

Monument First 5 Center: OCTOBER 2026

1736 Clayton Rd, Concord, CA 94520 (925)849-8861



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
CENTER HOURS: MON-WED, FRI 9:00-5:00pm THU 9:00-8:00pm SAT 9:00-1:00pm Drop-In Virtual Classes Adult Classes Events SP = Spanish ENG = English adult classes		PLAY ROOM HOURS: MON- 2:00-4:30pm TUES- 1:00-4:30pm WED-9:00-4:30pm THU-11:30-5:30pm FRI-12:30-3:00pm SAT- 9:00-12:30pm	1. Triple P SP 9:15-11:00am Mundo Matematico SP (36-47m) 11:30-12:30pm Tiny Tots (12-23m) 1:00-2:00pm Fall Science (12-23m) 2:30-3:30pm Bugs Life (48-71m) 4:15-5:15pm Crianza Con Cariño SP 5:45-8:00pm	2. CENTER CLOSED FOR STAFF PROFESSIONAL DEVELOPMENT	3. Drop In: Storytime 10:00-11:00am
5. Haga de la paternidad un placer SP 9:00-10:30am Fierce Advocates SP 11:00-1:00pm Fall Art (24-35m) 2:30-3:30pm	6. Kinder Adventures 9:30-10:30am Play With Me (0-11m) 9:30-10:30am Scooping Child: Parents Support Group ENG 11:00-12:30pm Building Worlds (36-47m) 1:30-2:30pm	7. Help Me Grow (18-36m) 9:00-10:00am Storytime Craft (12-36m) 9:30-10:30am Mezclas Grandiosas SP (24-35m) 11:00-12:00pm Ocean Craft (37- 71m) 2:00-2:40pm Exploreemos SP (48-71m) 3:00-4:00pm Family Storytime & craft 4:00-4:40pm	8. Triple P SP 9:15-11:00am Mundo Matematico SP (36-47m) 11:30-12:30pm Tiny Tots (12-23m) 1:00-2:00pm Fall Science (12-23m) 2:30-3:30pm Bugs Life (48-71m) 4:15-5:15pm Crianza Con Cariño SP 5:45-8:00pm	9. Sensory, Art & Play (12-23m) 9:30-10:30am Sing a Rhyme (0-11m) 9:30-10:30am Sensory, Art & Play (24-35m) 11:00-12:00pm Caring Connections ENG 3:00-4:00pm	10. CENTER CLOSED 
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19. Haga de la paternidad un placer SP 9:00-10:30am Fall Art (24-35m) 2:30-3:30pm	20.	21. Help Me Grow (18-36m) 9:00-10:00am Daddy and Me Social 5:30-7:00pm	22. Crianza Con Cariño SP 5:45-8:00pm	23. Sensory, Art & Play (12-23m) 9:30-10:30am Sing a Rhyme (0-11m) 9:30-10:30am Sensory, Art & Play (24-35m) 11:00-12:00pm Caring Connections ENG 3:00-4:00pm	24.
26. CENTER OPENS LATE TODAY, AT 12:00PM Couple's Event: Paint Your Partner 6:00-7:00pm	27.	28. Help Me Grow (18-36m) 9:00-10:00am	29. Crianza Con Cariño SP 5:45-8:00pm	30. CENTER CLOSED FOR STAFF WELLNESS DAY 	31. CLASS SIGN UPS: OCTOBER 15-22 

FOOD PANTRY IN CLASSROOM RESTOCKED EVERY **2ND THURSDAY** OF THE MONTH, AVAILABLE TO ALL FAMILIES.

CLASS DESCRIPTIONS

1736 Clayton Rd, Concord, CA 94520 (925)849-8861



CHILD CLASSES

SING A RHYME (0-11m)

Your toddler will gain increased confidence through music and direction and benefit emotionally while having fun!

PLAY WITH ME (0-11m)

Sing, move, and play! Little ones explore play through songs, instruments, and joyful movement.

FALL SCIENCE (12-23m)

In this class children will develop their problem solving skills, mixing ingredients, and developing ideas through hands-on experiments. This class may get messy just so you know!

TINY TOTS (12-23m)

A playful, interactive class where little ones explore, move, and learn through hands-on activities, music, and social time with peers.

