



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
CLASS SIGN UPS: DECEMBER 15-22 	1. Kinder Adventures 9:30-10:30am Sing A Rhyme (0-11m) 9:30-10:30am Sensory, Art & Play (12-23m) 11:00-12:00pm Space Jammers (36-48m) 3:00-4:00pm	2. Help Me Grow (18-36m) 9:00-10:00am Winter Art (12-35m) 9:30-10:00am Arte Festivo SP (24-35m) 11:00-12:00pm Bugs Life (36-71m) 2:00-2:40pm Storytime & Art (24-71m) 4:00-4:30pm	3. Mundo Sensorial SP (12-23m) 9:30-10:30am Mundo Bebe SP (0-11m) 11:00-12:00pm Animal Yoga (36-48m) 11:00-12:00pm Sensory & Movement (24-35m) 1:00-2:00pm Game Night (48-71m) 4:00-5:00pm Crianza Con Cariño SP 6:00-8:00 pm	4. Herramientas Para Vivir Mejor SP 9:30-10:30am Soul Art ENG 11:00-12:00pm Jump Bunch (36-71m) 1:30-2:30pm Caring Connections ENG 3:00-4:00pm	5. Drop-in: Christmas Craft! 10:00-11:00am
7. Dance Fitness 9:15-10:15am Club de Lectura SP 11:00-12:00pm Winter Craft (12-23m) 1:00-2:00pm Down By The Farm (24-35m) 2:30-3:30pm	8. Kinder Adventures 9:30-10:30am Sing A Rhyme (0-11m) 9:30-10:30am Sensory, Art & Play (12-23m) 11:00-12:00pm Space Jammers (36-48m) 3:00-4:00pm	9. Help Me Grow (18-36m) 9:00-10:00am Winter Art (12-35m) 9:30-10:00am Arte Festivo SP (24-35m) 11:00-12:00pm Bugs Life (36-71m) 2:00-2:40pm Storytime & Art (24-71m) 4:00-4:30pm	10. Mundo Sensorial SP (12-23m) 9:30-10:30am Mundo Bebe SP (0-11m) 11:00-12:00pm Animal Yoga (36-48m) 11:00-12:00pm Sensory & Movement (24-35m) 1:00-2:00pm Game Night (48-71m) 4:00-5:00pm Crianza Con Cariño SP 6:00-8:00 pm	11. Herramientas Para Vivir Mejor SP 9:30-10:30am Soul Art ENG 11:00-12:00pm Jump Bunch (36-71m) 1:30-2:30pm Caring Connections ENG 3:00-4:00pm	12. CENTER CLOSED FOR EVENT PREP
14 Dance Fitness 9:15-10:15am Club de Lectura SP 11:00-12:00pm Winter Craft (12-23m) 1:00-2:00pm Down By The Farm (24-35m) 2:30-3:30pm	15. Kinder Adventures 9:30-10:30am Sing A Rhyme (0-11m) 9:30-10:30am Sensory, Art & Play (12-23m) 11:00-12:00pm Space Jammers (36-48m) 3:00-4:00pm Regional Park Visit: Mammals 11:30-12:30pm 	16. Help Me Grow (18-36m) 9:00-10:00am Winter Art (12-35m) 9:30-10:00am Arte Festivo SP (24-35m) 11:00-12:00pm Bugs Life (36-71m) 2:00-2:40pm Storytime & Art (24-71m) 4:00-4:30pm Daddy & Me Social 5:30-7:00pm	17. Mundo Sensorial SP (12-23m) 9:30-10:30am Mundo Bebe SP (0-11m) 11:00-12:00pm Animal Yoga (36-48m) 11:00-12:00pm Sensory & Movement (24-35m) 1:00-2:00pm Game Night (48-71m) 4:00-5:00pm	18. Herramientas Para Vivir Mejor SP 9:30-10:30am Soul Art ENG 11:00-12:00pm Jump Bunch (36-71m) 1:30-2:30pm Caring Connections ENG 3:00-4:00pm	19. EVENT: MEET SANTA 9:00-1:00pm (ONLY FOR REGISTERED FAMILIES, SIGN UP WILL BE IN PERSON ON DEC.1) 
21. CENTER CLOSED FOR THE HOLIDAYS!	22. CENTER CLOSED FOR THE HOLIDAYS!	23. CENTER CLOSED FOR THE HOLIDAYS!	24. CENTER CLOSED FOR THE HOLIDAYS!	25. CENTER CLOSED FOR THE HOLIDAYS!	26. CENTER CLOSED FOR THE HOLIDAYS!
28. CENTER CLOSED FOR THE HOLIDAYS!	29. CENTER CLOSED FOR THE HOLIDAYS!	30. CENTER CLOSED FOR THE HOLIDAYS!	CENTER HOURS: MON-WED, FRI 9:00-5:00pm THU 9:00-8:00pm SAT 9:00-1:00pm Drop-In Virtual Classes Adult Classes Events SP = Spanish ENG = English adult classes		PLAY ROOM HOURS: MON- 1:00-4:30PM TUES- 1:00-4:30PM WED- 9:00-4:30PM THU-9:00-10:00AM, 1:00-5:30PM FRI- 1:00-2:30pm SAT- 9:00-12:30pm

