefits



Increased pressure on:

Food pantries

Emergency  
food  
distributions

Community-  
based  
organizations

# How the Community Can Get Involved

01

Join advocacy and  
coordination efforts  
Offer volunteer/work  
hours for ABAWD clients  
Listening Sessions

02

Share lived experience  
and community data

03

Support policies that  
protect food access and  
nutrition programs

# Food Security Collaborative of Contra Costa County

Formed in 2024 by five organizations: Food Bank of Contra Costa and Solano, White Pony Express, Meals on Wheels Diablo Region, Loaves and Fishes of Contra Costa, St. Vincent de Paul of Contra Costa County

Advocate together for critical funding, Increase impact through shared strategy, Prevent duplicative work, Strengthen a unified voice against hunger

Heat map that show the gaps in service and hunger data

# FSC Continued

Successful in  
advocating on  
the county level  
for resources  
and food  
security  
funding

- CalFresh benefits during shutdown
- ARPA funding

Community  
input

- Survey
- Listening sessions

# Closing / Call to Action

Hunger is a policy choice

Community collaboration is our strongest tool

Together, we can protect food access for Contra Costa and Solano residents

Where to get food?

- [Find Food in My City - Food Bank of Contra Costa and Solano](#)