

Delta First 5 Center April 2026

760 1st. Brentwood, CA 94513 • (925) 516-3880

first5coco.org Facebook: Delta First 5 Center

Delta First 5 Center



In partnership with:



Open and Free Play Hours

Monday-Friday 8:00-5:00

Saturday 8:00-1:00

Lunch Closure 12:45-1:15

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Parent Classes in Blue Children Classes in Green Events in Purple Scan the QR code to enroll		Bright & Beyond 1 Babies AM (6-12mo) 9-10 Danzability (2-3yrs) 10-11 Bridge to Kindergarten (4-5yrs) 11-12:30 Road Map to Kinder (Adults) 11-12:30 Bright & Beyond Babies PM (6-12mo) 2-3 Music Makers(3yrs) 3-4	Wiggly Ones AM 2 (1 yr) 9-10 Serenamente (Adults) 9-11 Spring Science AM (3-4yrs) 10-11 Wiggly Ones PM (1yr) 2-3 Spring Science PM (3-4yrs) 3-4 Triple P Stepping Stones on Zoom (Adults) 6-8	Count with Me 3 (2-3yrs) 9-10 Smart Bites (3-5yrs) 10-11 Zumbini (2-3yrs) 11:30-12:30	CLOSED 4 
6 Preschool Time AM (3-4yrs) 9-10 Terrific Toddlers AM (2yrs) 10-11 Preschool Time PM (3-4yrs) 2-3 Terrific Toddlers PM (2yrs) 3-4	7 Help Me Grow (By Invite) 9-10 Art Adventures AM 3yrs 10-11 Help Me Grow (By Invite) 11-12 Food Distribution Event (Adults) 11-12:30 Story Time & Art (2-3yrs) 1:30-2:30 Art Adventures PM (3yrs) 3:30-4:30 Count & Match w/ Ms. Bernice (3-5yrs) 4:30-5:30	8 Bright & Beyond Babies AM (6-12mo) 9-10 Danzability (2-3yrs) 10-11 Bridge to Kindergarten (4-5yrs) 11-12:30 Road Map to Kinder (Adults) 11-12:30 Bright & Beyond Babies PM (6-12mo) 2-3 Music Makers(3yrs) 3-4	9 Wiggly Ones AM (1 yr) 9-10 Serenamente (Adults) 9-11 Spring Science AM (3-4yrs) 10-11 Wiggly Ones PM (1yr) 2-3 Spring Science PM (3-4yrs) 3-4 Triple P Stepping Stones on Zoom (Adults) 6-8	10 Count with Me (2-3yrs) 9-10 Smart Bites (3-5yrs) 10-11 Zumbini (2-3yrs) 11:30-12:30	11 Super Surprise Saturday Group A (2-5yrs) 9:30-10:30 Finding Calm in the Chaos Virtual (Adults) 10-11:30 Super Surprise Saturday Group B (2-5yrs) 11-12
13 Preschool Time AM (3-4yrs) 9-10 Terrific Toddlers AM (2yrs) 10-11 Virtual Coffee with the CRS (Adults) 10-11 Preschool Time PM (3-4yrs) 2-3 Terrific Toddlers PM (2yrs) 3-4	14 Help Me Grow (By Invite) 9-10 Art Adventures AM 3yrs 10-11 Help Me Grow (By Invite) 11-12 Story Time & Art (2-3yrs) 1:30-2:30 Art Adventures PM (3yrs) 3:30-4:30 Count & Match with Ms. Bernice (3-5yrs) 4:30-5:30	Enrollment Begins 15 Bright & Beyond Babies AM (6-12mo) 9-10 De Familia a Familia (Adults) 9:30-10:30 Danzability (2-3yrs) 10-11 Bridge to Kindergarten (4-5yrs) 11-12:30 Road Map to Kinder (Adults) 11-12:30 Bright & Beyond Babies PM (6-12mo) 2-3 Music Makers(3yrs) 3-4	16 Wiggly Ones AM (1 yr) 9-10 Serenamente (Adults) 9-11 Spring Science AM (3-4yrs) 10-11 Wiggly Ones PM (1yr) 2-3 Melanin Group Chat (Adults) 2-3 Spring Science PM (3-4yrs) 3-4 Triple P Stepping Stones on Zoom (Adults) 6-8	17 Count with Me (2-3yrs) 9-10 Smart Bites (3-5yrs) 10-11 Zumbini (2-3yrs) 11:30-12:30	18 Super Surprise Saturday Group A (2-5yrs) 9:30-10:30 Finding Calm in the Chaos Virtual (Adults) 10-11:30 Super Surprise Saturday Group B (2-5yrs) 11-12
20 	21 Help Me Grow (By Invite) 9-10 Art Adventures AM 3yrs 10-11 Help Me Grow (By Invite) 11-12 Food Distribution Event (Adults) 11-12:30 Story Time & Art (2-3yrs) 1:30-2:30 Art Adventures PM (3yrs) 3:30-4:30 Count & Match w/ Ms. Bernice (3-5yrs) 4:30-5:30	22 Bridge to Kindergarten Graduation (4-5yrs) 11-12:30 Earth Day Event (All Ages) 3-4 	23 Serenamente (Adults) 9-11 Triple P Stepping Stones on Zoom (Adults) 6-8	24 STEM Learning with A Librarian (All Ages) 1:15-2	25 Super Surprise Saturday Group A (2-5yrs) 9:30-10:30 Finding Calm in the Chaos Virtual (Adults) 10-11:30 Super Surprise Saturday Group B (2-5yrs) 11-12
27 Conversations with Rhea (Adults) 10-11:30	28 Help Me Grow (By Invite) 9-10 Parent Café Virtual (Adults) 10-11 Help Me Grow (By Invite) 11-12 Dia Bilingual Story Time at Oakley Library (All Ages) 6:30-7:30	29 Car Seat Inspections (Adults) 10-12:30	30 Serenamente (Adults) 9-11 Triple P Stepping Stones on Zoom (Adults) 6-8		

