Delta First 5 Center

In partnership with: FIRST 5 CONTRA COSTA | Aspiranet HOPE FORWARD

Delta First 5 Center December 2026

760 1st. Brentwood, CA 94513 ● (925) 516-3880
first5coco.org Facebook: Delta First 5 Center

Open and Free Play Hours
Monday-Friday 8:00-5:00
Saturday 8:00-1:00
Lunch Closure 12:45-1:15
Monday-Friday

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Preschool Time (3yrs) 10-11 *Food Distribution* *(Adults) 11-12:30* Cultural Adventures (3-5yrs) 1:30-2:30 Story Time with Guest Readers (3-5yrs) 3:30-4:30 Count & Match with Ms. Bernice (3-5yrs) 4:30-5:30 Nurturing Parents Span. (Adults) 5:30-8 Triple P English Virtual (Adults) 6:30-8:30	**2** Bridge to Kindergarten (4-5yrs) 9:30-11 Road Map to Kindergarten (Adults) 9:30-11 Outdoor Science (2-3yrs) 11:30-12:30 Winter Arts & Crafts (2yrs) 3-4	**3** Build with Me Span (2yrs) 9-10 Bright & Beyond AM (1yr) 10-11 AMCE Spanish (Adults) 10-11:30 Build with Me Eng (1yr) 11-12 Music Together (3yrs) 1:30-2:30 Bright & Beyond PM (1yr) 3-4	**4** Hanukkah Begins Fall Science (3-5yrs) 9-10 Down on the Farm (2-3yrs)10-11	**5** *Holiday Ornaments* *Drop In* *(2-5yrs) 10-11:30*
7 Nat. Pearl Harbor Day Art Adventures Eng 3yrs) 9-10 Bright & Beyond Babies AM (8-18mos) 10-11 Art Adventures Span (3yrs) 11-12 Bright & Beyond Babies PM (8-18mos) 2-3 STEM and Sprouts (3-5yrs) 4-5	**8** Preschool Time (3yrs) 10-11 *Parent Café* *(Adults) 11-12:30* Cultural Adventures (3-5yrs) 1:30-2:30 Story Time with Guest Readers (3-5yrs) 3:30-4:30 Nurturing Parents Span. (Adults) 5:30-8 Triple P English Virtual (Adults) 6:30-8:30	**9** Bridge to Kindergarten (4-5yrs) 9:30-11 Road Map to Kindergarten (Adults) 9:30-11 Outdoor Science (2-3yrs) 11:30-12:30 *Potty Training Workshop* *(Adults) 2:30-3:30* Winter Arts & Crafts (2yrs) 3-4 *Gift Wrapping Circle* *Adults) 5-6*	**10** Build with Me Span (2yrs) 9-10 Bright & Beyond AM (1yr) 10-11 *Virtual Coffee with the* *CRS (Adults) 10-11* AMCE Spanish (Adults) 10-11:30 Build with Me Eng (1yr) 11-12 Music Together (3yrs) 1:30-2:30 Bright & Beyond PM (1yr) 3-4	**11** Fall Science (3-5yrs) 9-10 Down on the Farm (2-3yrs)10-11	**12** Feast of Our Lady of Guadalupe *Winter Art Drop In* *(2-5yrs) 10-11:30*
14 Art Adventures Eng 3yrs) 9-10 Bright & Beyond Babies AM (8-18mos) 10-11 Art Adventures Span (3yrs) 11-12 Bright & Beyond Babies PM (8-18mos) 2-3 STEM and Sprouts (3-5yrs) 4-5	**15** Preschool Time (3yrs) 10-11 *Food Distribution* *(Adults) 11-12:30* Cultural Adventures (3-5yrs) 1:30-2:30 Story Time with Guest Readers (3-5yrs) 3:30-4:30 Count & Match with Ms. Bernice (3-5yrs) 4:30-5:30	**16** Bridge to Kindergarten (4-5yrs) 9:30-11 Road Map to Kindergarten (Adults) 9:30-11 *De Madre a Madre* *(Adults) 11-12* Outdoor Science (2-3yrs) 11:30-12:30 Winter Arts & Crafts (2yrs) 3-4	**17** Build with Me Span (2yrs) 9-10 Bright & Beyond AM (1yr) 10-11 AMCE Spanish (Adults) 10-11:30 Build with Me Eng (1yr) 11-12 *Melanin Chat Group* *(Adults) 11:30-12:30* Music Together (3yrs) 1:30-2:30 Bright & Beyond PM (1yr) 3-4	**18** Fall Science (3-5yrs) 9-10 *EBRP Presents* *Mammals* *(all Ages) 10-11* Down on the Farm (2-3yrs)10-11 *Bilingual Story Time* *with a Librarian* *(All Ages) 1:15-2*	**19** *Winter Science* *Drop In* *(2-5yrs) 10-11:30*
Holiday Spirit Week					
21 First Day of Winter	**22**	**23** **CLOSED**	**24** **CLOSED**	**25** Christmas **CLOSED**	**26** Kwanzaa Begins **CLOSED**
28	**29**	**30** **CLOSED**	**31** New Years Eve **CLOSED**	Parent Classes in Blue Children Classes in Green Events in Purple Holidays Acknowledged **Scan the QR code to enroll**	

**Food Pantry, Clothing Swap & Free Book Swap Always Available During Open Hours

Delta First 5 Center

Class and Event Descriptions

November/December 2026

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Bright and Beyond for Babies - Monday

(In-person) 8-18 months

This class will show how to use the Bright and Beyond activity cards at home with your baby. The Bright and Beyond activity cards encourage children's development with easy and enjoyable activities for parents and babies. The cards offer interesting, age-specific activities that promote thinking, coordination, creativity, and more, using simple, everyday objects that families already have at home.

