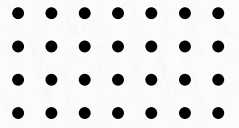




The Collective
Black Girls Mental Health Collective



THERAPY SERVICES

FOR WOMEN AND FAMILIES

We provide culturally responsive, trauma-informed therapy for all. Our goal is to create a supportive environment where healing and empowerment are tangible experiences.

WHAT WE OFFER:

- ✓ Individual Therapy
- ✓ Couples Therapy
- ✓ Perinatal & Maternal Mental Health Support
- ✓ Family Therapy

WE ACCEPT:

- In-Network Insurance Plans
- Private Pay
- Sliding Scale Rates



Scan to Book



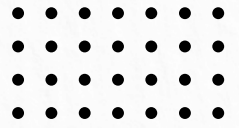
info@blackgirlsmhc.org



www.blackgirlsmhc.org



We currently serve clients
across California and Georgia



LOOKING FOR A CULTURALLY RESPONSIVE THERAPISTS?

Look No Further.

At **Black Girls Mental Health Collective**, we provide affirming, trauma-informed therapy in a space where every identity is welcomed and respected.

Whether you're navigating anxiety, depression, life transitions, relationship challenges, or the maternal journey, we're here to support you.

WHAT WE OFFER:

- ✓ Individual Therapy
- ✓ Couples Therapy
- ✓ Mental Health Support
- ✓ Family Therapy

WE ACCEPT:

- In-Network Insurance Plans
- Private Pay
- Sliding Scale Rates



You Deserve Support That Feels Safe.
Therapy That Feels Aligned.
Care That Honors Your Experience.



Scan to Book



info@blackgirlsmhc.org



www.blackgirlsmhc.org



We currently serve clients across California and Georgia