****Food Pantry, Clothing Swap & Free Book Swap Always Available During Open Hours**

For Virtual Office Hours Mondays & Tuesdays 5-6:30pm call Rhea at 925-783-9199 or Chelsea at 925-758-0202

Delta First 5 Center Class and Event Descriptions March/April 2026

Delta First 5 Center



In partnership with:



Art Adventures - Tuesdays

(In Person) 3yrs

In this class, children will have the opportunity to engage with different materials and explore their creating side. Then we will practice sharing what they create with others.

Bridge to Kindergarten – Wednesdays – CLASS FULL

(In Person) 4-5yrs

Children and parents will begin to learn the skills that will be necessary to be ready for school. Activities will directly coincide with the California standards for kindergarten. This class begins in the Fall and continues through the spring.

Bright & Beyond for Babies - Wednesdays

(In Person) 6-12mos

This class will demonstrate how to use the Bright & Beyond activity cards at home with your baby. Bright & Beyond activity cards encourage children's development with easy, enjoyable parent and baby activities. The cards provide intriguing, age specific activities that promote thinking, coordination, creativity, and more by using simple, everyday items that families already have at home.

Count with Me - Fridays

(In Person) 2-3yrs

Engaging the parent/caregiver in having comfort and a better understanding on how to incorporate math in the child's everyday life. Enriching fun math and reading that encourages counting, reading and movement while embracing love for literacy.

Danzability – Wednesdays

(In Person) 2-3yrs

In this class children and families will get a chance to explore different types of dances from all around the world for any abilities. This class will be offered bilingual and will engage families to explore their physical skills through movement.

Let's Count & Match with Ms. Bernice – Tuesdays

(In Person) 3-5yrs

Parents and caretakers will explore and engage with their children in a fundamental way of learning and matching numbers and colors while children enhance their memory skills through using everyday materials.

Music Makers - Wednesdays

(In Person) 3yrs

In this class we will create musical instruments, learn a bit about using those instruments and build on a love for music through rhythm and melodies. Children will discover how music is all around them.

Preschool Time – Mondays

(In Person) 3-4yrs

This class will provide quick, fun and creative tools to enhance your child's development and to strengthen the special bond with your preschool child.

Smart Bites - Fridays

(In Person) 3-5yrs

In this class children will learn about healthy plates. They will have the opportunity to prepare healthy meals and then they will taste.

Spring Science - Thursdays

(In Person) 3-4yrs

Families will learn about the science involved in the change of seasons. We will learn more about changes to nature.

Story Time & Art – Tuesdays

(In Person) 2-3yrs

This class consists of story time, group discussion, class participation, and a chance to role play all in one.

Super Surprise Saturday Class - Saturdays

(In Person) 2-5 yrs

Join us for our Super Saturday Surprise Class! Each week brings a new fun-filled activity for parents and children ages 2–5 to enjoy together. From creative crafts to playful games, you never know what exciting surprise awaits.

Terrific Toddlers – Mondays

(In Person) 2yrs

Kids will explore the world through their senses. Focusing on the process, not the product, as children discover colors, textures and sounds through art.

Wiggly Ones – Thursdays

(In Person) 1yr

This art and movement program will help your child build fine motor skills, hand/eye coordination, emotional skills, problem solving, intellectual skills, creative thinking when executing a project, and learning how to follow directions.