SENSORY ART & PLAY (12-23m) VENDOR CLASS

Explore textures and creativity with sensory bins and simple art projects that support fine motor skills and imagination

VIRTUAL: STORYTIME CRAFT (12-35m)

This class will help develop fine motor skills, creative thinking through fun art projects, and social skills—all centered around the story of the week .

SENSORY ART & PLAY (24-35m) VENDOR CLASS

Explore textures and creativity with sensory bins and simple art projects that support fine motor skills and imagination.

HELP ME GROW (18-36m) VENDOR CLASS

A supportive 8-week playgroup for children needing extra developmental support. ***Enrollment requires referral and ASQ completion. If interested, please reach out to Ms.Jenny.***

FALL ART (24-35m)

Celebrate fall with fun art projects! Children improve their fine motor skills, creativity, focus, and social skills.

MEZCLAS GRANDIOSAS (24-35m) *SPANISH*

Acompáñenos a explorar el aprendizaje de los niños a través de divertidas actividades semanales de arte sensorial, ciencias, matemáticas, lectura, pintura y mas.

BUILDING WORLDS (36-47m)

A playful class for children where curiosity leads the way! Each week, little ones will explore and build something new—sensory activities, hands-on science, early math, or creative art. Every session is a new adventure filled with discovery and fun!

MUNDO MATEMATICO (36-48m) *SPANISH*

Los niños descubrirán el mundo de las matemáticas a través de historias, juegos y actividades divertidas que despiertan su curiosidad y aprendizaje.

VIRTUAL: OCEAN CRAFTS (36-71m)

This class will help build fine motor skills (hand/eye coordination, emotional skills, problem solving skills) while creating fun underwater sea animals.

KINDER ADVENTURES (48-71m) *SIGN UP CLOSED*

Children and parents will learn the skills necessary to be ready for school. ***This class is already in session, there will be no sign up for this class.***

BUGS LIFE (48-71m)

Children will discover the amazing world around them! We will learn how plants grow, meet fascinating insects, and explore the wonders of nature through fun games, hands-on activities, and outdoor adventures.

EXPLOREMOS (48-71m) *SPANISH*

Acompaña a tu peque a explorar temas maravillosos. Iniciación divertida a la ciencia, matemáticas y arte para despertar su curiosidad natural.

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DAD OR FATHER FIGURES

VIRTUAL: FAMILY STORYTIME (ALL AGES)

A fun and interactive online class for the family that blends storytelling, singing and encouraging creativity and imagination in young learners. (Dads are invited to join)

DADDY & ME SOCIAL

An evening gathering just for dads and their children to connect, unwind, and build community with other dads. Enjoy dinner together along with fun crafts and interactive activities in a welcoming, family-friendly space.

ADULT CLASSES

HAGA DE LA PATERNIDAD UN PLACER (SPANISH)

Ser padres es el trabajo más desafiante e importante que existe. Disfrute de un ambiente cálido y seguro donde los padres se sientan cómodos compartiendo sus experiencias y aprendiendo sobre la crianza.

TRIPLE P (SPANISH)

¡Aprende a abordar el comportamiento infantil, fomentar nuevas habilidades y favorecer la autorregulación emocional, a criar niños más felices, seguros y capaces, y a disfrutar más de la experiencia de ser padre o madre!

SCOOPING CHILD: PARENT SUPPORT GROUP (ENGLISH)

In this parent support group, we will explore how to better understand children's behavior and needs while becoming more aware of our own needs, reactions, boundaries, and emotional patterns, through guided discussions, practical tools, and the sharing of experiences.

CARING CONNECTIONS (ENGLISH)

A supportive space for Black parents of children 0–5 to connect, share, and reduce daily stress. Build community and strengthen parenting through a strengths-based approach.

EVENTS

Sign-ups for each event will be posted individually approximately one week in advance via social media and email. Registration is on a first-come, first-served basis. Please note that additional events may be added throughout the session and may not be listed here. Be sure to check our social media and email updates regularly to stay informed. Families may also call the center for assistance or sign up in person if needed.

Regional Park Visit: Insects – Discover the tiny world of insects with a hands-on visit from a naturalist!

Hispanic Heritage Month – Celebrate with vibrant activities and a live performance at this special Saturday event!

Couple's Event: Paint Your Partner – A fun, creative night out—paint your partner while we take care of the kids!