CLASS DESCRIPTIONS

1736 Clayton Rd, Concord, CA 94520 (925)849-8861



CHILD CLASSES

SING A RHYME (0-11m)

Join us for a joyful musical experience where babies explore the world of sound through soothing lullabies, playful songs, simple instruments, and gentle movement. A wonderful way to bond, sing, and discover music together!

MUNDO BEBÉ (0-11m) *SPANISH*

Únete a esta experiencia de juego guiado y descubre cómo potenciar el desarrollo de tu pequeño a través de 5 pilares esenciales. Aprende a comprender su lenguaje, estimular su movimiento y acompañar su crecimiento mientras descubren el mundo juntos.

WINTER CRAFT (12-23m)

Get creative with winter-themed art projects! Little ones will explore colors and textures while building fine motor skills, practicing simple directions, and enjoying playful social interactions.

SENSORY ART & PLAY (12-23M) *VENDOR CLASS*

This caregiver-and-child class by My Lileigh Pad combines sensory play and simple art for toddlers. Children explore themed sensory bins and enjoy hands-on activities that build creativity, fine motor skills, and early learning concepts like colors and shapes.

MUNDO SENSORIAL (12-23m) *SPANISH*

¡Exploremos el mundo con los sentidos! A través de divertidas actividades de ciencia y arte, los niños descubrirán nuevas texturas, experimentarán y aprenderán tocando y explorando todo lo que los rodea.

VIRTUAL: WINTER ART (12-35m)

Get creative with festive winter art projects from the comfort of home! Little ones will explore colors and textures while practicing simple directions and social skills. An activity bag will be provided for fun, hands-on learning!

HELP ME GROW (18-36m) *VENDOR CLASS*

A supportive 8-week playgroup for children needing extra developmental support. ***Enrollment requires referral and ASQ completion. If interested, please reach out to Ms.Jenny.***

DOWN BY THE FARM (24-35m)

Children will learn about farm animals, along with fun craft activities each week, including songs that help early phonics skills.

SENSORY & MOVEMENT (24-35m)

Join us for a fun, hands-on class where little ones explore the world through sensory activities, messy play, movement, and more! Children will engage their senses, build motor skills, and discover new ways to learn through play.

ARTE FESTIVO (24-35m) *SPANISH*

Disfrute, diviértase y aprenda con la elaboración de sencillas manualidades festivas que le invitaran a entrar en el espíritu de la temporada.

ANIMAL YOGA (36-48m) *VENDOR CLASS*

Animal Yoga is a space to breathe, move, and have fun. We explore animal-inspired yoga poses through games and activities that invite children to enjoy movement.