Zumbini - Fridays

(In Person) 2-3 yrs

The class includes dancing, singing, and playing different instruments to get exposure to music and all its benefits. This class introduces the basic moves like moving side to side, clapping, bouncing, jumping, toe touches, etc.

Finding Calm in the Chaos – Saturdays

(Virtual) Adults

In this class, parents and caregivers will have an opportunity to learn about mindfulness and how using these tools can help them navigate parenting and care for themselves.

Primero Nuestros Niños (Spanish) – Thursdays

(In Person) Adults

Esta clase son 10 semanas. Esta clase se enfocan en la crianza de los niños. Se darán herramientas a los padres para apoyar el desarrollo emocional, social, mental de sus hijos.

Road Map to Kindergarten – Wednesdays - CLASS FULL

(In Person) Adults

This class is designed to help parents prepare for their child's transition to kindergarten. Parents will receive a Road Map of the year that will help increase their knowledge of child development and school readiness. This class begins in the Fall and continues through the spring.

Serenamente: Es tu Momento, Cuidate, Quierate, Amate - Thursdays

(In Person) Adults

This is an adult class focused on mental and emotional well-being. Through guided discussions and practical tools, participants will learn how to manage stress, strengthen their mindset, and care for their overall well-being to live a healthier life. **Sessions in Spanish.**

Triple P Stepping Stones on Zoom – Thursdays

(Virtual) Adults

This is a positive parenting program. In this class you will learn how to discipline your child, the tough part of parenting, establish a positive learning environment using assertive discipline.

CAC Focus Group – March 17

(In Person) Adults

The CAC Focus Group is a space for First 5 Center families to share their voices. Together, we will talk about the needs of our First 5 community and explore the Five Protective Factors that support strong families. What is shared will be used as data to help the CAC create recommendations to better support the center and the families it serves.

Car Seat Inspections – April 29

(In Person) Adults

A Child Passenger Safety tech will inspect the safety of your car seat. **Sign up if interested.**

Conversations with Rhea – March 4 & April 27

(In Person) Adults

Come to the center and talk with the director about what you enjoy about the center and what you notice in the community. We want to take some time to listen to what you have to share about the centers and the world with children 5 and under.

De Familia a Familia – March 18 & April 15

(In Person) Adults

Parent Support Group in Spanish for parents whose children have special needs. This group will meet every third Wednesday of the month.

Dia Bilingual Story Time at Oakley Library – April 28

(In Person) All Ages

During this Story Time held at Oakley Library we will have a bilingual experience, activities and fun for children and families to participate in.

Earth Day Event – April 22

(In Person) All Ages

Celebrate Earth Day with us!

EBRP Naturalist Present: Reptiles – March 6

(In Person) All Ages

Join us as East Bay Regional Parks' Naturalist come to the center to share and help us explore the world of reptiles. They might even bring some friends with them!

Food Distribution – March 3 & 17, April 7 & 21

(In Person) Adults

Join us to pick up food for your family to help stretch the budget. This is an opportunity to obtain supplies and talk about other ways to feed your family.

Melanin Group Chat– March 26 & April 16

(In Person) Adults

Our support group is a safe space for People of Color to discuss unique racial and cultural experiences and provide connection and healing through peer support.

Parent Café Virtual – March 24 & April 28

(Virtual) Adults

Parent Cafe engage parents/caregivers in meaningful conversations about what matters most – their family and how to strengthen that family by building protective factors.

Parent Power Early Childhood Safety Virtual Workshop (English) – March 12

(Virtual) Adults

Learn skills and strategies to protect young children from harm without scaring them.

Parent Power Early Childhood Safety Virtual Workshop (Spanish) – March 19

(Virtual) Adults

Learn skills and strategies to protect young children from harm without scaring them.

STEM Learning with A Librarian – March 20 & April 24

(In Person) All Ages

Come explore the world of STEM (science, technology, engineering, and mathematics with a librarian through fun educational activities).

Virtual Coffee with CRS – March 9 & April 13

(Virtual) Adults

Join the CRS to learn about available resources in the community and to discuss home safety topics. This is a bilingual virtual workshop with our two community resource specialists, Bany, Chelsea & Rocio.

St. Patrick's Green Spirit Week – March 16-21

(In Person) All Ages

Celebrate St. Patrick's Day with us this week by wearing all green whenever you come into the center!

Virtual Office Hours – Mondays and Tuesdays

(Virtual) Adults

If you need assistance or would like to speak with us after hours, please give Ms. Rhea or Ms. Chelsea a call between 5-6:30pm.