Bright and Beyond - Thursday

(In-person) - 1 year old

You will learn how to do activities at home with your children with the Bright and Beyond cards. You will receive a pack of 52 cards that have many ideas for activities that you can do at home with your child with materials that you already have at home. All the cards have fun and easy activities to improve on the child, as well as color and shape recognition and more.

Build With Me – Thursday

(In-person) – 2 years

Build With Me will focus on objects to create homemade toys and learning tools using simple step-by-step instructions, photos, and visual effects to create a unique product. Build With Me will engage the primary caregiver and child to share an experience of a building product that the child can use and play with.

Outdoor Science - Wednesday

(In-person) – 2-3 years

Children prepare and participate in creative activities that incorporate concepts of reduce, reuse, and recycle. Each week we will focus on a different area. Topics covered include literacy, math, music, science, while friendly hands-on land. California Preschool Learning Foundations Standards will be incorporated in each of the periods.

Down on the Farm – Friday

(In-person) – 2-3 years

In this class, children and families will receive information about the different aspects of a farm. Families will have opportunities to discuss and explore what a farm is, who works on the farm, and why farms are important to everyone. We will read books and do fun activities to help us learn more about farms.

Preschool Time – Tuesday

(In-person) – 3 years

This class will offer you quick, fun, and creative tools to enhance your child's development and strengthen the special bond with your preschooler.

Art Adventures - Monday

(In-person) – 3 years

In this class, children will have the opportunity to interact with different materials and practice sharing what they create with others.

Music Together – Thursday

(In-person) - 3 years

In this class we will create musical instruments, learn a little about the use of these instruments, and it will be based on a love of music through rhythm and melodies. Children will discover how music is all around them. Families will learn how music improves language skills. Math and Literacy.

STEM and Sprouts - Lunes

(In-person) - 3-5 years

In this class, children will explore different activities involving Science, Technology, Engineering, and Math. This class will be led by a group of volunteers.

Cultural Adventures - Tuesday

(In-person) – 3-5 years

Come and learn about the various cultures and how they hold events, create toys, and learn new games to enhance the learning experience. Each week a different culture is introduced with a theme, song, and activity.

Storytime with Guest Readers - Tuesday

(In-person) – 3-5 years

Story time will be combined with a book lending component in collaboration with tandem Story cycles. Families will listen to the stories, do some activities, and take home a bag of books to borrow.

Counting and Match with Mrs. Bernice - Tuesday

(In-person) – 3-5 years

Parents and caregivers will explore and engage with their children in fundamental ways, learning and comparing numbers and colors, while children improve their memory skills using everyday materials.

Fall Science - Friday

(In-person) – 3-5 years

Families will receive information about the scientific aspects involved in the changing seasons. We will learn more about the changes in nature.

Bridge to Kindergarten – Wednesday

(In-person) 4-5 years

Children and parents will begin to learn the skills needed to be ready for school. Activities will directly match California's standards for kindergarten.

Roadmap to Kindergarten – Wednesday

(In-Person) - Adults

This class is designed to help parents prepare for their child's transition to kindergarten. Parents will receive a Roadmap for the year that will help increase their knowledge about child development and school readiness.

The Delta Dad Series – November 2

(In-person) – Adults

Come meet other fathers and talk about parenting-centered topics and experiences. We will provide food, space, a speaker, and incentives.

Dad & Family Sports Night Event – November 6

(All ages) – Families

Dads and families join us for games, activities, food, and fun! This is an opportunity to meet other families and make memories with your loved ones.

Parent Café – November 10 & December 8

(In-Person) - Adults

Parent Cafés engage parents and caregivers in meaningful conversations about what matters most: their family and how to strengthen that family by building protective factors.

Abriendo Mentes Cerrando Estigmas (AMCE) – Thursday

(In-Person) - Adults

Come learn tips and tools for managing stress, anxiety, and depression so you can be the best for your family and family and yourself. This class will be offered by La Clinica.

De Madra a Madre – November 18 and December 16

(In person) – Adults

A space to talk, listen to experiences, find support, and discover that you are not alone on this path.

Potty Training Workshop – November 18 & December 9

(Virtual) - All Ages

This workshop will give parents information to assist in potty training for their child. Topics in this workshop will include potty training readiness, signs of readiness on your child's part, ways to positively reinforce your child, and possible setbacks.

Melanin Group Chat – November 19 and December 17

(In-person) – Adults

Our support group is a safe space for People of Color to discuss unique racial and cultural experiences and provide connection and healing through peer support.

Gift Wrapping Circle – December 9

(In Person) – Adults

Join us for a gift-wrapping event to get ready for the holidays without the little ones! We will provide food, space, speakers, and gift-wrapping materials.

Dad's Nutrition and Health Workshop – November 4

(In-person) – Adults

Parents have the opportunity to learn about what helps them stay strong and fit. Join us for conversation, food enjoyment, and prizes for everyone.

Bilingual Stories with a Librarian – November 20 and December 18

(In person) - All ages

In this class, children and families will enjoy sharing stories in both English and Spanish, and then do an activity based on the story read.

Virtual Coffee with CRS – November 12 & December 10

(Virtual) - Adults

Join the CRS team to learn about the resources available in the community. This is a bilingual virtual workshop with our Community Resource Specialists: Chelsea, Rocio and Ty.

Virtual Office Hours – Mondays and Tuesdays

(Virtual) - Adults

If you need assistance or would like to speak with us after hours, please call Ms. Rhea or Ms. Chelsea between 5-6:30 pm.