SPACE JAMMERS (36-48m)

This class will help build fine motor skills, creative thinking when executing outer space art projects, and learning how to follow directions, and social skills

VIRTUAL: BUGS LIFE (36-71m)

Get ready for a buggy adventure! Little creators will design and make their own creepy-crawly critters while exploring the fascinating world of bugs. Through fun, hands-on crafting, children will bring their bug-inspired creations to life!

VIRTUAL: FAMILY STORYTIME & ART (ALL AGES)

Enjoy a fun, interactive storytime filled with stories, songs, and imaginative play for the whole family! We especially encourage dads to join in the fun and create special bonding moments with their little ones.

JUMP BUNCH (36-71m) *VENDOR CLASS*

Get ready to jump, play, and move! Children explore a new sport each week while building gross motor skills, coordination, and teamwork. Through fun, active games, they'll develop confidence, learn to follow directions, and practice important social skills that help prepare them for school.

GAME NIGHT (48-71m)

Dive into the world of games! This fun, hands-on class uses play to build early math, problem-solving, and social skills like sharing and taking turns. Every session is filled with learning, laughter, and connection!

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	<u>KINDER ADVENTURES (48-71m) SIGN UP CLOSED</u> Children and parents will learn the skills necessary to be ready for school. <i>This class is already in session, there will be no sign up for this class.</i>
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ADULT CLASSES	
<u>BAILE Y EJERCICIO</u> <i>(All languages welcome—just follow the moves!)</i> Move, groove, and make time for yourself! Join us for a fun, energizing dance fitness class designed for caregivers to enjoy music, get moving, relieve stress, and connect with others. All fitness levels welcome!	<u>SOUL ART (ENGLISH)</u> Take a creative pause just for you! Explore self-expression through art in a relaxing, welcoming space designed to nurture mindfulness, emotional well-being, and connection. No artistic experience needed—just come as you are!
<u>CLUB DE LECTURA (SPANISH)</u> Acompáñanos a leer <i>Los Dones de la Imperfección de Brené Brown</i> . Vamos a platicar, compartir y reflexionar juntas sobre autoestima, autenticidad, autocompasión y bienestar. Sin presión, sin tener que “tener todo resuelto” —solo un espacio para conectar, aprender y disfrutar con un cafecito entre mamás.	<u>CARING CONNECTIONS</u> <i>(for Black/African American Caregivers)</i> Parenting is better together! Join a warm, uplifting space for Black parents and caregivers to connect, share stories, celebrate our wins, and support one another through the ups and downs of parenting. Build your village, strengthen your confidence, and grow together in community!
<u>HERRAMIENTA PARA VIVIR MEJOR (SPANISH)</u> Una serie de clases para aprender herramientas prácticas que te ayuden a comprender y cuidar tu salud mental. Exploraremos las emociones y su regulación, el autocuidado y bienestar, la autoestima y el diálogo interno. ¡Participa en toda la serie! Recibe un certificado de participación al asistir a todas las clases y participa en la rifa de premios durante la sesión de cierre.	

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EVENTS

Sign-ups for each event will be posted individually approximately one week in advance via social media and email. Registration is on a first-come, first-served basis. Please note that additional events may be added throughout the session and may not be listed here. Be sure to check our social media and email updates regularly to stay informed. Families may also call the center for assistance or sign up in person if needed.

Diwali & Dia de los Muertos Celebration! : 11/6

Join us for a vibrant celebration of light, love, and remembrance! Discover the traditions of Diwali through festive activities while honoring Día de los Muertos with a community altar where families can display photos of loved ones. Together, we celebrate the light, memories, and connections that bring us closer.

Regional Park Visit: Mammals: 12/15

Discover the world of mammals with a hands-on visit from a naturalist for the East Bay Regional Parks!

Daddy & Me Social: 12/16

An evening gathering just for dads and their children to connect, unwind, and build community with other dads. Enjoy dinner together along with fun crafts and interactive activities in a welcoming, family-friendly space.

Meet Santa: 12/19 SPECIAL EVENT – REGISTERED FAMILIES ONLY!

Join us for a magical holiday celebration! Meet Santa, take a festive photo, and make special memories together. Sign-ups will be available in person starting December 1. Limited spots available.